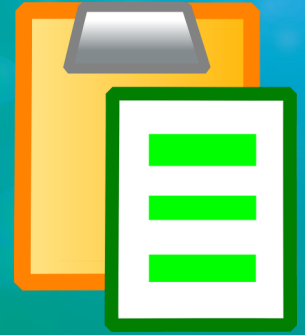




# Fostering Health Partnerships



## Guide for Parents: Doctor's Appointment Worksheet

This worksheet is a guide to help you make sure you get the most out of all of your child's visits to the doctor. You can print this guide before each of your child's appointments and write down questions and concerns before the appointment. Take notes as you and your child's doctor talk to make sure your child's doctor answers your questions. This will help you understand what the doctor recommends and help you make decisions about your child's care.

If you keep these guides, you will be able to track your child's care over time. You can see if your notes match what is on your child's Medical Passport. You can also check your notes against any visit summaries that your child's doctors give you.

Doctor's Name: \_\_\_\_\_

Last Appointment Date: \_\_\_\_\_ Next Appointment Date: \_\_\_\_\_

Reason for Appointment:

Routine/Well Child \_\_\_ Follow Up \_\_\_ Emergency \_\_\_ Other (write) \_\_\_\_\_

My Questions:

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Doctor's Answers:

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Current Medications:

_____	_____
_____	_____
_____	_____

# Doctor's Recommendations

## Medication Changes:

Drug/Dose	Reason	How to Take	Date Changed

## Follow up appointment:

When Needed: \_\_\_\_\_ Who will Schedule: \_\_\_\_\_

## Lab Work or other Tests Needed:

Test 1:

When Needed: \_\_\_\_\_ Who will Schedule: \_\_\_\_\_

Directions (for example - fasting?) \_\_\_\_\_

Test 2:

When Needed: \_\_\_\_\_ Who will Schedule: \_\_\_\_\_

Directions: \_\_\_\_\_

Test 3:

When Needed: \_\_\_\_\_ Who will Schedule: \_\_\_\_\_

Directions: \_\_\_\_\_

## Any other notes/questions:

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