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State/Territory Name: Michigan

State Plan Amendment (SPA)#: 23-0005

This file contains the following documents in the order listed

- 1) Approval Letter
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

May 12, 2023

Ms. Farah Hanley
Medicaid Director
Medical Services Administration
400 S Pine Street 7th Floor
Lansing, MI 48933-2250

Re: Michigan State Plan Amendment (SPA) 23-0005

Dear Medicaid Director Hanley:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 23-0005. This amendment proposes to provide authority to cover and to reimburse for diabetes prevention services for eligible Michigan Medicaid beneficiaries.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations in Section of 1115A of the Social Security Act and 42 C.F.R 440.130(c). This letter is to inform you that Michigan's Medicaid SPA 23-0005 was approved on May 11, 2023, with an effective date of May 1, 2023.

If you have any questions, please contact Keri Toback at (312) 353-1754 or via email at keri.toback@cms.hhs.gov.

Sincerely,

Ruth A. Hughes, Acting Director
Division of Program Operations

Enclosures
cc: Erin Black

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER <u>23</u> — <u>0005</u>	2. STATE <u>MI</u>
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3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

3. PROPOSED EFFECTIVE DATE
May 1, 2023

5. FEDERAL STATUTE/REGULATION CITATION
Section 1115A of the Social Security Act and 42 CFR 440.130(c)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
a. FFY 2023 \$681,200
b. FFY 2024 \$1,634,500

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT
Supplement to Attachment 3.1-A Page 26.1.a
Attachment 4.19-B Page 6h

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)
New

9. SUBJECT OF AMENDMENT

This SPA provides authority to cover and to reimburse for diabetes prevention services for eligible Michigan Medicaid beneficiaries.

10. GOVERNOR'S REVIEW (Check One)
 GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL
 OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL
Farah Hanley
11. TYPED NAME
Farah Hanley
12. TITLE
Chief Deputy Director for Health
13. DATE SUBMITTED
March 2, 2023

15. RETURN TO
Behavioral and Physical Health and Aging Services Administration
Office of Strategic Partnerships & Medicaid Administrative Services – Federal Liaison
Capitol Commons Center – 7th Floor
400 South Pine
Lansing, Michigan 48933
Attn: Erin Black

FOR CMS USE ONLY

16. DATE RECEIVED
March 2, 2023

17. DATE APPROVED
May 11, 2023

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL
May 1, 2023

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL
Ruth A. Hughes

21. TITLE OF APPROVING OFFICIAL
Acting Director, Division of Program Operations

22. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of Michigan

***Amount, Duration and Scope of Medical and Remedial Care
Services Provided to the Categorically and Medically Needy***

13. **Other diagnostic, screening, preventive and rehabilitative services**

C. Preventive services (continued) – Diabetes Prevention

Effective May 1, 2023, the program covers the Michigan Medicaid diabetes prevention program (MIDPP) as a preventive service. MIDPP meets all requirements for the Centers for Disease Control and prevention (CDC) National Diabetes Prevention Program (NDPP) and preventive service requirements in 42 CFR section 440.130 (c). The NDPP is an evidence-based, educational support program designed to assist at-risk individuals from developing type 2 diabetes.

The Public Health Administration (PHA) within the Michigan Department of Health and Human Services (MDHHS) ensures provider qualification utilizing CDC recognition requirements. MIDPP providers and lifestyle coaches must be approved by the MDHHS PHA before enrolling with the Michigan Medicaid program. All enrolled lifestyle coaches must be associated with an enrolled MIDPP provider. Services are recommended by a physician or other licensed practitioner of the healing arts within their scope of practice. MIDPP services include:

- Group sessions related to long-term dietary change, increased physical activity and behavior change strategies for weight control.
- Group support and skill building to facilitate the knowledge, skill, and ability necessary to prevent the onset of type 2 diabetes.

TN NO.: 23-0005

Approval Date: 5/11/2023

Effective Date: 5/01/2023

Supersedes
TN No.: NEW

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of MICHIGAN

***Policy and Methods for Establishing Payment Rates
(Other than Inpatient Hospital and Long-Term-Care Facilities)***

16. Other Services (continued)

Michigan Medicaid Diabetes D prevention Program (MIDPP)

The reimbursement for MIDPP services is 100% of Medicare rates for equivalent services. These services will be reimbursed at the lesser of the Medicaid fee screens or the provider's usual and customary charge minus any third-party payment. Except as otherwise noted in the state plan, Michigan Medicaid's payment rates are uniform for both private and governmental providers. All rates are published on the agency's website at www.michigan.gov/medicaidproviders.

TN NO.: 23-0005 Approval Date: 05/11/2023 Effective Date: 05/01/2023

Supersedes TN No.: NEW