

Understanding Social Determinants of Health

What are Social Determinants of Health?

Social Determinants of Health (SDOH) are the conditions in which people live, learn, work and play. These conditions greatly affect our health. SDOH include housing, food, jobs and safe neighborhoods. Improving these factors helps people lead healthier lives.



Why SDOH Matters to Our Community

SDOH have a profound impact on the health outcomes of our community members. For instance, individuals who lack access to healthy food or live in unsafe neighborhoods are at a higher risk of experiencing health problems. By addressing these factors, we can reduce health disparities and improve the overall health of our communities. Everyone deserves the same opportunity to be healthy, regardless of where they live or their financial situation.

MDHHS is dedicated to addressing SDOH through Michigan's Roadmap to Healthy Communities, the 2022-2024 strategy focused on creating sustainable health improvements across the state.



The 2022-2024 strategy is being implemented in three phases, with Phase III focusing on:



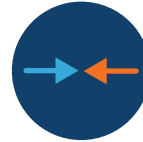
Innovative Solutions: Developing new approaches to tackle SDOH-related challenges.



Sustainability: Building on existing health equity partnerships to create lasting change.



Health in All Policies (HiAP): Incorporating health considerations into policies across various sectors to promote healthy communities and optimize the use of shared resources.



Closing the Health Disparity Gap: Reducing and eliminating differences in health outcomes among different populations, ensuring everyone has the opportunity to achieve their best health.



SDOH Hubs Establishing a network of partners that connect individuals to resources tailored to their specific needs through the integration of Community Information Exchange (CIE) and the support of Community Health Workers (CHWs).

How Can You Get Involved?

Join us in addressing the social factors that impact health and help improve our community for everyone.



Sign Up for Our Newsletter

Stay informed about SDOH by subscribing at bit.ly/46Fb7U or scan the QR code below:



Visit Our Website

Learn more about the SDOH strategy and available resources at Michigan.gov/SDOH or scan the QR code below:



Partner with Your Local SDOH Hub

Connect with local hubs to support SDOH initiatives in your area by visiting bit.ly/SDOHHUBS or scan the QR code below:

