

# SDOH Month

January 1-31, 2025

## What Are Social Determinants of Health?

Social determinants of health (SDOH) are the conditions in which people live, learn, work, and play. These conditions can greatly affect our health. Important SDOH include housing, food, jobs, and safe neighborhoods. Improving these factors helps people lead healthier lives.



## January is SDOH Month in Michigan

Governor Whitmer has proclaimed January 2025 as Social Determinants of Health (SDOH) Month in Michigan! It's a time for health organizations, community groups, policymakers, and community members to come together to understand and address the social, economic, and environmental factors that impact our health.

This month, join the Michigan Department of Health and Human Services (MDHHS), health organizations, community groups, policymakers, and community members in efforts to create a healthier, more equitable Michigan. Share why SDOH matters to you and what you or your organization is doing for SDOH month by using the hashtag **#MISDOHMonth2025**.



## Join the Effort

Visit [Michigan.gov/SDOH](https://Michigan.gov/SDOH) or scan the QR code below to learn more about how to take action during SDOH Month.



Social Determinants  
of Health