

Appendix B

Person-Centered Planning Tools

There are many helpful tools that can be used to support an individual throughout the person-centered process. While it is not mandatory to use these tools and MDHHS does not endorse the use of any specific tool over another, understanding what these tools can do for the process and how to use them to keep planning centered and driven by the person is advantageous to true, conflict-free person-centered planning.

<https://www.lifecoursetools.com/lifecourse-library/foundational-tools/person-centered/>

<http://helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/>

Learning Phase/Person-Centered Process

- [Positive Rituals Survey](#)
- [Reframing Reputations](#)
- [Communication Chart](#)
- [Relationship Map](#)
- [Two-Minute Drill](#)
- [Like & Admire](#)
- [Express Yourself! Assessing Self-Determination in Your Life](#)

Planning and Convening Phase/Person-Centered Planning Process

- [Inclusion.com: The Path Method](#)
- [PATH – Planning Alternative Tomorrows with Hope](#)
- [MAPS - Making Action Plans](#)
- [Essential Lifestyles Planning](#)
- [This is Your Life! Creating Your Self-Directed Life Plan](#)
- [Getting in the Driver’s Seat of Your Treatment: Preparing for your Plan](#)
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Implementation and Monitoring Phase/Person-Centered Process

- [Specific Strategies to Help Make Community Integration a Reality](#)
- [Learning Logs](#)

Other resources

- [Video from PAVE, Tools 4 Success](#)
- [Informing Families.org](#)
- [Inclusion.com: All My Life’s a Circle](#)