

# Follow-up of Abnormal CBE Results

## Palpable Mass, Client ≥ 30 years

Algorithm 1 of 2

**Diagnostic Mammogram Findings:**

- BI-RADS 1 Negative
- BI-RADS 2 Benign
- BI-RADS 3 Probably Benign

**NOTE**  
**Mammogram Findings:**  
BI-RADS 4 OR 5  
Refer for biopsy

**Ultrasound Findings:**  
BI-RADS 1  
No imaging abnormality

**Ultrasound Findings:**  
BI-RADS 2  
Benign – Simple Cyst

**Ultrasound Findings:**  
BI-RADS 3  
Probably Benign

Clinically suspicious:  
Biopsy

Low suspicion:  
CBE every 6-12 month for  
1-2 years to assess for  
changes and regular age-  
appropriate imaging

Low suspicion:  
CBE + imaging (ultrasound or  
diagnostic mammogram) every  
6-12 month for 2 years to  
assess for changes

Clinically suspicious:  
Biopsy

Mammogram +  
Ultrasound

Significant  
ncrease in size  
or suspicion?

Stable?

Stable or  
decrease  
in size?

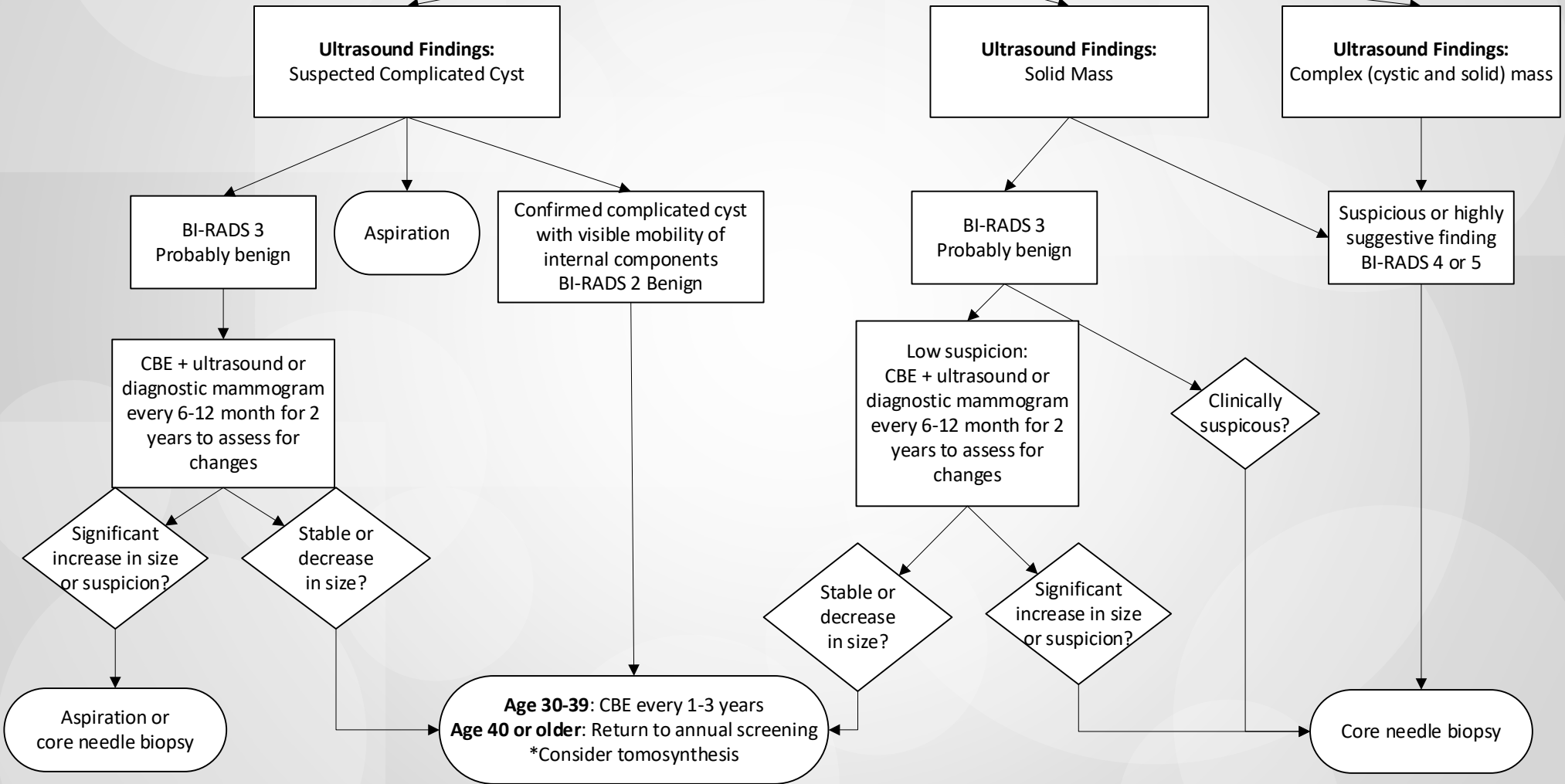
Significant  
increase in size  
or suspicion?

**Age 30-39:**  
CBE every 1-3 years  
**Age 40 or older:**  
Return to annual CBE and  
screening mammography  
\*Consider tomosynthesis

# Follow-up of Abnormal CBE Results Palpable Mass, Client ≥ 30 years

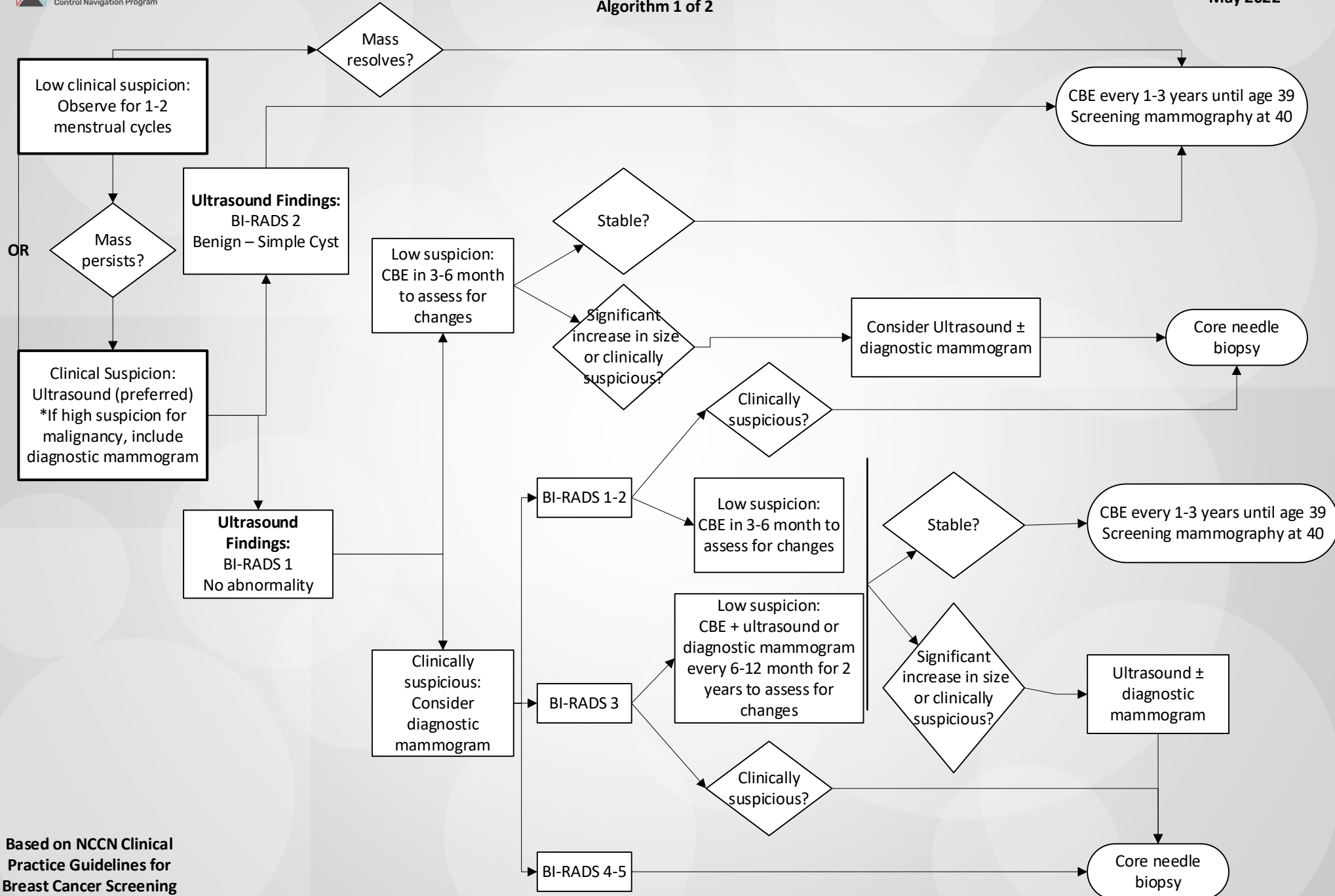
Algorithm 2 of 2

- Diagnostic Mammogram Findings:**
- BI-RADS 1 Negative
  - BI-RADS 2 Benign
  - BI-RADS 3 Probably Benign



# Follow-up of Abnormal CBE Results Palpable Mass, Client < 30 years

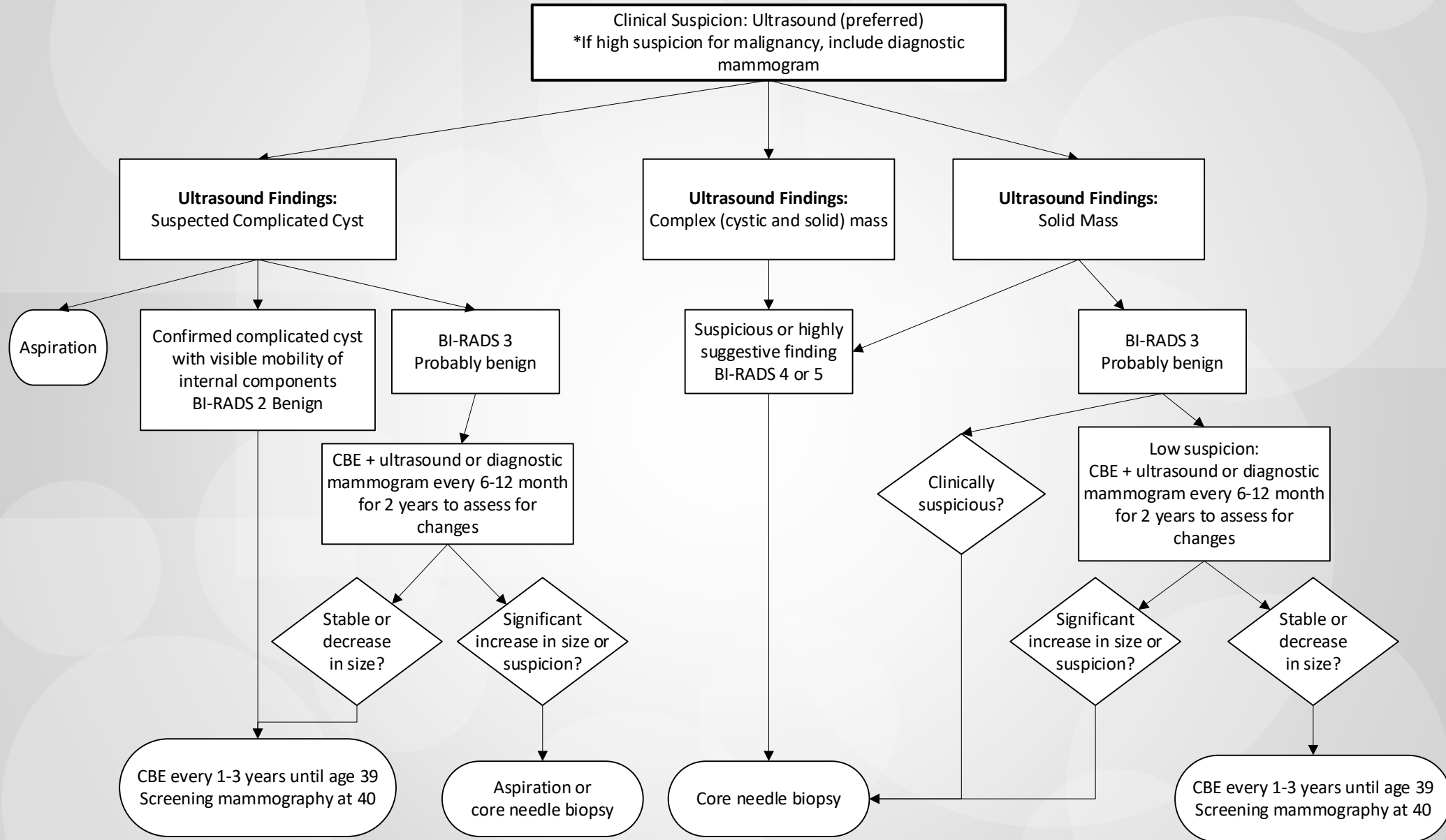
Algorithm 1 of 2



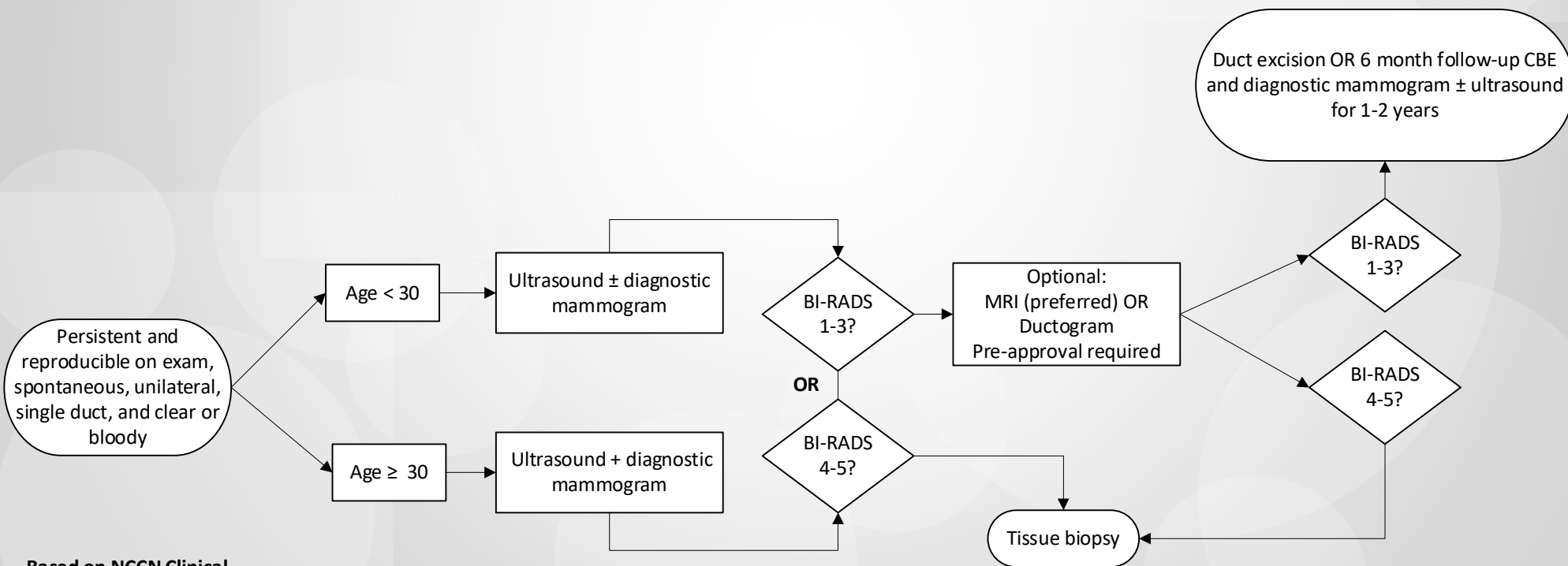
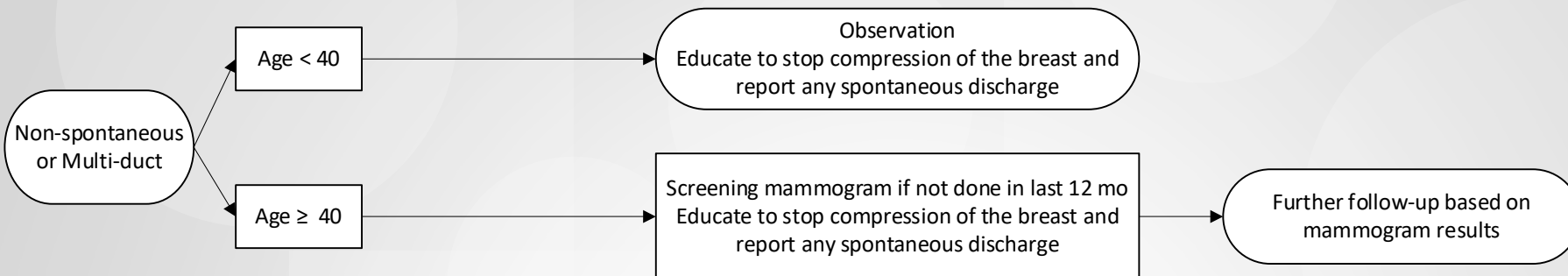
# Follow-up of Abnormal CBE Results

## Palpable Mass, Client < 30 years

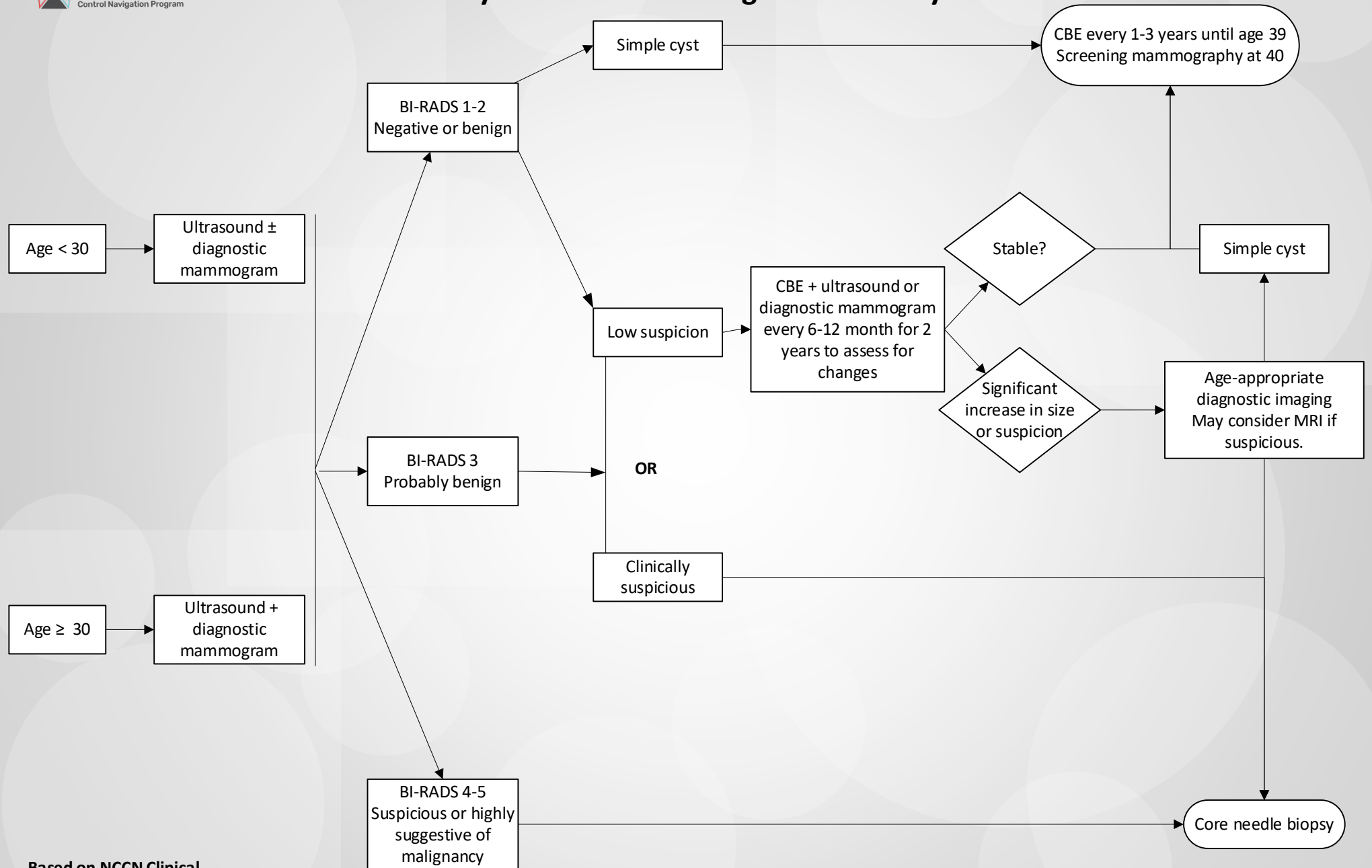
Algorithm 2 of 2



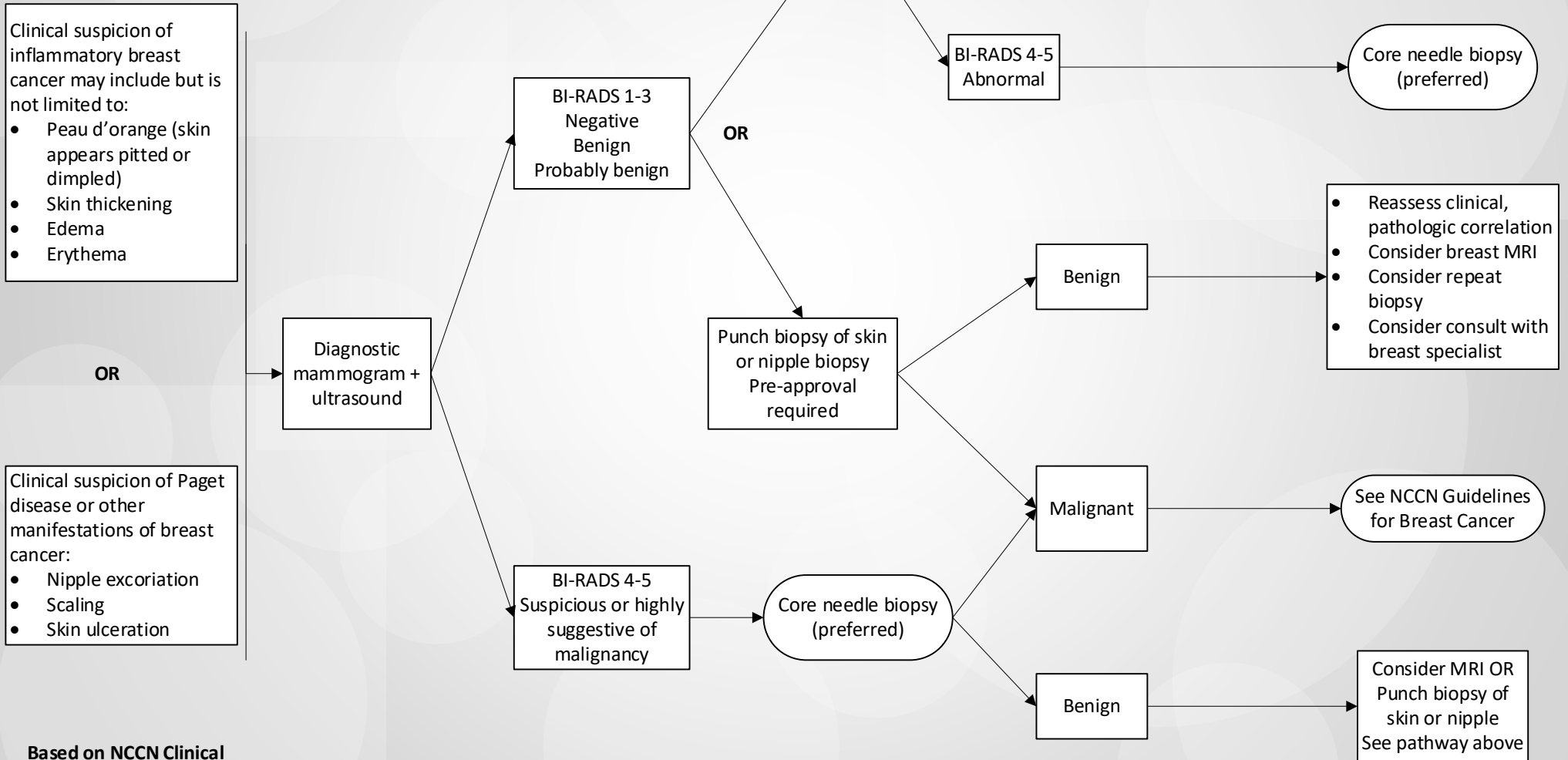
# Follow-up of Abnormal CBE Results Nipple Discharge, No Palpable Mass



# Follow-up of Abnormal CBE Results Asymmetric Thickening or Nodularity



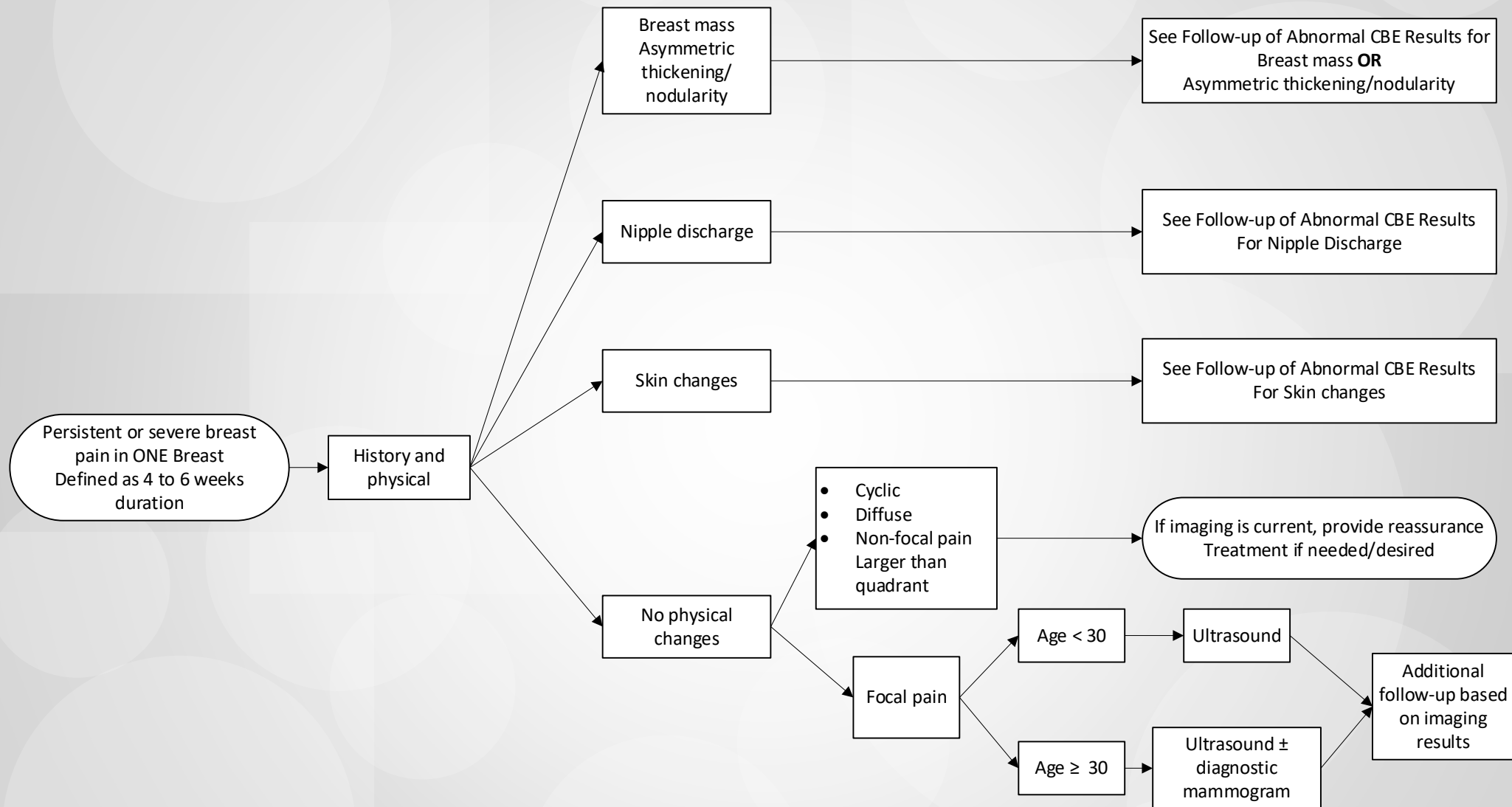
# Follow-up of Abnormal CBE Results Skin Changes





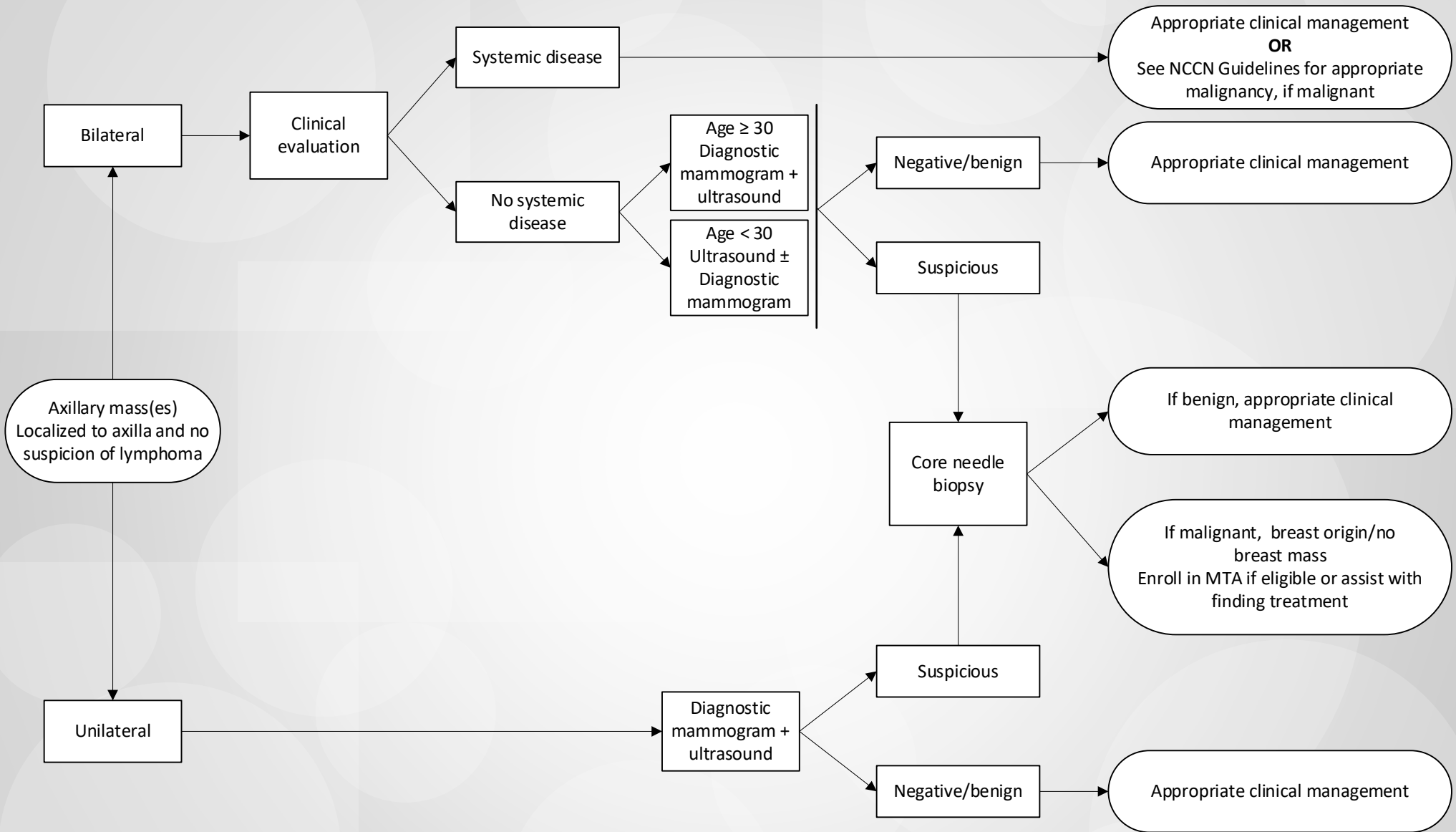
# Follow-up of Abnormal CBE Results

## Focal Breast Pain in One Breast





# Follow-up of Abnormal CBE Results Axillary Mass



**NOTE**  
If age is < 30 years, mammogram is optional unless ultrasound results are suspicious.  
If age is ≥ 30 years, mammogram is strongly recommended if not done in the past 6 months or optional in those who had normal mammogram in past 6 months.

# Follow-up of Mammography Results

