STROKE SMART Michigan

Spot a stroke, stop a stroke, save a life.

Know BE FAST to Spot a Stroke - It can save lives.

B – Balance
Sudden loss of balance or coordination, trouble walking or dizziness.

E – Eyes
Sudden vision loss in one or both eyes, blurry vision or double vision.

F – Face
Does one side of the face droop? Ask the person to smile.

A – Arms
Is one arm weak or numb? Ask the person to raise both arms.

S – Speech
Is speech slurred or strange? Ask the person to repeat a sentence.

T – Time
Time is vital. **Call 911** immediately if you see any of these signs.

MDHHS
Michigan Department of Health & Human Services

Stroke is a leading cause of death and disability, but together, we can make a difference. Visit **Michigan.gov/StrokeSmart** or scan the QR code to learn more, get involved and make an impact.

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