

Gizmos and Gadgets in the Stroke Patient

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Disclosures

- Neuro Critical Care Society
 - President/Board of Directors
- Honorarium
 - Bard
- Scientific Advisory Board/Stock Options
 - Ceribell (Stock Options
 - Neuroptics (Stock)





Introduction: Clinical Exam

- Case Introduction...the importance of the clinical exam
- Physiology of the injured brain
- Monitoring Tools
 - Clinical Exam
 - Technology
 - MMM Guidelines
 - Application Case Studies



The Importance of the Clinical Exam

- 18 year old female rollover MVA
 - Tier 1 red trauma
 - Unrestrained front seat driver of a vehicle in a high speed chase at about 90 mph when she lost control of the car ejecting the patient.
 - Heroin and methamphetamine were found on scene.
 - Scene assessment
 - Severe injuries to the back of her head and fixed, dilated pupils.
 - · Incontinent of urine.
 - Paramedics were unable to establish a blood pressure on scene, however, the patient had good femoral pulses bilaterally.
 - · Significant trauma to the back of her left shoulder and a road rash to the back and buttocks
 - No further history is obtainable due to the severity of the patient's condition.

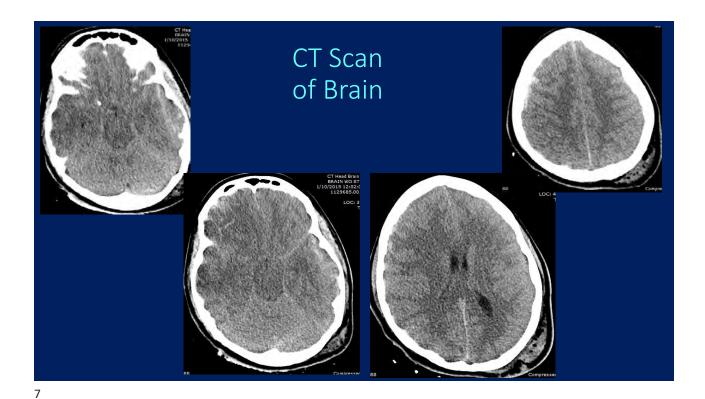
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Emergency Department 2346

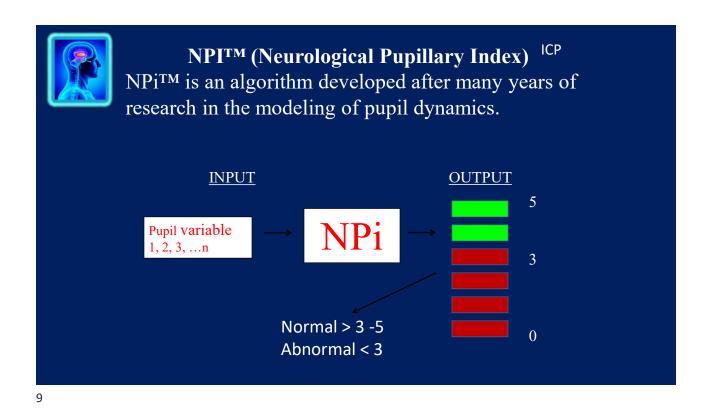
Status

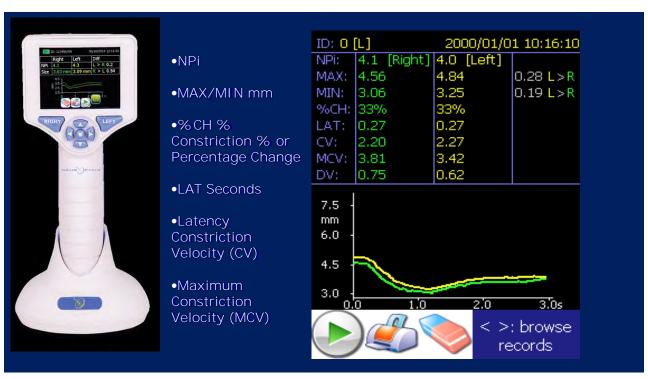
- GCS 4 with palpable posterior skull fracture and a large posterior scalp laceration.
- Left pupil is 4 mm & right is 4 mm and both non-reactive
- Large tension pneumothorax
 - Chest tube placed
- Brief cardiopulmonary arrest on arrival which resolved after 1mg epinephrine, and her BP stabilized
- Intubated, lines placed, and stabilized
- Hypertonic saline bolus given
- TXA given



Operative Intervention

- Wound debridement of cranium/sutured
- No ICP No multimodality monitors
- Neurosurgical dictation
 - H & P
 - CT scan of the head reveals multiple skull fractures, left-sided epidural hematoma, tonsillar herniation and effacement of cisterns, significant cerebral edema, subarachnoid hemorrhage
 - Operative Note
 - "Cerebral herniation, fatal injury, no craniotomy performed"
- To SICU Post op
 - Other injuries include left open humerus fracture and right pelvic fracture



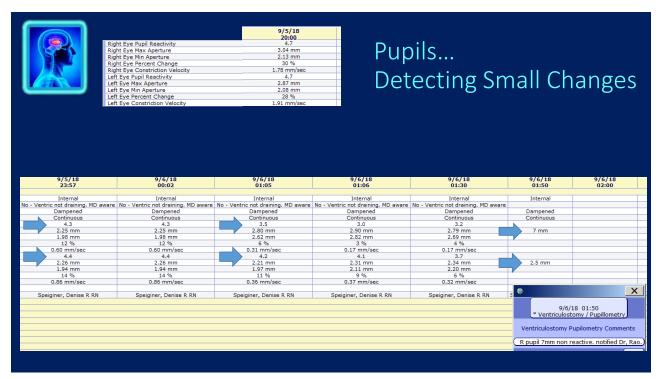




Data: Trending Significant Values

Parameter	Normal	Abnormal
Pupil Size	Equal size R and L	> 1 mm difference in size after baseline assessment of equal
% Pupil Change	> 10% with normal population having 20- 30% pupil change	< 10% (decrease in % pupil change suspicious of changes in intracranial dynamics
NPI	3 to 5	< 3 represents or a difference of 0.7 between the two eyes indicates increased ICP or possible impending elevations in ICP
Constriction Velocity	> 0.8 mm /sec	< 0.8 mm/sec = increase in brain volume < 0.6 mm/sec correlates with ICP > 20 mm Hg or potential for rise in ICP within 15-30 min

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SICU 0200

- Nursing Clinical Exam
 - Pt is intubated
 - FIO2 50% PC
 - Neuro Exam
 - GCS 1-1-1
 - No movement
 - Hemodynamic
 - HR 150
 - BP 115/70 to 66/40 (6am)
 - R 28



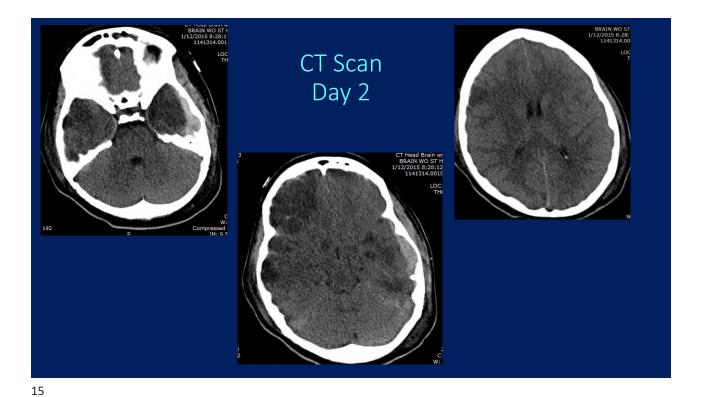
Time	Parameter	Right Pupil	Left Pupil
0200	NPI	3.2	2.5
	Size	4.9	4.8
	CV	2.39 mmsec	1.7 mmsec
0400	NPI	3.3	0.9
	Size	2.6	4.2
	CV	0.3 mmsec	0.01 mmsec
0500	NPI	3.3	1.1
	Size	2.66	4.23
	CV	0.53 mmsec	0.22 mmsec

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Day 1

- 0600
 - Fluid bolus 1000 ml
 - BP increased to 110s HR to 90s
- •0800
 - Phone call to Mary Kay with report
 - Pupils are responsive and normal
 - GCS 1-1-1 with no motor response
 - Call to Neurosurgery on action plan
 - Told there is no hope
- Nurses provide 24/7 care maintaining BP and Oxygenation





Days 2-3

- Physicians maintain terminal outlook
 - Awaiting loss of brainstem reflexes but...pupils still reactive and breathes over ventilator
 - Nurses continue extraordinary care monitoring clinical exam and pupillary reactivity
 - Day 3 nurse notes withdrawal to deep painful stimulus
 - CNS discusses situation with physician team (intensivist and neuro intensivist)
 - Family agrees to make comfort care and agrees to organ donation if progresses to brain death



Day 4

- Physician Team and family discussed on Day 4
 - "DCD" (Donation after Cardiac Death) with plan to take to the OR on Day 5
- Exam
 - GCS 1-4-1T
 - Movement noted when suctioned
 - Left arm moves up toward ET tube
 - · Head movement side to side
- Call for Ethics Consult by CNS

Time	Parameter	Right Pupil	Left Pupil
1000	NPI	4.5	4.3
	Size	2.4	2.5
	CV	1.47 mmsec	1.39 mmsec

Notes by Trauma Team

1/11: Off sedation, patient possibly purposeful to deep noxious stimuli. Continue Keppra, supportive care per NS. Neurologic prognosis remains poor. d/w parents at bedside.

1/12: supportive care. sedated. family would like to move forward w/ organ donation.

1/13: supportive measures. Plan for comfort care at 5pm per Dr. P 1/14: as of now pt is "donation after cardiac death" status

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Day 5 Ethics Consult

- Discussed key assessment findings by nurses
 - GCS 1-4-1
 - Pupils reactive
 - Motor movement
 - · Left arm moving purposefully
- Group recommended reconsideration of organ donation
- Physician team discussed with family
 - Family agrees to moving forward with aggressive treatment







Clinical Course

- Day 6 opens eyes and tracking
- Day 8 OR for orthopedic fracture repairs
- Day 11 extubated
- Day 13 While cleansing road rash....
 - "Ouch ...you b____...sorry"
- Day 32 Transferred to Acute Rehab

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If you put in the Gizmo....You have to know the Physiology too!



Physiology of Brain Injury

Primary and Secondary Injury

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Primary Injury Stroke

- Ischemic Stroke
 - Cerebral Edema
- Hemorrhagic Stroke
 - ICH
 - Edema
 - Intraparenchymal Bleeding
 - SAH
 - Edema
 - Blood in SAS
 - Vasospasm leading to ischemia



Secondary Brain Injury

- Secondary Head Injury
 - Extracranial causes
 - Hypotension
 - Hypocapnia and Hypercapnia
 - Нурохіа
 - Anemia
 - Acidosis
 - Hyperglycemia and Hypoglycemia
 - Hyperthermia

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Cerebral Blood Flow





Physiology: Cerebral Blood Flow

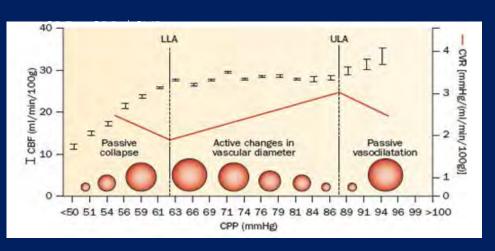
Autoregulation

- Vasomotor control
 - Intact: Increase in CPP causes vasoconstriction and decrease in ICP
 - Vasomotor reactivity failure: Increase in CPP causes vasodilation and inc ICP
- Flow metabolism
 - 个 metabolism 个 CBF
- Metabolic substances
 - PaO2
 - PaCO2
 - pH i.e., acidosis = vasodilatation

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Physiology: Cerebral Blood Flow





Cerebral Blood Flow



- Transcranial Doppler
 - Useful to trend vasospasm
- Transcranial color-coded Duplex Sonography
- Thermal dilution flowmetry
 - Limited literature on use or impact on outcomes

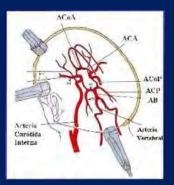
NCS MMM: C Miller

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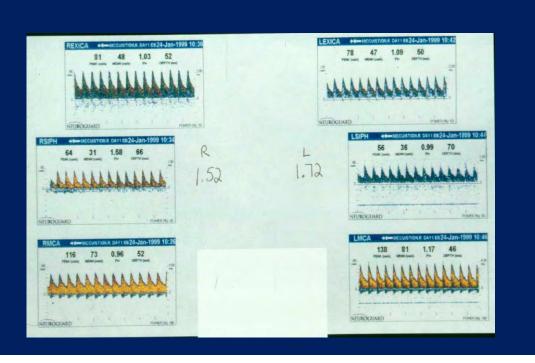


CBF: Indirect/Non-Invasive Transcranial Dopplers

- Non-invasive study using ultrasound to detect changes in the velocity of blood in the arteries of the brain
- Arteries
 - Extra-cranial ICA
 - Middle Cerebral Artery
 - Anterior Cerebral Artery
 - Posterior Cerebral Artery
 - Basilar/Vertebral Arteries









Transcranial Dopplers

- Increased velocities correlate with vasospasm
 - Mean velocities: Norm MCA mean 55-70 ± 10cm/s
 - >200 = critical velocities
 - Lindegaard Ratio = Mean MCA Mean ExICA
 - Normal: < 1.7
 - Moderate spasm: > 3
 - Severe spasm: > 6



CBF: Invasive

- Thermal diffusion probe
 - Uses 2 thermisters 5mm apart/embedded on cath
 - Heats distal thermistor to measure difference in temperature between 2 sites on catheter

Absolute flow measurements ml/100gm/min

Normal CBF: > 20 ml/100gm/min

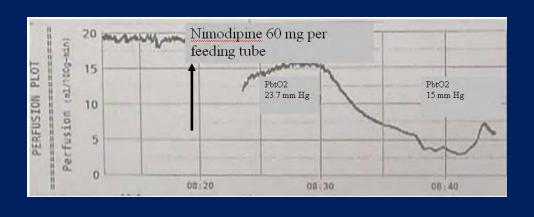




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Impact of Nimodipine on PbtO2 and CBF





Pressure - Invasive

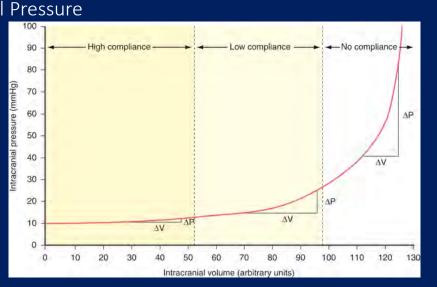


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Physiologic Changes:

Intracranial Pressure

- Theories on Brain Compartment
 - 80% brain
 - 10% blood
 - 10% CSF
- If one increases the other two decrease
- Compensatory mechanisms





Physiology Symptoms of Increased ICP: Adults

Early

- Altered level of consciousness, restless, agitated, headache, nausea, and contralateral motor weakness
- cranial nerves III and VI

Late

- Coma, vomiting, contralateral hemiplegia, and posturing
- Alteration in Vital Signs
- Impaired brainstem reflexes
 - Pupils, dysconjugate gaze

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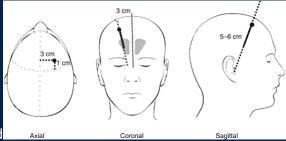


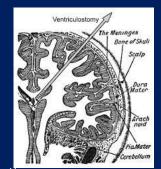
ICP Placement

Procedure

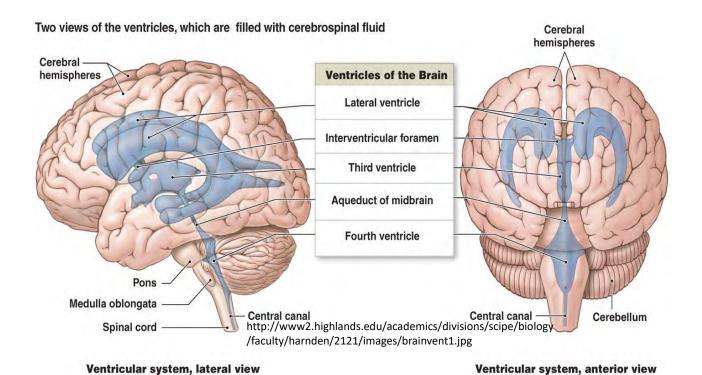


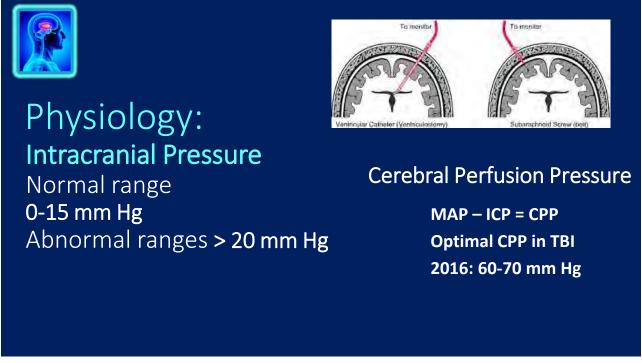
- Prep, cleanse scalp and drape
- Incision right frontal made & twist d used to gain access
- Dura is opened with blunt stylet/irrigate
- EVD catheter passed into the ventricle
- Confirm CSF flow
- Incision is closed with suture
- CSF system connected to drainage system





http://www.nervous-systemdiseases.com/ventriculostomy.html





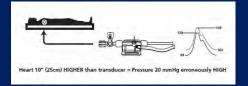


ICP: Nursing Implications CSF Drainage

- Level CSF drainage system with zero reference point
 - Pressure Transducer
 - Transducer position at phlebostatic axis (PMI -point of maximal impulse 4th ICS mid chest)
 - For every inch (2.5 cm) the heart is offset from the reference of the transducer, a 2 mm Hg of error is introduced







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Nursing Implications CSF Drainage

- Drain CSF
 - Produce ≈ 20 cc/hour
 - 125-150cc circulating at any given time
 - 20% in the lateral ventricles
- Continuous Drain
- Intermittent Drain





Continuous Drain: How long do you wait after closing the EVD to document the ICP?

Journal of Neuroscience Nursing

Intracranial pressure (ICP) is often obtained via external ventricular drain (EVD) placement and is discussed as a key vital sign in neuroscience. Nurses are most often delegated the task of observing, adjudicating, and documenting ICP. Cerebrospinal fluid drainage requires that the transducer connected to the EVD is open to drain, prohibiting ICP monitoring. There are no recent data to support an evidence-based standard for the period an ICP waveform should be observed, after the EVD is clamped, to be able to adjudicate a value that represents the patient's status. Therefore, the purpose of this study is to determine the optimal period for which an EVD should be closed to obtain an accurate ICP value. In a sample of 30 subjects who received continuous ICP monitoring for 15 minutes, there was no universal pattern to ICP after clamping an EVD. The conditional probability of observing a patient's highest ICP, if ICP is observed for 5 minutes, is 0.0181. The conditional probability increased to 0.0402 if ICP is observed for 10 minutes. There were no instances of ICP elevation requiring intervention. The results suggest that at least 5 minutes of ICP monitoring is safe and is required to provide an ICP value that reflects true ICP.

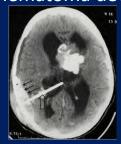
Intracranial Pressure Values Are Highly Variable After Cerebral Spinal Fluid Drainage Michael Rogers, Sonja E. Stutzman, Folefac D. Atem. Samarpita Sengupta, Babu Welch, DatWai M. Olson

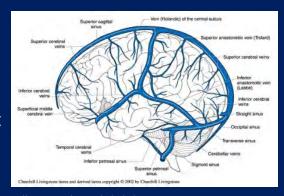
Volume 49 • Number 2 • April 2017

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Nursing Implications CSF Drainage

- Do not over drain
 - Over-drainage
 - Sagging cerebrum
 - Pulling of bridging veins
 - Hematoma development





https://i.pinimg.com/originals/e3/ba/13/e3ba13dc62c1033f179bc2bab8e953d2.png

http://scireslit.com/Neurology/images/NN-ID15-G0001.gif

Nursing Implications CSF Drainage

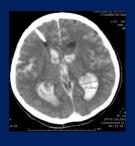
- What if CSF stops draining?
 - CSF will not drain into bag when stopcock opened or CSF drains backwards into the patient (with concurrent reading of increased ICP reading)
 - Check all stopcocks to assure they are in open and drain position
 - Check vent filter to assure filter is not wet. If wet, change out the entire tubing system using sterile technique
 - Notify neurosurgeon. There may be a clot inside the ventricle blocking the CSF outflow holes on the catheter

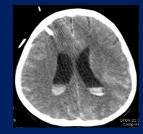
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Blood in the Ventricles causing CSF system to stop draining?

- Intraventricular thrombolysis
 - CLEAR trial
 - MISTE trial
- Small doses of IT tPA
 - 1mg every 8 hours
 - Clamp EVD x 1 hour
- Monitoring
 - ICP
 - Frequent CT scans
 - · Monitor clearing of blood
 - · Monitor for any new hemorrhage







Nursing Implications

- C & S every other day change bag
 - DO NOT invade system
- Use sterile aseptic technique
 - Zero procedures
 - Changing bag/transducer
 - Irrigation done by MD

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Nursing Implications CSF Drainage: Reducing Infection Risk

Setup

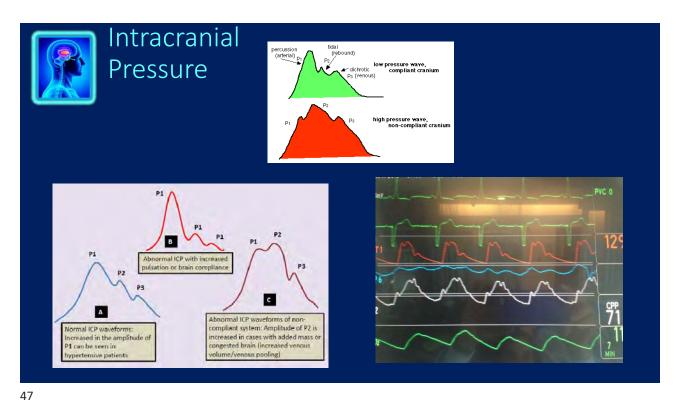


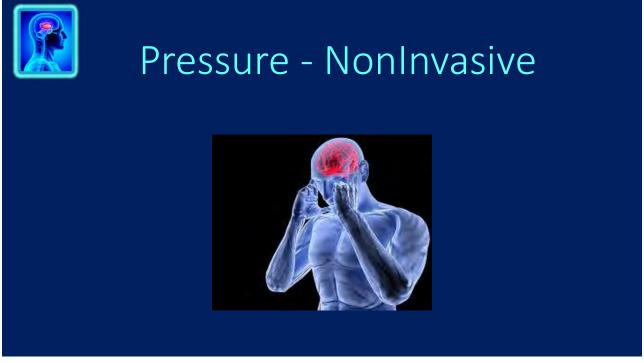
 Assure aseptic technique at all times when changing bag/sampling



Change drainage bag as ordered by physician. This may be done every other day in order to send CSF specimen to laboratory for analysis or when the bag is full of CSF. The technique changing the bag requires 2 people and use of aseptic, sterile technique is absolutely essential. Gather equipment and supplies for the procedure.

- . Personnel must scrub hands, don masks
- a. Person #1 dons sterile gloves and establishes sterile field with sterile towels
- Person #2 opens new drainage bag setup and passes to Person #1 observing sterile technique
- c. Person #2 opens and passes sterile 4 x 4's to Person #1. Person #2 opens and passes chloroprep to person #1.
- d. Person #1 scrubs connection between bag and upper chamber for 3 minutes
- e. Person #1 disconnects old drainage bag from tubing
- f. Person #2 dons sterile gloves and secures new sterile collection bag and system
- g. Cap. Label and send old drainage bag to the Laboratory for analysis (WBC, total protein, glucose, C&S, and gram stain). Send 3 labels for lab tests
- h. Document date, time, procedure, and patient tolerance







Physiology: Pupils and Pressure



Pupils: Assessing the "Beat" of the Brain

- Pupillary exam is vital to monitor potential increases in ICP
- High inter-examiner variability (up to 39%) and a severe lack of reliability is reported in:
 - Litvan I, Saposnik G, Maurino J, Gonzales L, Saizar R, Sica REP, Bartko JJ: Pupillary diameter assessment: need for a graded scale. Neurology, 54:530-531, 2000.
 - Du R, Meeker M, Bacchetti P, Larson MD, Holland MC, Manley GT: Evaluation of portable infrared pupillometer. Neurosurgery, 57: 198-203, 2005.

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neurocritical Neurocrit Care care society DOI 10.1007/s

DOI 10.1007/s12028-015-0182-1

ORIGINAL ARTICLE

Interrater Reliability of Pupillary Assessments

DaiWai M. Olson¹ · Sonja Stutzman¹ · Ciji Saju¹ · Margaret Wilson¹ · Weidan Zhao¹ · Venkatesh Aiyagari¹.²

Methods This single-blinded observational study examined interrater reliability of pupil exam findings between two practitioners and between practitioners and a pupillometer.

• 1166 observations – paired subjective pupillary assessment by practitioners compared to automated pupillometer device assessments

Results From 2329 paired assessments, the interrater reliability between practitioners was only moderate for pupil size (k = 0.54), shape (k = 0.62), and reactivity (k = 0.40). Only 33.3 % of pupils scored as non-reactive by practitioners were scored as non-reactive by pupillometry.



Physiology: Pupillometer

Taylor, Chen, Meltzer, et al J of Neurosurgery 98: 205-213 (Jan 2003)
 –CV fell to 0.81 mm/sec when ICP trended to > 20

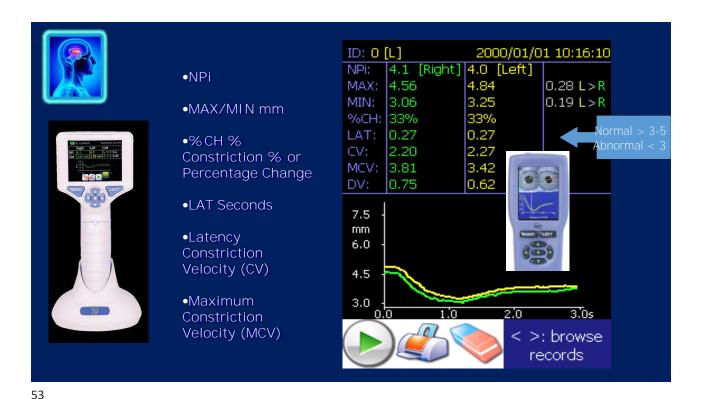
Pupillary measurements obtained in healthy volunteers and head-injured patients Parameter healthy volunteers (310 persons, 2432 paired measurements) 4.1 ± 0.34 2.7 ± 0.21 mean maximum resting aperture (mm) mean minimum aperture (mm) mean reduction in size (%) mean constriction velocity (mm/sec) mean latency duration (secs) 0.24 ± 0.4 head-injured patients w/ ICP < 20 mm Hg (26 persons, 168 paired measurements) mean maximum resting aperture (mm) 2.10 ± 0.16 mean minimum aperture (mm) 1.7 ± 0.1 mean reduction in size (%) 19 mean constriction velocity (mm/sec) 1.18 ± 0.18 mean latency duration (secs) 0.26 ± 0.6

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Physiology: What is the NPi™ (Neurological Pupil index™)?

- Rates strength of pupillary reaction on scale from 0-5.
- <u>Purpose</u>: to quantify pupillary reactivity and remove subjectivity from assessment
- Algorithm developed by NeurOptics scientists based on >half a million pupil measurements
- Variables include size, latency, constriction velocity and dilation velocity.





Bedside Nursing Use of Pupillometry

- Head Injury
 - mild, moderate & severe
- Subarachnoid hemorrhage
- Intracerebral hemorrhage
- Ischemic stroke
- Craniotomy patients post-op
- Multisystem trauma patients with history of loss of consciousness
- Post Cardiac Arrest Patients



SICU – New Admits with Neuro Diagnoses q 1h

 49 yr old female admitted post op following clipping of a cerebral aneurysm. Pupilometer Assessment @2000 shows normal NPI and Cons Velocity

Right Eye Pupil Reactivity
Right Eye Max Aperture
Right Eye Min Aperture
Right Eye Percent Change
Right Eye Constriction Velocity
Left Eye Pupil Reactivity
Left Eye Max Aperture
Left Eye Min Aperture
Left Eye Percent Change
Left Eye Constriction Velocity

4.7
3.04 mm
2.13 mm
30 %
1.78 mm/sec
4.7
2.87 mm
2.08 mm
28 %
1.91 mm/sec

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Careful reassessment by our Night Shift RN reveals the following:

9/5/18 23:57	9/6/18 00:02	9/6/18 01:05
Internal	Internal	Internal
No - Ventric not draining. MD aware	No - Ventric not draining. MD aware	No - Ventric not draining. MD aware
Dampened	Dampened	Dampened
Continuous	Continuous	Continuous
4.3	4.3	3.5
2.25 mm	2.25 mm	2.80 mm
1.98 mm	1.98 mm	2.62 mm
12 %	12 %	6 %
0.60 mm/sec	0.60 mm/sec	0.31 mm/sec
4.4	4.4	4.2
2.26 mm	2.26 mm	2.21 mm
1.94 mm	1.94 mm	1.97 mm
14 %	14 %	11 %
0.86 mm/sec	0.86 mm/sec	0.36 mm/sec



Careful reassessment by our Night Shift RN reveals the following:

9/6/18	9/6/18	9/6/18
01:06	01:30	01:50
Internal	Internal	Internal
No - Ventric not draining. MD aware	No - Ventric not draining. MD aware	
Dampened	Dampened	Dampened
Continuous	Continuous	Continuous
3.0	3.2	
2.90 mm	2.79 mm	7 mm
2.82 mm	2.69 mm	
3 %	4 %	
0.17 mm/sec	0.17 mm/sec	
4.1	3.7	
2.31 mm	2.34 mm	2.5 mm
2.11 mm	2.20 mm	
9 %	6 %	
0.37 mm/sec	0.32 mm/sec	

The NPI changed 1 hour before the pupil blew! MD was notified 3 times with the pupilometer changes!!! Patient went to CT and OR for emergent craniectomy!

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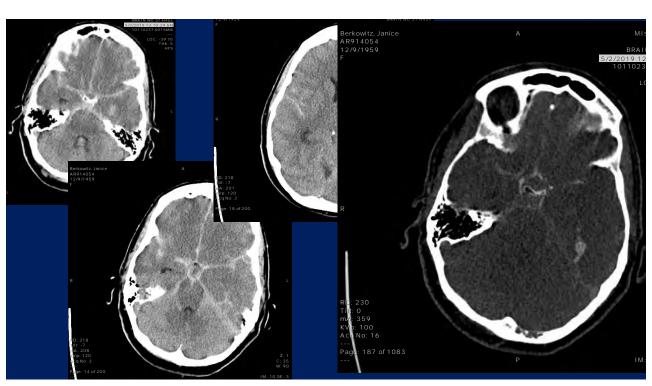
Case May 2019



58 yr old female admit with

- Event: Pt complained of severe headache and dizziness and laid down in bed. Checked by significant other and found to be unconscious 15 minutes later
- Arrives Code Stroke at 2351
 - GCS 1-3-1
 - Pupils reactive at 3 mm
 - BS BP 143/91 HR 115 R 16
 - Intubated immediately
 - TO CT within 15 minutes

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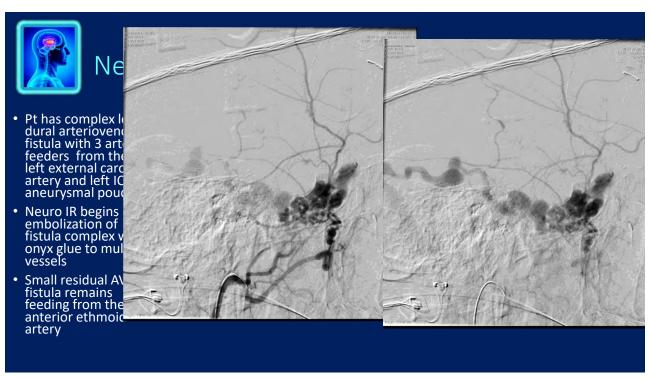


Day 1: OR and SICU

- OR: ICP and PbtO2 catheters placed
 - ICP 25 mm Hg given 23% saline by physician
 - PbtO2 low
- SICU on admit: ICP 22 @0330
 - Pupillometry

5/2/19 03:06 thru 5/2/19 07:05	5/2/19 03:06	5/2/19 04:05	5/2/19 05:04	5/2/19 06:04	5/2/19 07:05
- * Ventriculostomy / Pupillometry					
Right Eye Pupil Reactivity	4.5	4.7	4.8	4.5	4.5
Right Eye Max Aperture	3.31 mm	2.36 mm	2.13 mm	1.91 mm	1.97 mm
Right Eye Min Aperture	2.38 mm	1.88 mm	1.64 mm	1.62 mm	1.65 mm
Right Eye Percent Change	28 %	20 %	23 %	15 %	16 %
Right Eye Constriction Velocity	1.35 mm/sec	0.65 mm/sec	0.57 mm/sec	0.35 mm/sec	0.39 mm/sec
Left Eye Pupil Reactivity	4.5	4.5	4.8	4.7	4.5
Left Eye Max Aperture	3.53 mm	2.67 mm	2.03 mm	1.93 mm	1.88 mm
Left Eye Min Aperture	2.46 mm	2.10 mm	1.61 mm	1.57 mm	1.56 mm
Left Eye Percent Change	31 %	21 %	21 %	19 %	17 %
Left Eye Constriction Velocity	1.42 mm/sec	0.75 mm/sec	0.56 mm/sec	0.38 mm/sec	0.39 mm/sec

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Day 2: Early hours

- ICP open to drain at 15 mm Hg: checked every 15 minutes average 17 mm Hg
- Pupillometer change noted at 0111 & 0205
 - Neurosurgery called ordered 3% NaCl

5/3/19 00:04	5/3/19 01:11	5/3/19 02:05	l
			ı
External	External	External	ı
Yes	Yes	Yes	ı
Compliant	Compliant	Compliant	ı
Continuous	Continuous	Continuous	ı
Serosanguineous	Serosanguineous	Serosanguineous	ı
	Leveled And Calibrated	Leveled And Calibrated	
Clean/Dry (+)	Clean/Dry (+)	Clean/Dry (+)	
4.5	4.5	4.4	ı
1.96 mm	1.65 mm	1.94 mm	ı
1.67 mm	1.67 mm	1.70 mm	
15 %	14 %	12 %	
0.46 mm/sec	0.63 mm/sec	0.49 mm/sec	
4.1	2.9	1.0	1
2.42 mm	3.28 mm	4.27 mm	
2.17 mm	3.06 mm	4.10 mm	
10 %	7 %	4 %	
0.36 mm/sec	0.29 mm/sec	0.18 mm/sec	

	5/3/19 03:00 thru 5/3/19 11:00	5/3/19 03:00	5/3/19 04:04	5/3/19 05:01	
Ш	* Ventriculostomy / Pupillometry				
Ш	Ventriculostomy Transducer Type	External	External	External	
Ш	Ventriculostomy System Patent	Yes	Yes	Yes	
Ш	Ventriculostomy Waveform	Compliant	Compliant	Compliant	
Ш	Ventriculostomy Drainage	Continuous	Continuous	Continuous	
Ш	Ventriculostomy Drain Description	Serosanguineous	Serosanguineous	Serosanguineous	
Ш	Ventriculostomy Intervention	Leveled And Calibrated	Leveled And Calibrated	Leveled And Calibrated	
Ш	Drainage Insertion Site Assessment	Clean/Dry (+)	Clean/Dry (+)	Clean/Dry (+)	
Ш	Right Eye Pupil Reactivity	4.4	4.8	4.5	
Ш	Right Eye Max Aperture	1.97 mm	2.05 mm	2.03 mm	
Ш	Right Eye Min Aperture	1.72 mm	1.57 mm	1.75 mm	
Ш	Right Eye Percent Change	13 %	23 %	14 %	
-11	Right Eye Constriction Velocity	0.54 mm/sec	1.27 mm/sec	0.60 mm/sec	
ш	Left Eye Pupil Reactivity	0.9	1.1	1.3	
-11	Left Eye Max Aperture	4.48 mm	1.12 mm	4.04 mm	
ш	Left Eye Min Aperture	4.32 mm	4.02 mm	3.92 mm	
-11	Left Eye Percent Change	4 %	2 %	3 %	
	Left Eye Constriction Velocity	0.16 mm/sec	0.21 mm/sec	0.21 mm/sec	

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Day 2: ICP Spikes at 0930 to 28 mm Hg 3% saline and 2 hours later Mannitol 100 grams IVP. To OR for emergent craniectomy/removal of fistula and orders hypothermia post procedural

5/3/19			5/3/19		
06:56	08:04	08:57	09:56	11:00	
External	External	External	External	External	
Yes	Yes	Yes	Yes	Yes	
Compliant	Compliant	Compliant	Non-Compliant	Non-Compliant	
Continuous	Continuous	Continuous	Continuous	Continuous	
Serosanguineous	Serosanguineous	Serosanguineous	Serosanguineous	Serosanguineous	
Leveled And Calibrated					
Clean/Dry (+)					
3.6	3.6	2.9	3.2	3.2	
2.24 mm	2.46 mm	2.86 mm	2.58 mm	2.6 mm	
2.15 mm	2.37 mm	2.81 mm	2.51 mm	2.53 mm	
4 %	4 %	2 %	3 %	3 %	
Q.20 mm/sec	0.11 mm/sec	0.12 mm/sec	0.13 mm/sec	0.06 mm/sec	
0.7	0.7		0	0	
4.41 mm	4.41 mm 4.14 mm		4.33 mm	4.39 mm	
4.36 mm					
1 %					
0.21 mm/sec					



Induction of Hypothermia post op

- ICP settles at 15-20 mm Hg
- PbtO2 20-25 mm Hg
- 10 hours later Left Pupil begins reacting again

5/3/19 21:00	5/3/19 22:00	5/3/19 23:00
4.0	4.0	4.2
2.15 mm	2.00 mm	2.06 mm
1.96 mm	1.86 mm	1.86 mm
9 %	7 %	10 %
0.31 mm/sec	0.22 mm/sec	0.29 mm/sec
0.0	1.3	1.5
3.99 mm	3.88 mm	3.82 mm
	3.79 mm	3.75 mm
	2 %	2 %
	0.07 mm/sec	0.05 mm/sec
	9	

65



Application Stroke Case Basilar artery occlusion



Case introduction

- 78 year old female was admitted to Cardiac Telemetry Unit for Atrial fibrillation and CHF
 - 11:35am -36 hours after admit, daughter calls out for help; Patient became unresponsive with eyes looking up
 - BP 174/76 HR 60 irregular RR12
 - 02 sat 98%
 - BG 116
 - Rapid response RN to bedside and calls a Code Stroke
 - 11:38am MD at Bedside
 - 11:47 CT non contrast and CTA

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SICU Arrival at 1221

- Patient GCS 1-1-1 and NIHSS 23 RACE Score=6 (LVO score)
- Pupilometer Reading

```
Right Eye Pupil Reactivity

• 0

Right Eye Max Aperture

• 3.67 mm

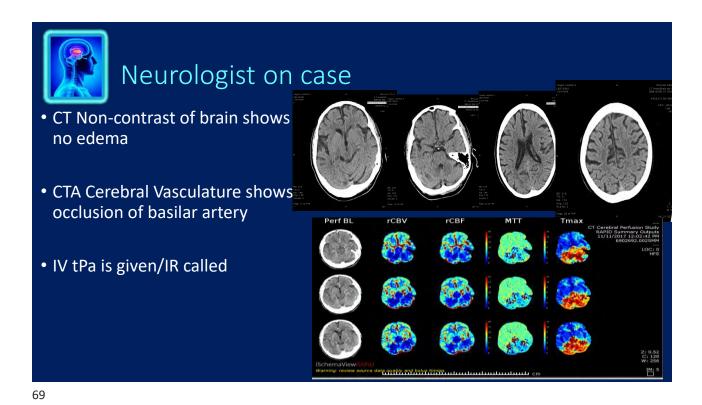
Left Eye Pupil Reactivity

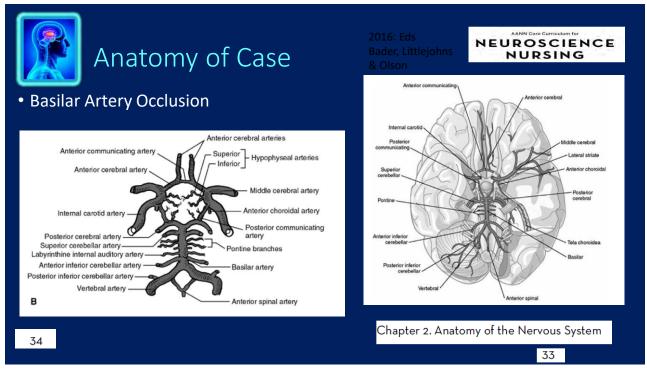
• 0

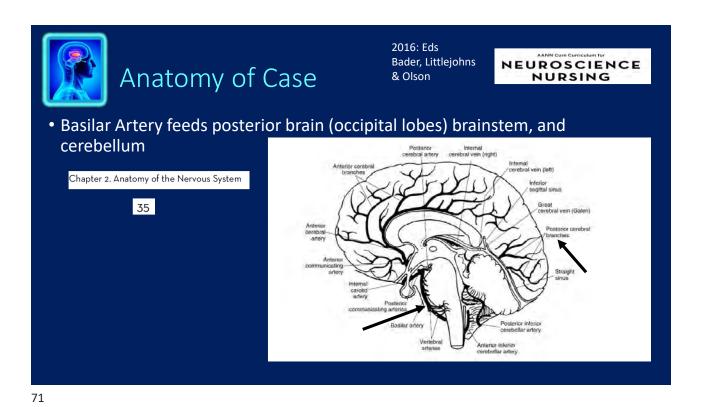
Left Eye Max Aperture

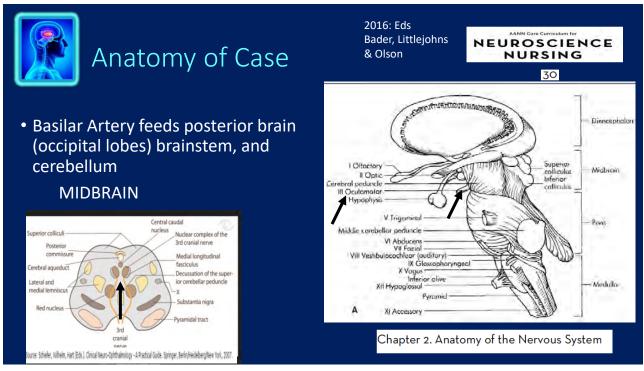
• 2.46 mm
```

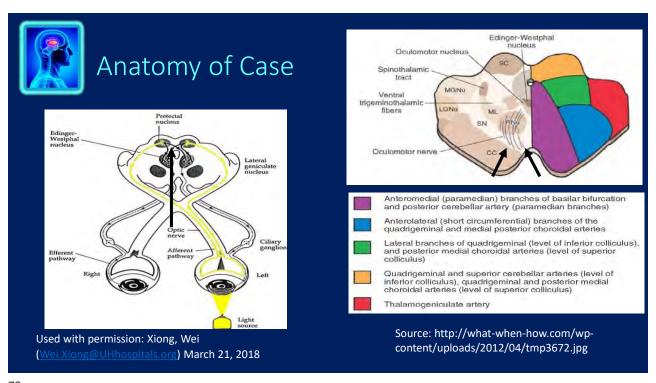
• Breathing pattern changes to irregular – Pt intubated

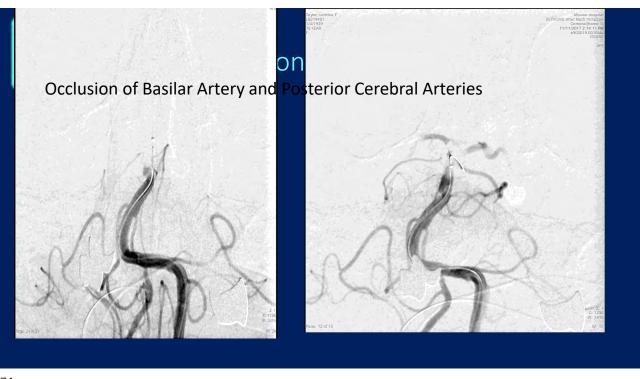


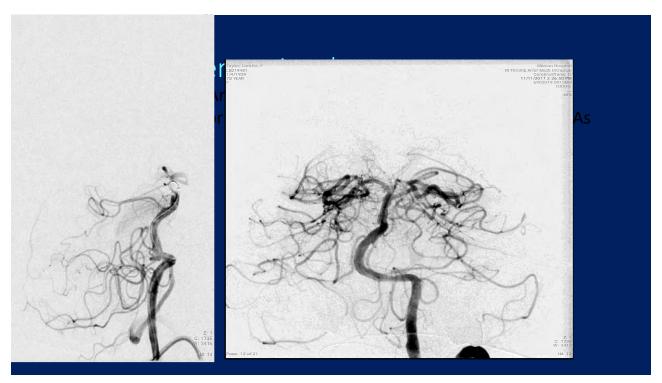


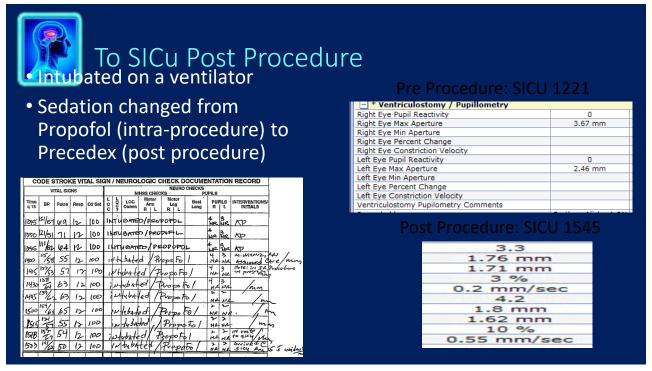














SICU Post Procedure

• Change of Shift NIHSS 20

Vital Signs

11/11/17
19;30 75 bpm (60-100)
Cardiac Monitor
Bundle Branch Block (+)
13 breaths per min (12-20)
99 % (92-100)
Ventilator
45 %
Yes
41 mm Hg (35-45)
12
Yes
ke, RT, reduced FiO2 to 45% and increased RR to 15
165/73 (94) H
94
Automatic Cuff
Right Arm
Supine
165 mm Hg (90-120) H
73 mmHg (60-90)
94 (+)

NIHSS Abbr

Critical Care
Per Protocol Post t-PA
Not Alert, Obtunded
Answers Both Incorr
Performs Both Incorr
No Effort Agnst Gravity
No Effort Agnst Gravity
Some Efft Agnst Gravity
No Effort Agnst Gravity
No Sensory Loss
Mute
Unable To Test
ρ
20

Pupilometer

4.6	
3.24 mm	
2.27 mm	
30 %	
2.38 mm/sec	
4.3	
3.85 mm	
2.69 mm	
30 %	
2.68 mm/sec	

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Next 24 hours

Vital Signs

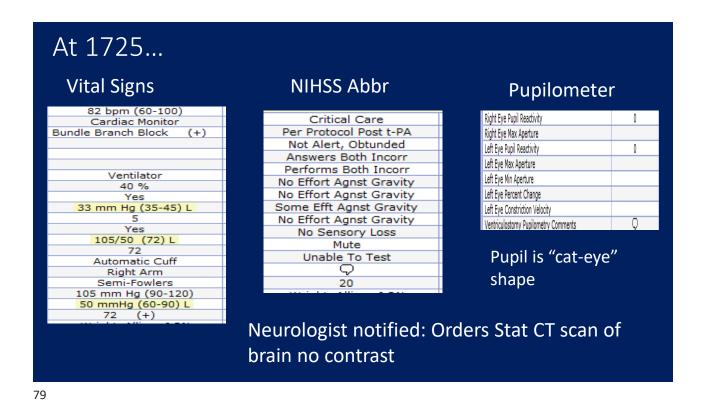
11/12/17				
16:00				
98.8 degrees F (97.6-100.4)				
Oral				
89 bpm (60-100)				
Cardiac Monitor				
Bundle Branch Block (+)				
Multifocal				
26 breaths per min (12-20) H				
100 % (92-100)				
Ventilator				
40 %				
Yes				
31 mm Hg (35-45) L				
5				
Yes				
133/74 (95) H				
95				
Automatic Cuff				
Right Arm				
Semi-Fowlers				
133 mm Hg (90-120) H				
74 mmHg (60-90)				
95 (+)				

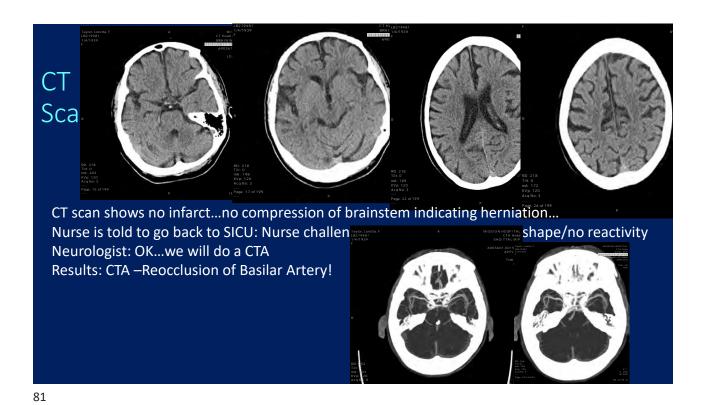
NIHSS Abbr

Critical Care
Per Protocol Post t-PA
Not Alert, Obtunded
Answers Both Incorr
Performs Both Incorr
No Effort Agnst Gravity
No Effort Agnst Gravity
Some Efft Agnst Gravity
No Effort Agnst Gravity
No Sensory Loss
Mute
Unable To Test
₽
20

Pupilometer

4.7
3.07 mm
2.15 mm
30 %
2.37 mm/sec
4.7
3.32 mm
2.26 mm
32 %
2.49 mm/sec





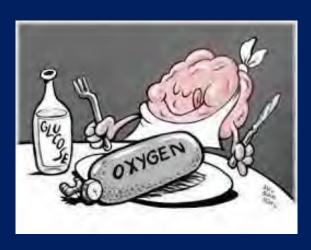


Outcome

- Family declined 2nd Interventional treatment
- Patient made Comfort Care...



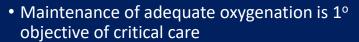
Oxygen

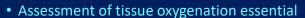


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Systemic and Brain Oxygenation





- Hypoxia
 - Reduction of tissue oxygenation to levels insufficient to maintain cellular function and metabolism
 - May be a result of ischemia due to macrovascular/microvascular, anemia, & hypoxemia
 - Cytopathic hypoxia: failure of cell to extract O2
 - Aggravates secondary brain damage
 - Monitor and Treatment paramount





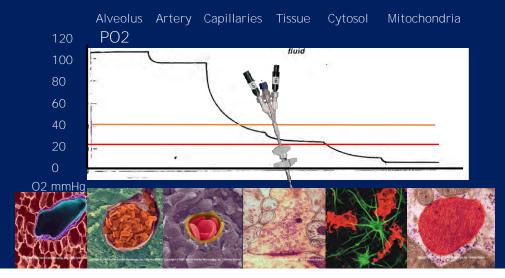
Oxygen: Recommendations Systemic Oxygenation/CO2

- ABG Analysis (SaO2, PaO2) and SpO2 monitoring
 - Safe and reliable
 - SpO2 and ABG analysis detect pulmonary and circulatory abnormalities
 - Use of monitors helpful in detecting desaturations which are associated with poorer outcomes
- CO2: ABG (PaCO2) Capnography (ETCO2)
 - Safe and reliable (++research on CO2 in anesthesia /critical care)
 - ETCO2 and PaCO2 correlate in healthy volunteers but ongoing comparison of both should occur in clinical setting
 - Use of monitor can detect and guide hyperventilation

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Physiology: Oxygen flux from air to neuron





Physiology Oxygen Dynamics: Brain Tissue Oxygen Monitoring



- Indications for clinical use of pbtO2 monitoring
 - TBI
 - SAH
 - Ischemia
 - Intraoperative monitoring to avoid ischemic complications

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Physiology: Selecting the Site for Monitoring

• Penumbra



Regional Detection Penumbra Area

Global



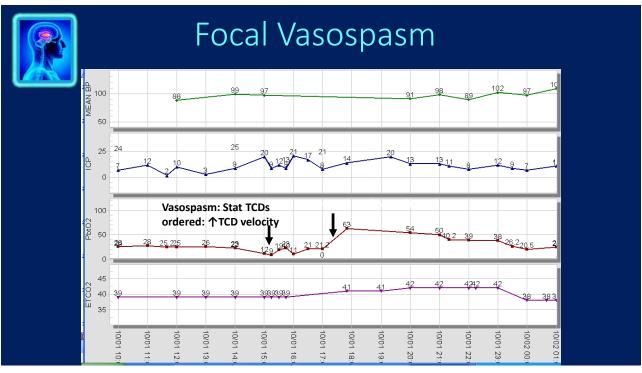
Global Measurement Contralateral to Injury

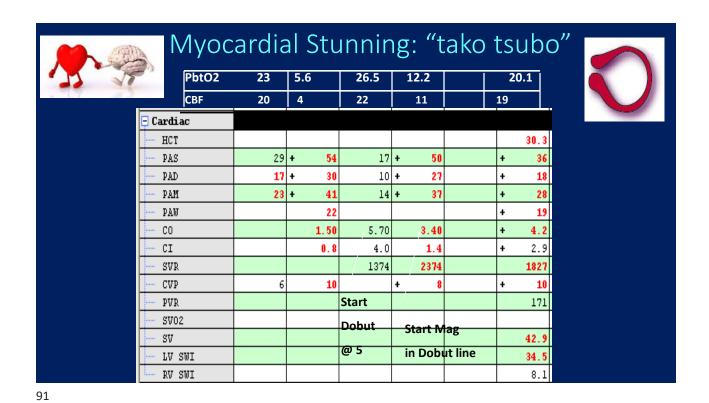


Physiology: Brain Tissue Oxygen (Pbt02)

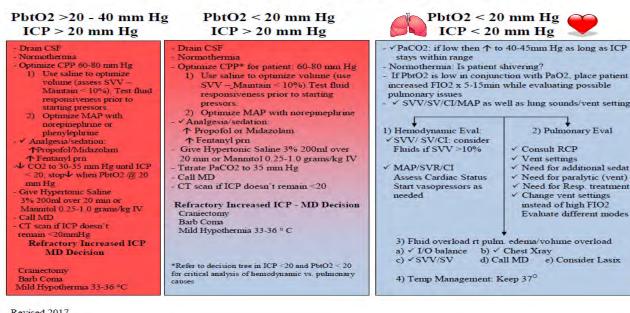
- Normal: 20-40 mm Hg
- Risk of death increases
 - < 15 mm Hg for 30 minutes</p>
 - < 10 mm Hg for 10 minutes
- PbtO2 < 5 mm Hg
 - high mortality
- PbtO2 ≤ 2mm Hg neuronal death

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Critical Thinking Algorithms Severe Brain Injury Population



Revised 2017

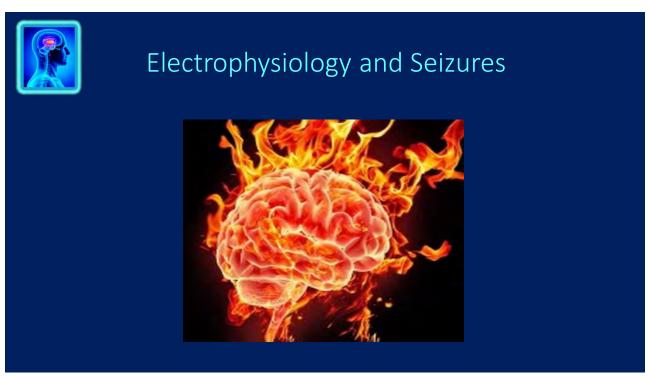


Critical Thinking Algorithm Aneurysmal Subarachnoid Hemorrhage

Changes in PbtO2 (< 20 mm Hg or dramatic decrease in > 10 mm) or CBF (< 20)				
ICP > 20 mm Hg	Pulmonary	Cardiac/Hemodynamic	Vasospasm	
-Drain CSF -Assess PaCO2 and optimize (no lower than 35 mm Hg) -Assess MAP -Assess SVV to determine need for fluids -Evaluate sedation -Consider Mannitol or Hypertonic Saline -Notify Neurosurgeon -CT scan if unable to control ICP	-Assess lung sounds -Check ventilator settings -Check ABG -Check Chest X-ray -Assess sedation levels -Consult with RT/MD on optimal ventilator settings -Assess fluid status	- Assess hemodynamics SVV, SV, CO, CI, SVR -Assess for pulmonary edema; if present consider Lasix -Assess 12 Lead ECG for ST changes -Consider echo to determine if low EF -If SV decreased &/or low EF, consider dobutamine	-Assess clinical exam for new onset or worsening signs: LOC, motor weakness, &/or language -Assess decrease in sodium (drop 8-10) -Assess TCD trends \(Mean Velocities of each artery & Lindegaard Ratio Right and Left sides \) -Obtain stat TCD -Notify Neurosurgeon immediately with changes -If velocities increase, consider increasing MAP and/or interventional	

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Electrophysiology

- Monitoring for seizure activity
- Continuous EEG (detecting non-convulsive status)





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Seizure Criteria

Modified Young Criteria (Chong and Hirsch)

- Duration >10 seconds
- Either:
 - Repeating epileptiform discharges at >3Hz or
 - Clinical correlate + one of:
 - Rhythmic slowing >1Hz with evolution in frequency (change >1Hz), location, or morphology and involving at least 2 electrodes
 - Repeating epileptiform discharges <3 Hz + secondary criterion

Secondary criterion

 CLINICAL improvement or newly appearing NORMAL background linked to administration of an AED.



Indications for EEG in Critically III Patients

Standard 30 minute EEG

- Diagnosis of Nonconvulsive Seizures, NCSE & other paroxysmal events
- Assessment of Severity of Encephalopathy and Prognostication

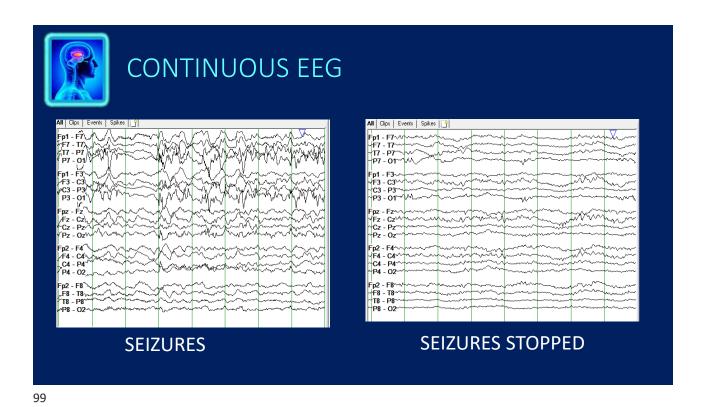
Continuous EEG monitoring

- Clinical paroxysmal events suspected to be seizures
- Assessment of Efficacy of Therapy for Seizures and SE
- Epileptiform abnormalities on 30 minute EEG
- Monitoring of Sedation and High-Dose Suppressive Therapy
- Identification of cerebral ischemia in patients at high risk

Modified from: Herman et al. J Clin Neurophysiol 2015;32: 87–95)

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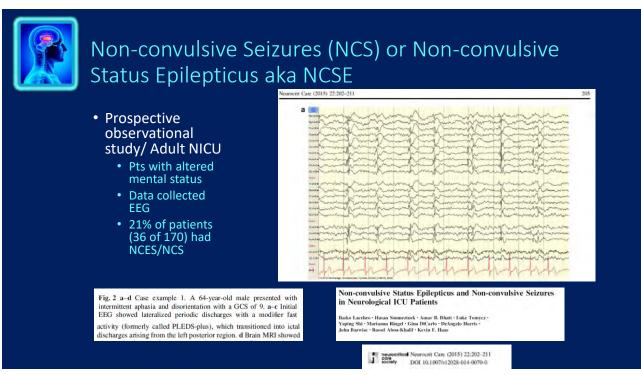
CONTINUOUS EEG A A BURST SUPPRESION BURST SUPPRESION

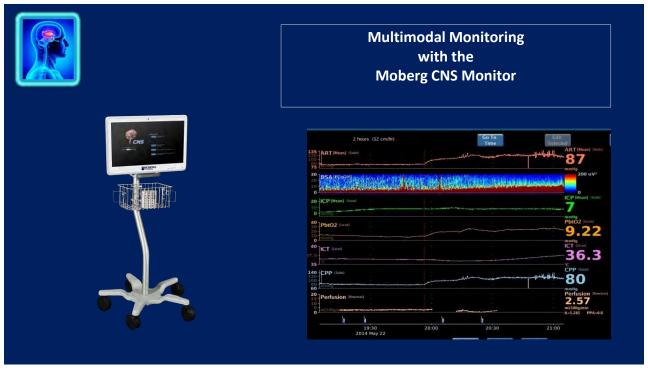


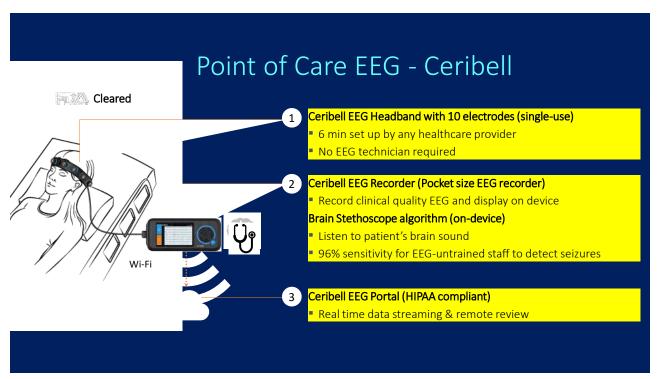


Non-convulsive Seizures (NCS) or Non-convulsive Status Epilepticus aka NCSE

- Reported to occur in 8-20% of critically ill patient populations
- Delayed diagnosis may lead to increased mortality
- 90% of recorded seizures are non-convulsive in the population for patients who have
 - Altered mental status
 - Obtunded

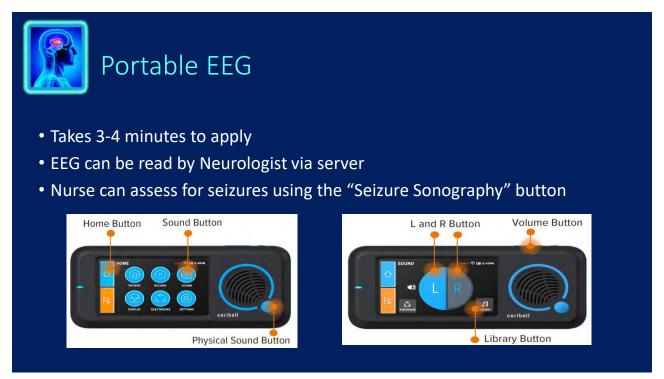




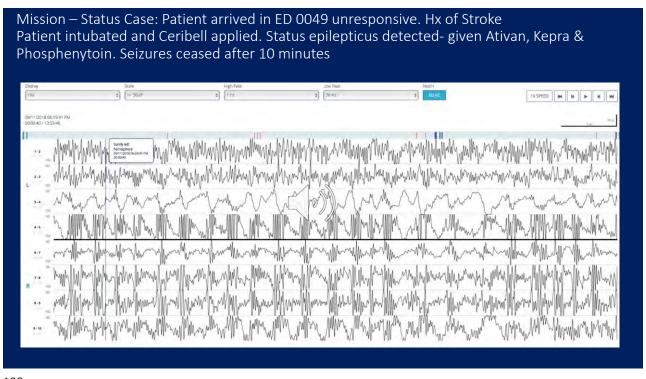












Seizures detected overnight after subdural hematoma



SICU, during weeknight afterhours with conventional EEG available during regular hours



87 year-old female with no seizure history suffered head trauma after falling on concrete. She was diagnosed with an acute chronic subdural hematoma. She was admitted to the Surgical ICU. During the night, the patient was confused – asking repeated questions, having waxing/waning aphasia, and unaware of where she was. Head CT showed no significant interval change.

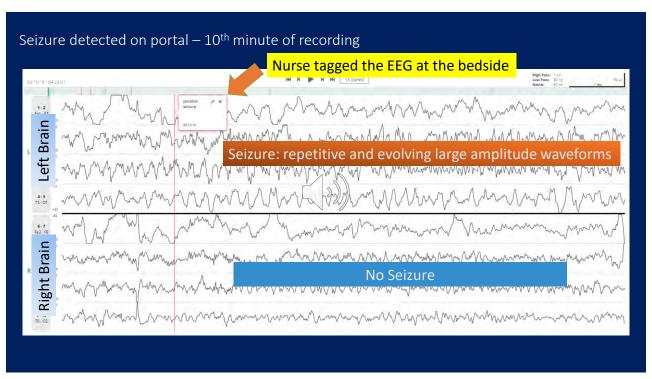


Ceribell was placed on the patient at midnight in the SICU and the recording continued for 6 hours. Brain Stethoscope was utilized several times on the left and right, which revealed abnormal EEG and suggested seizure. These findings enabled the ICU staff to request a priority review of the EEG by the neurologist, who noted several instances of seizure on the EEG portal.

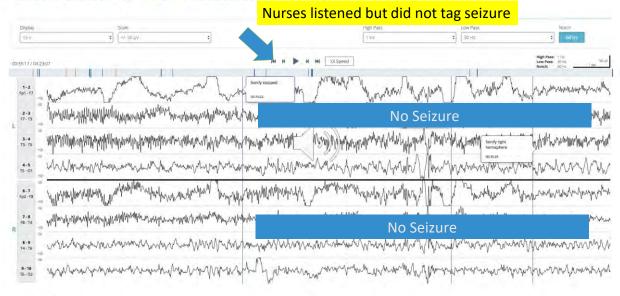
IMPACT

The neurologist prescribed Keppra, after which the seizures abated. The patient was transferred to the floor the next day, and subsequently discharged from the hospital.

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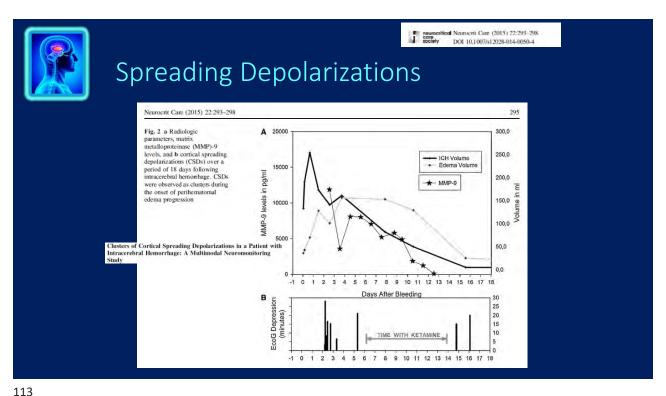


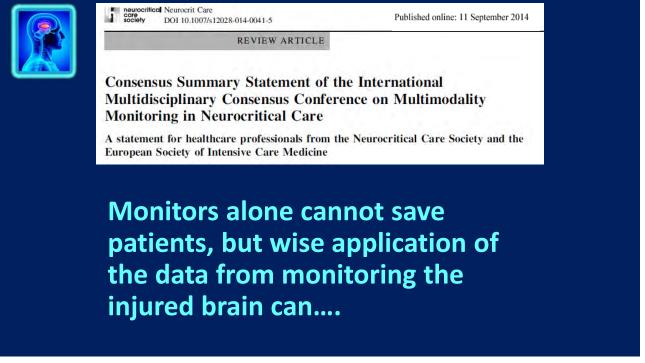


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- 9) Oddo M, Bosel J, & The Participants in the International Multidisciplinary Consensus Conference on Multimodality Monitoring. (2014). Monitoring of brain and systemic oxygenation in neurocritical care. Neurocritical Care. Doi 10.1007/s12028-014-0024-6.

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