

# PARTNER PROFILE

## HIV, OBESITY, AND HYPERTENSION PROGRAM

### PROGRAM STAFF

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## CORKTOWN HEALTH CENTER

In partnership with a local supermarket, Corktown developed a Monthly Food Box Initiative to deliver a box of fresh fruits and vegetables to their clients' doors at the end of each month.



# Wednesday Walkers

Every Wednesday 12noon- 1:00pm



RAIN or SHINE!



Meet at:

Corktown Health Center  
1726 Howard St - Detroit, MI

For more info: 313.832.3300 Ext 216

**REGION:** Detroit

**FOCUS:** Obesity and hypertension among people living with HIV (PLWH)

## PROGRAM DESCRIPTION

Food insecurity has been associated with increased behavioral risk of HIV transmission, reduced access to HIV treatment and care, decreased ART adherence, and poorer clinical outcomes. Canned and highly processed foods found at dollar and corner stores (located in lower-income neighborhoods) often contain high amounts of sodium, sugar, and other compounds that lead to chronic diseases like hypertension and obesity.

People living with HIV who also have hypertension and/or obesity living in food deserts and swamps need higher quality food choices in order to address nutrient deficiencies and to meet their healthy lifestyle goals.

