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# PARTNER PROFILE

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HIV, Obesity, and Hypertension Program

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## PROGRAM STAFF

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## HENRY FORD HEALTH SYSTEM

Henry Ford Health System screens all eligible adults between the ages of 18 and 85 for overweight or obesity, and hypertension. People living with HIV (PLWH) who are interested in participating will be referred to healthy eating and physical activity interventions.



## PROGRAM DESCRIPTION

Henry Ford Health System (HFHS), Division of Infectious Diseases includes an HIV/AIDS program that provides care services to 1,200 people living with HIV (PLWH). As a Detroit-based health care center, HFHS routinely screens and identifies PLWH who are overweight or obese or have hypertension. Then, refer them to physical activity or nutrition interventions, as needed. Program participants are assessed to determine whether health outcomes improve as a result of the interventions.

Henry Ford Health System provides program participants with health coaching, blood pressure self-monitoring, and referrals to existing programs and resources within the Detroit community.

Resources include walking clubs and chronic disease self-management programs. More recently, Henry Ford Health System has been providing services like virtual health coaching.

**REGION:** Detroit

**FOCUS:** Obesity and hypertension among people living with HIV (PLWH)

### HOH FIELD DAY 2020

**SEPT 18, 2020 10AM-2PM**  
**CORKTOWN HEALTH CENTER**  
 1726 HOWARD SREET, DETROIT MI 48216

Join us for field games, fun activities, and health education presentations!  
 Hula hoop, jump rope, yoga, four square, hopscotch and more!

Refreshments and transportation will be provided  
 Sponsored by Gilead, Viiv Healthcare, and Janssen Pharmaceuticals

For more information contact:  
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