



Learning Session #2
Best Practices for Hypertension Detection, Control, and Management

September 20, 2024
1pm – 2pm

Call Agenda

- Welcome

- Housekeeping

- Learning Session-Level Set

- Panel Discussion

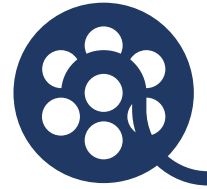
- Close-Out & Next Steps

Housekeeping



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We
encourage
you to
submit
questions
and
comments at
any time via
Teams chat.

Disclaimer

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Learning Session – Level Set



**HEALTH SYSTEMS
INTERVENTIONS**



TEAM BASED CARE



**COMMUNITY CLINICAL
LINKAGES**

Panel Discussion

- **American Heart Association**
 - Mallory Applewhite, Community Impact Vice President, American Heart Association
 - Spring Quiñones, Community Impact Director, American Heart Association
- **Western Wayne Family Health Centers**
 - Anum Chaudhry, Quality Director, Western Wayne Family Health Centers
- **Authority Health**
 - Prashanti Boinapally, Director of Programs and Quality, Authority Health





American
Heart
Association®

Target: BPTM

National Quality Improvement Initiative

Target: BP™

- National initiative formed by AHA and AMA
- **NO COST**
- Improve BP control through evidence-based protocols
 - MAP Framework
 - Self-Measurement (SMBP)
 - Equitable Health Outcomes



Pillars of Evidence-Based Activities

Target: BP Pillars of Evidence-Based Activities

M

Measure
Accurately

A

Act
Rapidly

P

Partner with
Patients

SMBP

Self-Measured
Blood Pressure

EHO

Equitable Health
Outcomes

The M.A.P. Framework is the Foundation for Target: BP



MEASURE blood pressure accurately, every time.

Accurate measurement and recording of BP is essential to categorize level of BP, ascertain BP-related CVD risk, and guide management of high BP.

Measure Accurately



ACT rapidly to address high blood pressure readings.

Take rapid action and follow treatment protocols to bring BP under control.

Act Rapidly



PARTNER with patients, families, and communities to promote self-management and monitor progress.

Improve adherence to treatment and lifestyle changes through collaborative communication and follow-up visits.

Partner With Patients

SMBP & EHO

Pillar 4: Self-Measured Blood Pressure



Adopt a policy to prepare patients for SMBP



Monitor care team adherence to policy



Train patients in measurement technique and device use



Establish a measurement schedule



Receive and average readings to inform diagnosis and treatment decision



Use SMBP with 30 or 10% of patients with hypertension*

Pillar 5: Equitable Health Outcomes



Adopt a policy to gather R/E data



Adopt a policy to gather SDOH



Train care team to gather data per policy



Monitor care team adherence to policy(s)



Stratify BP control rate data by 2 sub-groups



Examine data for gaps and take action

Recognition Opportunity

Levels of achievement

Practices are recognized for attaining various levels of achievement.



Submit data and report $\geq 70\%$ BP control among patients served with hypertension and attest to at least 4 of 6 evidence-based criteria in the Measure Accurately Pillar, the Act Rapidly Pillar, and one additional Pillar.



Submit data and report $\geq 70\%$ BP control among patients served with hypertension.



Submit data and attest to at least 4 of 6 evidence-based criteria in the Measure Accurately Pillar, the Act Rapidly Pillar and one additional Pillar.



Submit data and attest to at least 4 of 6 evidence-based practices in the Measure Accurately Pillar.



Submit data for the first-time and commit to reducing the number of adult patients with uncontrolled BP.

[Learn more about the evidence-based activities](#)



American
Heart
Association®

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Thank You

Close-Out & Next Steps

- Next Learning Session will be held January 15, 2025
 - Topic: Cross-Sector Strategies for Improving Patient and Person-Centered Care
 - Registration link will be provided in follow-up email and on webpage
 - If you or someone in your network would be interested in being a presenter, please contact Casey Corches – at MDHHS-MICHLearningCollab@michigan.gov
- Let us know what you thought about today's session!



Not what I
expected



Great
session!

- Hypertension Guidelines

- [Summary CPSTF Findings Table for Heart Disease and Stroke Prevention | The Community Guide](#)
- [2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines | Hypertension \(ahajournals.org\)](#)

- Health Systems Interventions

- [Hypertension Control Change Package | Million Hearts® \(hhs.gov\)](#)
- [Hypertension in Pregnancy Change Package \(hhs.gov\)](#)
- [Target:BP \(targetbp.org\)](#)

- Team-Based Care

- [Team-Based Care to Improve Blood Pressure Control | High Blood Pressure | CDC](#)

- Community-Clinical Linkages

- [Community-Clinical Linkages for the Prevention and Control of Chronic Diseases: A Practitioner's Guide | CDC](#)
- [Community-Clinical Linkages: Implementing an Operational Structure with a Health Equity Lens | CDC](#)



For additional questions about MICH Learning Sessions, contact:

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