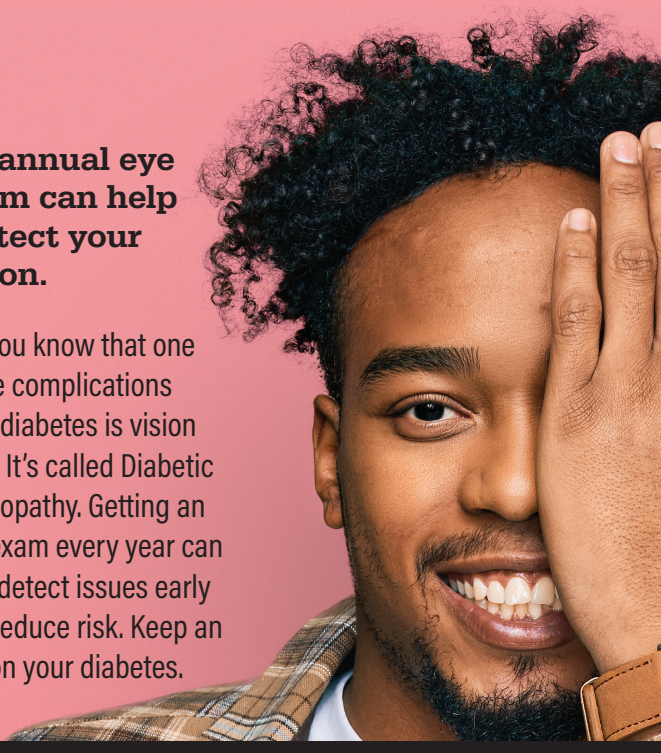
WITH DIABETES,

THERE'S MORE

THAN MEETS

THE EYE.



An annual eye exam can help protect your vision.

Did you know that one of the complications from diabetes is vision loss? It's called Diabetic Retinopathy. Getting an eye exam every year can help detect issues early and reduce risk. Keep an eye on your diabetes.

Learn more about managing diabetes at **Michigan.gov/Diabetes**.

MDHHS
Michigan Department of Health & Human Services

Is it time for your annual diabetes health checks?

Review this list with your health care provider today:

- ❑ A1c test
- ❑ Diabetic eye exam
- ❑ Kidney health tests (urine and blood tests)
- ❑ Annual physical (including blood pressure check and cholesterol labs)
- ❑ Dental exam
- ❑ Hearing check
- ❑ Foot exam
- ❑ Recommended vaccines
- ❑ Discuss options for diabetes technology
- ❑ Review medications
- ❑ Diabetes training (DSMES) with a Diabetes Care and Education Specialist

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