

MDHHS Tobacco Program

Tobacco Use Reduction in People Living with HIV Project – Suggested Resources

Title or Topic	Source	Link
MDHHS Tobacco Program Website	Michigan Department of Health and Human Services, Tobacco Section	https://www.michigan.gov/tobacco
MDHHS Tobacco Use Reduction in People Living with HIV (PLWH) Project	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/tobacco/reducing-tobacco-use-in-people-living-with-hiv
Michigan Medicaid Tobacco Cessation Benefits guide	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/-/media/Project/Websites/mdhhs/Keeping-Michigan-Healthy/Chronic-Disease/Tobacco/Michigan Medicaid Tobacco Cessation Benefits.pdf
Quit Tobacco Tools & Resources	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/tobacco/how-to-quit-tobacco
Tobacco Cessation Tools for Health Professionals	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/tobacco/how-to-quit-tobacco
What is the Michigan Tobacco Quitline? <i>(information sheet)</i>	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/-/media/Project/Websites/mdhhs/Keeping-Michigan-Healthy/Chronic-Disease/Tobacco/What Is the Michigan Tobacco Quitline.pdf
Michigan Tobacco Quitline <i>(for consumers)</i>	Michigan Department of Health and Human Services, Tobacco Section	https://michigan.quitlogix.org/en-US/
Michigan Tobacco Quitline Resources for Health Care Professionals <i>(for providers)</i>	Michigan Department of Health and Human Services, Tobacco Section	https://michigan.quitlogix.org/en-US/Just-Looking/Health-Professional
Michigan Tobacco Quitline: How to Refer Patients <i>(for providers)</i>	Michigan Department of Health and Human Services, Tobacco Section	https://michigan.quitlogix.org/en-US/Just-Looking/Health-Professional/How-to-Refer-Patients
Michigan Tobacco Quitline: Who Uses the Quitline <i>(quarterly call data)</i>	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/tobacco/michigan-tobacco-quitline-call-reports

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MDHHS E-Cigarettes Website	Michigan Department of Health and Human Services, Tobacco Section	www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/tobacco/e-cigarettes
Michigan Drug Assistance Program (MIDAP) Formulary: Covered Tobacco Cessation Medications (<i>choose MIDAP Formulary, then CNS, then Smoking Cessation</i>)	Michigan Department of Health and Human Services, HIV Care and Prevention Section	www.sgrxhealth.com/resources/
About the Ryan White HIV/AIDS Program	U.S. Department of Health and Human Services, Health Resources and Services Administration	www.hab.hrsa.gov/about-ryan-white-hiv-aids-program/about-ryan-white-hiv-aids-program
U.S. Surgeon General Priorities: Tobacco	U.S. Department of Health & Human Services	www.hhs.gov/surgeongeneral/priorities/tobacco/index.html
Health Effects of Secondhand Smoke	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/data_statistics/fact_sheets/secondhand_smoke/health_effects/index.htm
Smoking and Tobacco Use	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/
Smoking and Tobacco Use: Data and Statistics	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/data_statistics/index.htm
Cessation Materials for State Tobacco Control Programs	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/quit_smoking/cessation/index.htm
Smoking and Tobacco Use: State and Community Resources	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/stateandcommunity/index.htm
Smoking and tobacco Use: Extinguishing the Tobacco Epidemic in Michigan	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/about/osh/state-fact-sheets/michigan/
Tips from Former Smokers	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/campaign/tips/?s_cid=osh-stu-home-spotlight-005
Tips from Former Smokers: Diseases/ Conditions Featured in the Campaign: Smoking and HIV	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/campaign/tips/diseases/smoking-and-hiv.html
Tip from Former Smokers: Real Stories (PLWH): Brian’s Story	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/campaign/tips/stories/brian.html
Tips from Former Smokers: I’m Ready to Quit!	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/campaign/tips/quit-smoking/quitting-resources.html

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Tips from Former Smokers: How to Quit Smoking	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/campaign/tips/quit-smoking/index.html?s_cid=OSH_tips_D9385
Smoking and Tobacco Use: Electronic Cigarettes	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm
Smoking and Tobacco Use: Outbreak of Lung Injury Associated with E-Cigarette Use, or Vaping	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html
Smoking and Tobacco Use: Electronic Cigarettes Resources and Publications	Centers for Disease Control and Prevention	www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease/resources/index.html
Tobacco and Your Health	U.S. Department of Veterans Affairs, Veterans Health Administration	www.veteranshealthlibrary.org/HealthyLiving/TobaccoFree/Health/142%2CTOBACKOblurb_VA
HIV and Tobacco Use	U.S. Department of Veterans Affairs, Veterans Health Administration	www.mentalhealth.va.gov/quit-tobacco/docs/HIVandTobaccoUse.pdf
Tobacco and Health: Patient Medication Guides	U.S. Department of Veterans Affairs, Veterans Health Administration	www.mentalhealth.va.gov/quit-tobacco/learn-more.asp
My Smoking Cessation Workbook HIV (<i>for patients</i>)	U.S. Department of Veterans Affairs, Veterans Health Administration	www.mentalhealth.va.gov/quit-tobacco/docs/IB_10-433-My_Smoking_Cessation_Workbook.pdf
HIV Provider Smoking Cessation Handbook	U.S. Department of Veterans Affairs, Veterans Health Administration	www.mentalhealth.va.gov/quit-tobacco/docs/IB_10-432-HIV_Provider_Smoking_Cessation_Handbook.pdf#
Treating Tobacco Use and Dependence: Quick reference guide for clinicians	Agency for Healthcare Research and Quality	www.ahrq.gov/prevention/guidelines/tobacco/clinicians/references/quickref/index.html
Conversations for Change: The 5As and Tobacco Cessation (<i>video series</i>)	University of Colorado School of Medicine	www.bhwellness.org/resources/videos/conversations-for-change-series
Hospital-Based Cessation – The 5As (<i>YouTube video, 2:15</i>)	QuitNowCa	www.youtube.com/watch?v=Ky5P9n40eh0
Demonstration of the 5As – Ask, Advise, Assess, Assist, Arrange (<i>YouTube video, 3:10</i>)	QuitNowCa	www.youtube.com/watch?v=yzWfgjXsgr4

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Still Blowing Smoke Website	California Department of Public Health	https://stillblowingsmoke.org/
HIV and Smoking: It's Time to Live (<i>patient booklet</i>)	New York State Department of Health - AIDS Institute	www.health.ny.gov/publications/9533.pdf
HIV Medical Specialist Urges People Living with HIV to Quit (<i>YouTube video with HIV medical specialist, 2:48</i>)	Oregon Public Health Division	www.youtube.com/watch?v=I69qPISqu-8
Quitting Tobacco Helps People Living with HIV Focus on the Future (<i>testimonial YouTube video with PLWH, 2:27</i>)	Oregon Public Health Division	www.youtube.com/watch?v=3ZjmzTG3Up0
Have HIV? Struggling to Quit Tobacco? (<i>testimonial YouTube video with PLWH, 3:08</i>)	Oregon Public Health Division	www.youtube.com/watch?v=m6mmMK8OrbY
HIV, Pregnancy and Tobacco Use (<i>YouTube video, 3:47</i>)	Saskatchewan Prevention Institute	www.youtube.com/watch?v=8Md47X4LoBk
Living Healthy: HIV & Smoking (<i>patient pamphlet</i>)	ETR Associates	www.etr.org/store/product/hiv-smoking/
HIV & Tobacco Use: Pharmacologic and Behavioral Methods to Help Your Patients Quit (<i>for providers</i>)	Mountain Plains AIDS Education and Training Center	www.mwaetc.org/sites/default/files/2018-02/HIV%20and%20Tobacco%20Use_2014.pdf
Tobacco Use and Readiness to Quit Smoking in Low-Income HIV-Infected Persons	Burkhalter JE, Springer CM, Chhabra R, Ostroff JS, Rapkin BD. Nicotine Tob Res. 2005 Aug; 7(4):511-512)	www.ncbi.nlm.nih.gov/pubmed/16085522
Where to Get Helpful Tobacco-Prevention Materials	Campaign for Tobacco-Free Kids	www.tobaccofreekids.org/assets/factsheets/0159.pdf
Shop Tobacco-Free: Find Stores That Don't Sell Tobacco Products (<i>search by ZIP code or by city & state</i>)	Campaign for Tobacco-Free Kids	https://shoptobaccofree.org/