

**Employer Resources  
Quit Smoking Program Contractors**

*This list is not exclusive. There are many contractors in Michigan and throughout the country that may be able to provide services to your organization. This list serves as a starting point to research service, cost and program content.*

**On-site Classes**

**American Cancer Society  
Great Lakes Division, Inc.  
1755 Abbey Road  
East Lansing, MI 48823  
517-332-2222**

**<http://www.acsworkplacesolutions.com/>**

**American Institute for Preventive Medicine  
30445 Northwestern Highway, Suite 350  
Farmington Hills, MI 48334  
800-345-2476**

**[www.healthylife.com](http://www.healthylife.com)**

**American Lung Association  
Freedom from Smoking  
25900 Greenfield Road  
Oak Park, MI 48237  
800-543-5864**

**[www.alam.org](http://www.alam.org)**

**Mayo Clinic  
200 First Street SW  
Rochester, MN 55905  
800-344-5984**

**[www.mayoclinic.org](http://www.mayoclinic.org)**

## **Telephone Counseling Contractors**

**Ceridian LifeWorks**  
3020 Denmark Avenue  
Eagan, MN 55121-2271  
1-800-729-7655  
[www.ceridian.com](http://www.ceridian.com)

**HealthyRoads**  
P.O. Box 509040  
San Diego, CA 92150-9040  
1-877-330-2746  
[www.healthyroads.com](http://www.healthyroads.com)

**Free & Clear**  
999 3rd Avenue  
Seattle, WA 98104-1139  
(206) 876-2100  
[www.freeclear.com](http://www.freeclear.com)

**Mayo Clinic**  
Nicotine Dependence Center  
200 First Street, S.W.  
Rochester, MN 55905  
1-888-823-2633  
[www.mayoclinic.org/ndc](http://www.mayoclinic.org/ndc)

**National Jewish Medical and Research Center**  
1400 Jackson Street  
Denver, Colorado 80206  
1-800-570-5864  
[www.quitline.nationaljewish.org](http://www.quitline.nationaljewish.org)

## **Web-based Counseling**

**American Lung Association**  
Freedom from Smoking  
25900 Greenfield Road  
Oak Park, MI 48237  
800-543-5864  
[www.alam.org](http://www.alam.org)

**Health Media, Inc.**  
130 South First Street  
Ann Arbor, MI 48104  
734-623-0000  
[www.healthmedia.com](http://www.healthmedia.com)

**Quitnet**  
441 Stuart Street  
7<sup>th</sup> Floor  
Boston, MA 02116  
617-437-1500  
[www.quitnet.com](http://www.quitnet.com)

**Become An Ex**  
American Legacy Foundation  
1724 Massachusetts Ave, NW  
Washington, DC 20036  
202-454-5555  
<http://www.becomeanex.org/>

**Printed Materials for Purchase**

**Health Edco**  
P.O. Box 21207  
Waco, TX 76702-1207  
1-800-299-3366, ext. 295  
[www.healthedco.com](http://www.healthedco.com)

**ETR Associates**  
4 Carbonero Way  
Scotts Valley, CA 95066-4200  
1-800-321-4407  
<http://www.etr.org/>

**Applied Behavior Science Press**  
261 East 12<sup>th</sup> Avenue  
Suite 210  
Eugene, Oregon 97401  
888-345-8744  
[www.appliedbehaviorscience.com](http://www.appliedbehaviorscience.com)

**Journeyworks Publishing**  
P.O. Box 8466  
Santa Cruz, CA 95061  
1-800-775-1998  
[www.journeyworks.com](http://www.journeyworks.com)