

Michigan Rapid Start ART

MiSTART

What is MiStart?

MiStart is Michigan's implementation of Rapid Start Antiretroviral Therapy (ART).

The goals of MiStart include:

- Antiretroviral (ARV) initiation within seven days.
- Linkage to care within 30 days.
- Increased provider awareness.

MiStart Eligibility

MiStart can benefit individuals with:

- A recent HIV diagnosis.
- High clinical suspicion of acute HIV.
- A reactive rapid HIV result.
- A known HIV diagnosis re-engaging into care.

Alternative care options other than MiStart can benefit individuals with:

- A complex or unknown ART history.
- Untreated opportunistic infections.
- A reactive rapid test and low probability of HIV.

Importance and Health Outcomes of MiStart



**ACTIONABLE
STEPS**



**INCREASE IN
SELF-EFFICACY**



**PATH TO VIRAL
SUPPRESSION**



**REDUCE LIKELIHOOD OF
VIRUS PROGRESSION**



**IMPROVE HEALTH
OUTCOMES**

Resources We Can Offer

- Provider education of treatment options and MiStart.
- Medication readiness assessment.
- HIV Care assessment.

Medication Provision

- Same-day ART initiation preferred.
- ART initiation within seven days.
- Schedule initiation appointment, if needed.

Prioritize Linkage to Care

- Sample starter packs available throughout Michigan.
- Start ART, even if care will be with a different provider.
- Leverage warm handoffs.

Questions about MiStart?

Learn more about the MiStart program by scanning the QR code or visiting the website below.



CALL US

Reach out to staff in the Bureau of HIV and STI Programs for more information about MiStart.



517-335-0213



Michigan.gov/MiStart