

# PrEP, PEP and Doxy PEP 101

## HIV and STI Prevention Toolkit

	PrEP	PEP	Doxy PEP
What is it? What's it used for?	PrEP is a medication that is taken as prescribed to prevent HIV.	PEP is for emergency situations and is taken 24-72 hours after possible HIV exposure.	Doxy PEP is a strategy using doxycycline, an antibiotic, to help prevent chlamydia, gonorrhea and syphilis.
How does it work?	PrEP can stop HIV from entering and spreading in your body.	PEP can stop HIV from spreading in your body.	Doxy PEP can stop chlamydia, gonorrhea and syphilis from spreading in your body.
Who is it for?	People who are sexually active, weigh over 77 pounds, and could be exposed to HIV.	People who may have been recently exposed to HIV.	Gay, bisexual and other men who have sex with men and transgender women.
How do I take it?	PrEP can be taken daily by mouth in pill form or every other month by injection.	PEP must be taken within 72 hours of possible exposure to HIV and continued daily for 28 days.	Doxy PEP is taken as a single 200 mg dose of doxycycline within 72 hours after sex.
How effective is it?	PrEP is 99% effective at preventing HIV from sex when taken as prescribed.	PEP can reduce the chance of getting HIV by over 80% when taken as prescribed.	Doxy PEP can reduce the chance of getting chlamydia by 88%, and gonorrhea and syphilis by over 50% when taken as prescribed.

Need help with PrEP, PEP or doxy PEP? Please visit  
[Michigan.gov/MIPrEP](https://Michigan.gov/MIPrEP) or scan the QR code for more resources.

