

Doxy PEP

Doxycycline Post-Exposure Prophylaxis (Doxy PEP) Protocol

Overview

Doxy PEP is a strategy to reduce the incidence of bacterial sexually transmitted infections (STIs), specifically chlamydia, gonorrhea and syphilis. For more information, including Center for Disease Control and Prevention (CDC) recommendations, refer to [MDHHS's Doxy PEP Guidance](#).

Doxy PEP Protocol

Instructions	<p>Take 200 mg of doxycycline, which is typically two tablets, within 24 hours, but no later than 72 hours, after condomless oral, anal or vaginal sex that you think has a high likelihood of exposure to chlamydia, gonorrhea and/or syphilis.</p> <hr/> <p>Doxycycline can be taken as often as every day depending on the frequency of sexual activity, but you should not take more than 200 mg in a 24-hour period.</p> <hr/> <p>While on doxy PEP, you will need STI testing every three months.</p>
Note on STI Diagnosis	<p><i>If you are diagnosed with an STI while using doxy PEP, you will still need to be treated according to standard CDC STI Treatment Guidelines.</i></p>
Potential Side Effects	<ul style="list-style-type: none">• Sun sensitivity: wear sunscreen when outdoors.• Esophagitis: take medication with a full glass of water and remain upright for 30 minutes after taking medication.• Doxy PEP's impact on antibiotic resistance is still being studied.
Efficacy/ Evidence	<p>Among people taking PrEP for human immunodeficiency virus (HIV) prevention, doxy PEP reduced rates of syphilis by 87%, chlamydia by 88% and gonorrhea by 55%.</p> <hr/> <p>Among people with HIV, doxy PEP reduced rates of syphilis by 77%, chlamydia by 74%, and gonorrhea by 57%.</p> <hr/> <p>Doxy PEP does NOT prevent HIV, Mpox, human papillomavirus (HPV) or herpes simplex virus (HSV).</p>

[Learn more about doxy PEP in Michigan.](#)

Doxy PEP Medication Log

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