## Neonatal Abstinence Syndrome Michigan, 2010 – 2020

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Data source: Michigan Resident Live Birth Files Linked with Michigan Hospital Discharge Data,
Division for Vital Records and Health Statistics, MDHHS

May 2022

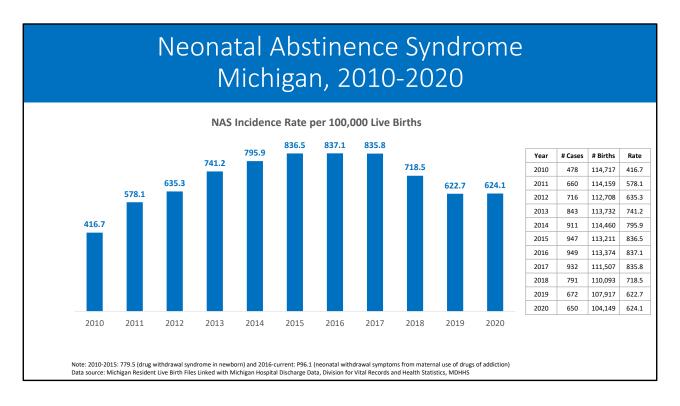
This presentation provides information about neonatal abstinence syndrome in the state of Michigan, 2010-2020

Data source: Michigan resident live birth files linked with Michigan hospital discharge data created by the Division for Vital Records and Health Statistics (04/26/22), Bureau of Epidemiology and Population Health, Michigan Department of Health and Human Services, using data from the Michigan Inpatient Database obtained with permission from the Michigan Health and Hospital Association Service Corporation (MHASC). All data analyses were conducted by the Michigan Department of Health and Human Services, Maternal and Child Health Epidemiology Section.

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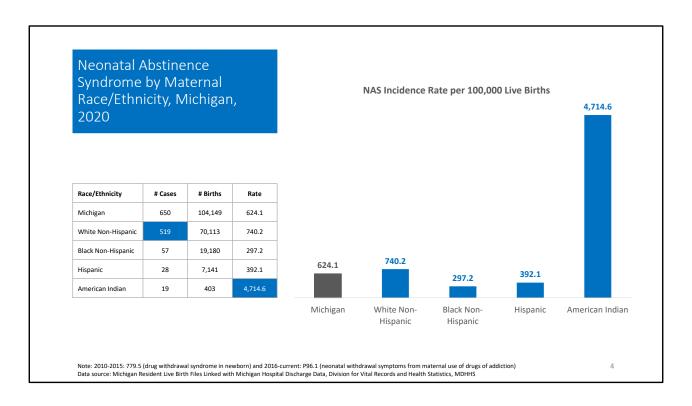
## About the Data

- 1. Cases of neonatal abstinence syndrome (NAS) in this presentation are identified by diagnosis code (ICD-9 779.5 or ICD-10 P96.1) from the Michigan Inpatient Database. If treatment for NAS is not, or can not, be billed, the diagnosis code may not be documented in the medical record. In these instances, cases of NAS will not be captured in the data. This is more likely to happen when infants receive non-pharmacological treatments.
- 2. Non-pharmacological interventions (i.e., decreased stimulation and increased calming techniques/Eat Sleep Console) of infants exhibiting NAS symptoms is growing. Given the variability in coding and/or billing, these cases of NAS may not be captured in the data. This shift may account for the recent decrease in NAS rates.
- 3. NAS symptoms may not occur until 5-7 days after birth. Unless re-admitted, infants discharged prior to the presentation of symptoms would not be captured in the data.
- 4. Nicotine, anti-anxiety and some depression medications can cause NAS-like symptoms.

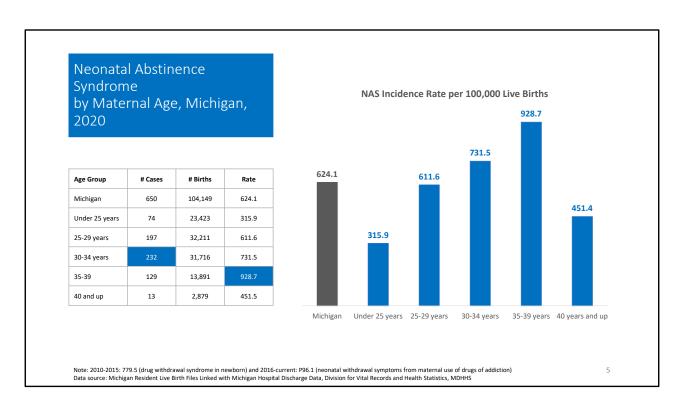


This slide shows the incidence of neonatal abstinence syndrome (NAS) within the state of Michigan from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of diagnosed NAS cases in Michigan increased from 2010 to 2016, peaking at 949 cases. Since 2016, the number and rate of diagnosed NAS cases has declined. In 2020, 650 infants were diagnosed with NAS.

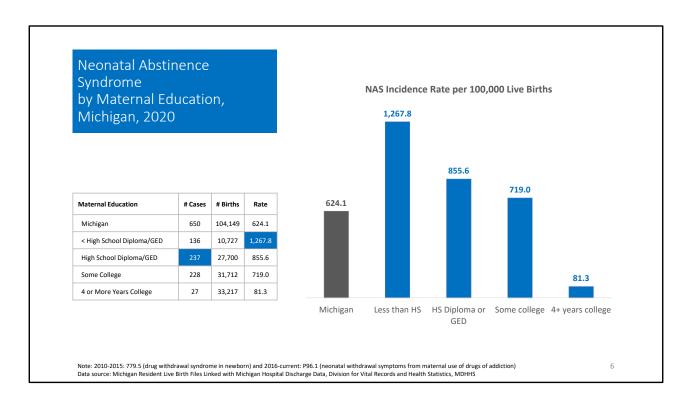


This slide shows the incidence of neonatal abstinence syndrome (NAS) by maternal race/ethnicity in 2020. The incidence of NAS differs by maternal race/ethnicity. The absolute number of NAS cases is highest among White Non-Hispanic mothers. The rate of NAS is significantly higher among American Indian mothers.

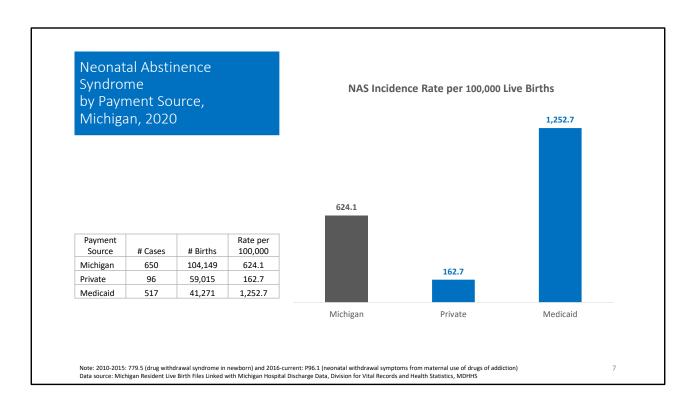


This slide shows the incidence of neonatal abstinence syndrome (NAS) by maternal age group in 2020. Generally, the rate of NAS cases increases as maternal age increases.

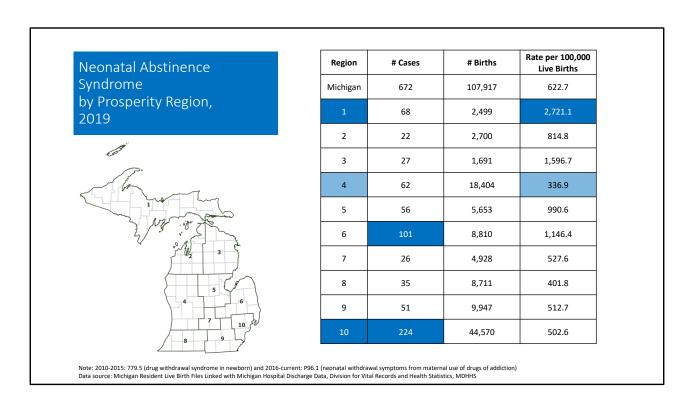
The absolute number of NAS cases is highest within the 30-34 age group, at 232 cases in 2020. On the other hand, the rate is highest among the 35-39 age group, at 928.7 cases per 100,000 live births.



This slide shows the incidence of neonatal abstinence syndrome (NAS) by maternal education in 2020. Overall, the rate of NAS decreases as education, represented here as a categorical variable, increases. The incidence rate is highest among women without a high school diploma or GED, at 1,267.8 cases per 100,000 live births. The rate of NAS is lowest among women who had four or more years of college, at 81.3 cases per 100,000 live births. The absolute number of cases is highest among women who had obtained a high school diploma or GED, and those who completed some college, at 237 and 228 cases, respectively.

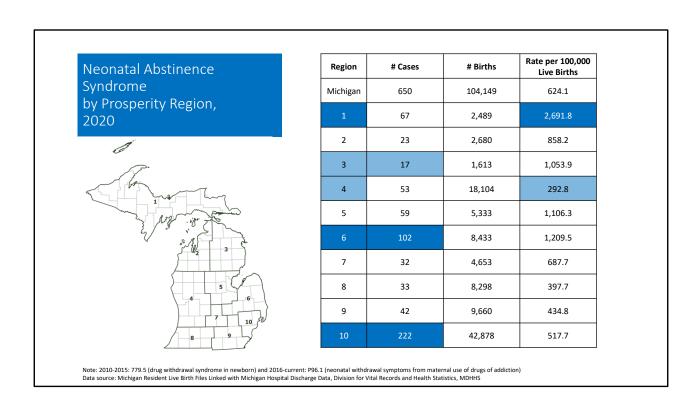


This slide shows the incidence of neonatal abstinence syndrome (NAS) by intended payment source in 2020. The number and rate of NAS cases is highest among women who intended to use Medicaid as a payment source at delivery, at 1,252.7 cases per 100,000 live births. This is twice the statewide rate, and more than seven times the rate among women intending to use private insurance as a payment source.



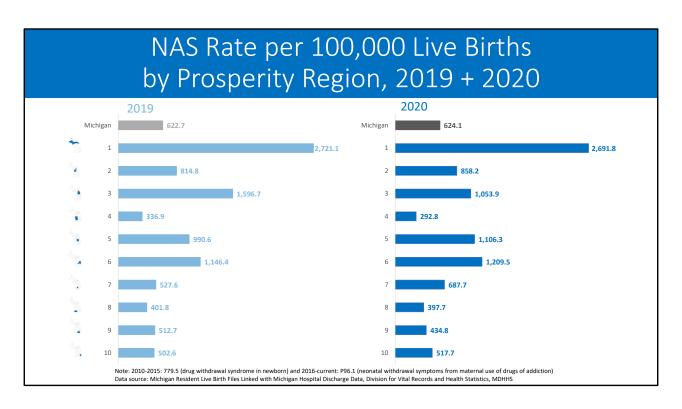
This slide shows the incidence of neonatal abstinence syndrome (NAS) by prosperity region in 2019. The burden of NAS differs by region, with Region 10 accounting for more than 1/3 of the cases statewide (N=224 cases). 15% of statewide cases are in Region 6 (N=101). Regions 2 and 3 account for the fewest number of absolute cases, at 22 and 27 cases, respectively.

The incidence rate is highest in Region 1, at 2,721.1 cases per 100,000 live births. The rate of cases is lowest in region 4, at 336.9 cases per 100,000 live births.

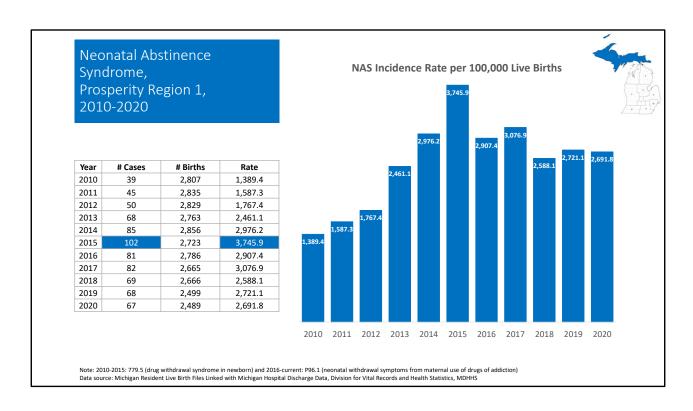


This slide shows the incidence of neonatal abstinence syndrome (NAS) by prosperity region in 2020. The burden of NAS differs by region, with Region 10 accounting for more than 1/3 of the cases statewide (N=222 cases). More than 15% of statewide cases are in Region 6 (N=102). Region 3 had the fewest absolute number of cases (N=17).

The incidence rate is highest in Region 1, at 2,691.8 cases per 100,000 live births. The rate of cases is lowest in region 4, at 292.8 cases per 100,000 live births.

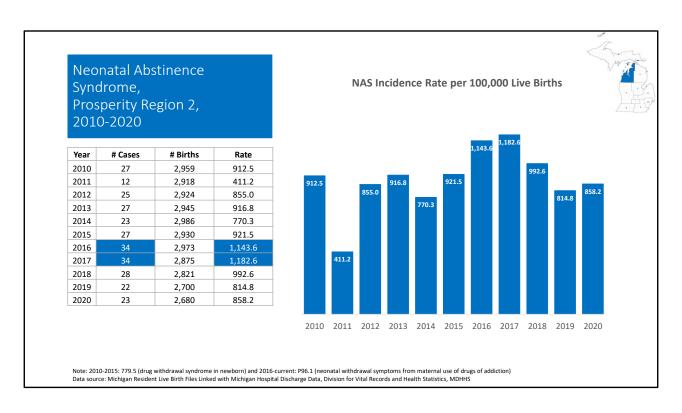


This slide shows compares the 2019 incidence of neonatal abstinence syndrome (NAS) by prosperity region with that in 2020.



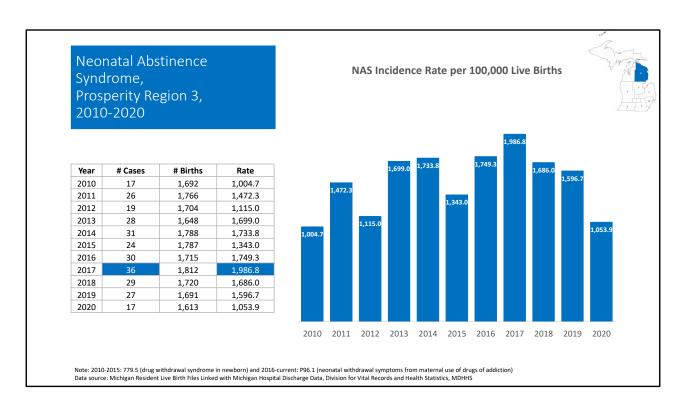
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 1 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of NAS cases increased from 2010 to 2015, peaking at 102 cases in 2015. The number and rate of diagnosed NAS cases in Region 1 has since declined. In 2020, 67 infants in Region 1 were diagnosed with NAS. The incidence rate was 2,691.8 cases per 100,000 live births.



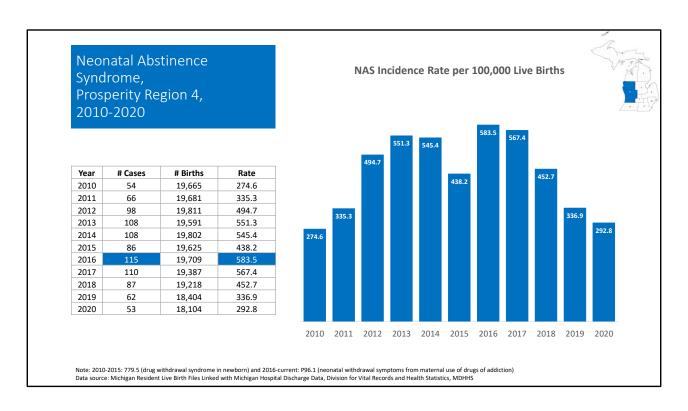
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 2 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of NAS cases in Region 2 has fluctuated from 2010 through 2015. Since 2016, the number and rate of diagnosed NAS cases has declined. In 2020, 23 infants were diagnosed with NAS. The incidence rate was 858.2 cases per 100,000 live births.



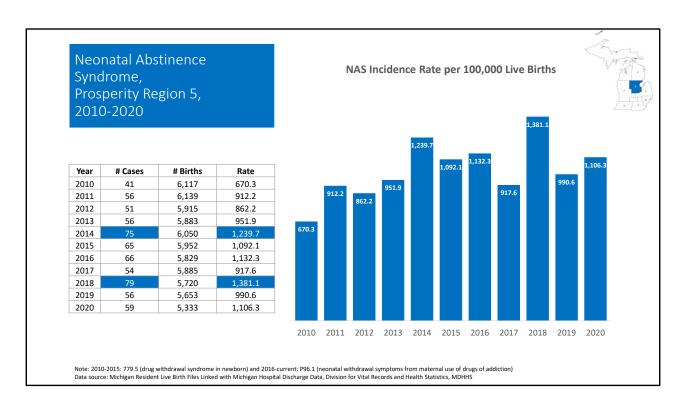
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 3 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of NAS cases in Region 3 has fluctuated during 2010-2016. The number of cases peaked in 2017, at 36 cases. Since 2017, the number and rate of diagnosed NAS cases in Region 3 has declined, most notably in 2020. In 2020, 17 infants were diagnosed with NAS. The incidence rate was 1,053.9 cases per 100,000 live births.



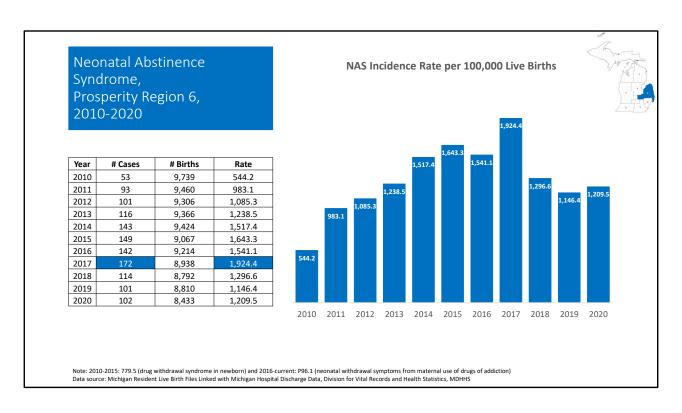
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 4 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The burden of NAS increased in Region 4 from 2010 through 2014. Since 2016, the number and rate of diagnosed NAS cases in Region 4 has declined, with the number of cases halved from 115 to 53. In 2020, The incidence rate was 292.8 cases per 100,000 live births.



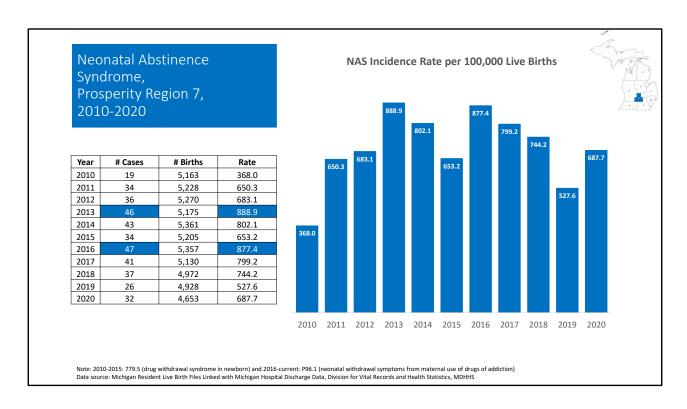
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 5 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of NAS cases in Region 5 increased from 2010 through 2014. Since 2015, the number and rate of diagnosed NAS cases in Region 5 has fluctuated. In 2020, 59 infants were diagnosed with NAS. The incidence rate was 1,106.3 cases per 100,000 live births.



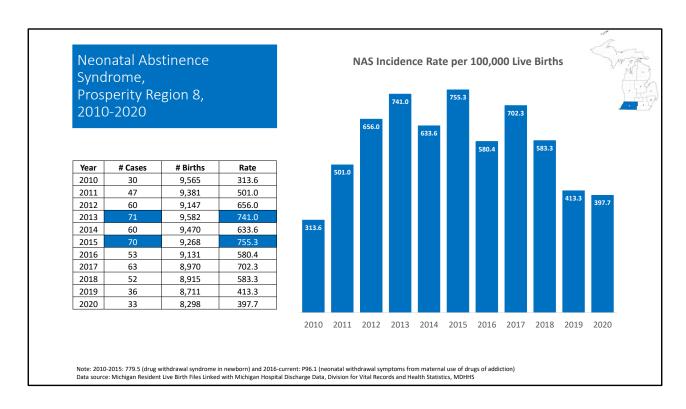
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 6 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of cases in Region 6 increased from 2010 through 2017, peaking at 172 cases. Although the rate has declined since 2017, it has been steady during 2018-2020. In 2020, there were 1,209.5 cases per 100,000 live births.



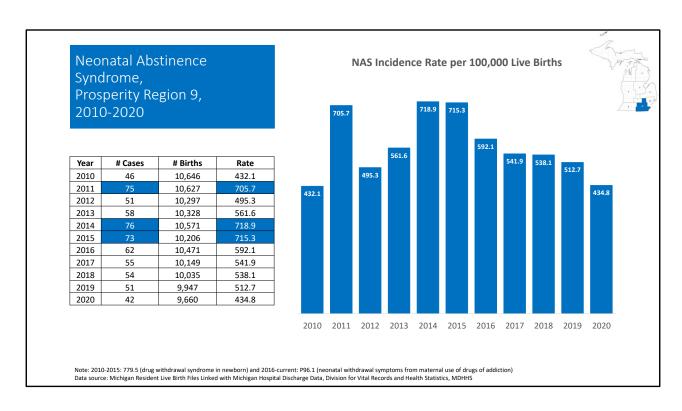
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 7 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The rate of NAS in Region 7 has fluctuated over the past decade. Since 2016, the number and rate of diagnosed NAS cases in Region 7 has decreased slightly. In 2020, 32 infants were diagnosed with NAS. The incidence rate was 687.7 cases per 100,000 live births.



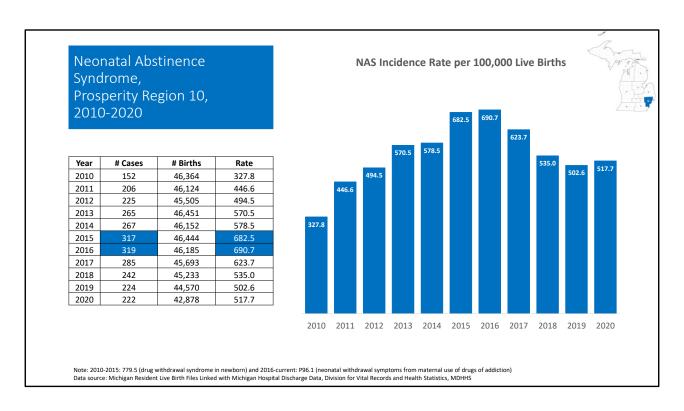
This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 8 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The number and rate of NAS in Region 8 increased from 2010 through 2015. Overall, the number and rate of diagnosed NAS cases in Region 8 has since decreased. In 2020, 33 infants were diagnosed with NAS. The incidence rate was 397.7 cases per 100,000 live births.



This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 9 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

Overall, the burden of NAS in Region 9 increased from 2010 through 2015. The number and rate of diagnosed NAS cases in Region 9 has since steadily declined. In 2020, 42 infants were diagnosed with NAS. The incidence rate was 434.8 cases per 100,000 live births.



This slide shows the incidence of neonatal abstinence syndrome (NAS) in Region 10 from 2010 through 2020. Infants with NAS were identified by any diagnosis of the International Classification of Diseases (ICD), Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of 779.5 (drug withdrawal syndrome in newborn) through September 2015 and Tenth Revision (ICD-10-CM) diagnosis code of P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction) starting in October 2015.

The burden of NAS in Region 10 increased from 2010 through 2016, peaking at over 300 cases in a single year. Since 2016, the number and rate of diagnosed NAS cases in Region 10 has declined. In 2020, 222 infants were diagnosed with NAS. The incidence rate was 517.7 cases per 100,000 live births.