



Electronic Directly Observed Therapy (eDOT) Resource Sheet



Michigan currently does not have any recommendations or guidelines for implementing an eDOT program; however, there are plenty of resources available from other states and the CDC. This sheet gives an overview of the resources and guidance available for implementing an eDOT program in your health department (HD). If you have resources that you would like to add to this sheet or questions, please email mcguirkh@michigan.gov. Text in blue are hyperlinks.

DOT/eDOT Background

Information for Patients: Using DOT with TB Treatment	This factsheet is useful for patients who are beginning TB treatment. It reviews why DOT is used for TB treatment, and what the patient should expect.
Information for Physicians: Using DOT with TB Treatment	This factsheet can be used for physicians and patients. It reviews why we use DOT, in terms of public health, and when DOT should be a priority.
Published Literature on eDOT	The Minnesota Department of Health shared a selection of published work on eDOT providing background on the implementation of DOT and eDOT in TB and related infectious diseases.

Guidelines & Recommendations

Guidelines for eDOT Program Protocols in California	Created by the California Tuberculosis Controllers Association, and the California Department of Public Health, these are statewide guidelines for the use of eDOT, and can be used as a template when creating your own guidelines.
Implementing an eDOT Program: A Toolkit for Tuberculosis Programs	Created by the CDC, his toolkit can guide those interested in implementing an eDOT program.
Legal Considerations Relevant to eDOT in Minnesota	The Network for Public Health Law created this factsheet in collaboration with the Minnesota Department of Health. Although developed with Minnesota in mind, this document can be a good starting point for investigating any legal ramifications of eDOT for your HD.
Practice Guidelines for vDOT	The Minnesota Department of Health created practice guidelines for the implementation of vDOT including eligibility criteria, roles and responsibilities, and practice protocols.
vDOT/eDOT Clinical Guidance	Created by the Colorado Department of Health, this guidance document was developed to ensure HDs are trained and given enough resources for vDOT/eDOT use.

Electronic Directly Observed Therapy (eDOT) Resource Sheet



Implementation

Technology Considerations for eDOT	This factsheet offers updated information about the different technological options for eDOT programs and applications.
vDOT/eDOT Clinical Protocol	Created by the Colorado Department of Health, this protocol provides HDs the process for medication administration using vDOT/eDOT. The protocol also has suggested templates and lists requirements for each program.
vDOT Instructional Video	Created by the Colorado Department of Health, this instructional video was made to train patients how to correctly take their medications using vDOT.
Washtenaw County vDOT Protocol	Michigan's Washtenaw and Wayne Counties would like to share their vDOT protocols, which can be used as templates when designing your own program.
Wayne County Procedure for Video Directly Observed Therapy	
Starting a vDOT Program	This factsheet, developed by the New York City Department of Health, was designed for other programs who are interested in starting their own vDOT program.

Templates

Consent to Participate in Live vDOT	
Consent to Participate in Store-and-Forward vDOT	Examples of consent and loaner agreement forms, created by the Minnesota Department of Health, that can be adapted at the local level. These links will automatically download Word documents.
Loaner Agreement for vDOT Device	

eDOT, electronic directly observed therapy; **iDOT**, internet directly observed therapy; **HD**, health department; **vDOT**, video directly observed therapy