

# ADVANCING HEALTHY BIRTHS

AN EQUITY PLAN FOR MICHIGAN FAMILIES & COMMUNITIES

## PRIORITY AREAS

ROOTED IN EQUITY



### Health Across The Reproductive Span

Optimal health before, between, and beyond pregnancies is crucial for pregnancy and postpartum outcomes.



### Full-Term, Healthy Weight Babies

Babies who are born full term and of a healthy weight have fewer health challenges as they develop and grow.



### Infants Safely Sleeping

Infants have specific sleep environment needs and meeting them decreases the number of preventable deaths.



### Mental, Behavioral Health, & Well-being

Focusing on overall health across all stages of life results in better outcomes for both birthing people and their infants.