

Resident Rights In Nursing Homes



MLTCOP

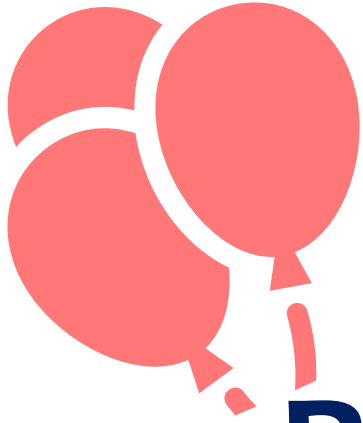
**MICHIGAN LONG TERM CARE
OMBUDSMAN PROGRAM**



**Nursing Home
Touchpoint**

October 10, 2024

Resident Rights



**Happy
Resident Rights
Month!**



Agenda



- How to talk about Resident Rights
- Resident Rights
- More Resident Rights

Resident Rights



- **The Right to Vote**

Resident Rights

Embracing Resident Rights

- Educate
- Empower
- Person-Directed
- Actively Listen
- Know Your Residents

Resident Rights

- *All residents have rights guaranteed to them under Federal and State laws and regulations. This regulation is intended to lay the foundation for the resident rights requirements in long-term care facilities. Each resident has the right to be treated with dignity and respect. All activities and interactions with residents by any staff, temporary agency staff or volunteers must focus on assisting the resident in maintaining and enhancing his or her self-esteem and self-worth and incorporating the resident's, goals, preferences, and choices. When providing care and services, staff must respect each resident's individuality, as well as honor and value their input.*

Resident Rights

- Activities
- Choices
- Communication
- Dignity and Respect
- Food
- Grievances
- Homelike
- Person-Centered
- Privacy
- Quality of Life



Resident Rights

Resident Rights

Let's Talk Nursing Home Resident Rights

The Michigan Long Term Care Ombudsman Program has created a tool to help start conversations about important nursing home topics. Each guide will focus on a different topic and has multiple uses. The guide can be used during resident council meetings or by staff at the nursing home to help empower and educate residents and staff.

ACTIVITIES

CHOICES

COMMUNICATION

DIGNITY AND RESPECT

FOOD

GRIEVANCES

HOMELIKE

PERSON-CENTERED

PRIVACY

QUALITY OF LIFE



Resident Rights

Contact Us | MEJI 



About Us

Contact Your Local Ombudsman

Abuse Prevention

Know Your Rights

Resources

Work With Us



Resources

Fact Sheets

Long Term Care Resources

Resident Councils

Quality of Life


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Resident Rights

F675 Quality of life

Quality of life is a fundamental principle that applies to all care and services provided to facility residents. Each resident must receive and the facility must provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being, consistent with the resident's comprehensive assessment and plan of care.

How to engage the residents at a Resident Council Meeting:

- ⇒ Give an example of what quality of life means to you. Or use the example given.
- ⇒ Ask any of the following questions to start a conversation:
 - Quality of life means something different to each person. What does it mean to you?
 - Think about what is important to you. What is one thing that would bring you some joy? (example: hot cup of coffee, privacy, warm shower, visit from your pet, being outside)
 - Do you feel like you have control over your own life? How could you take back some control?
 - Do you feel like you have self-worth and self-esteem? What does that mean to you?
- ⇒ Talk about how quality of life should be included in the residents' care plans.
- ⇒ Ask if there are any larger issues in the home that would affect quality of life for all residents and how the ombudsman can help.

Definition of Quality of Life

An individual's "sense of well-being, level of satisfaction with life and feeling of self-worth and self-esteem. For nursing home residents, this includes a basic sense of satisfaction with oneself, the environment, the care received, the accomplishments of desired goals, and control over one's life."

Quality of life example

- It is important to me that I wake up naturally. Please do not wake me up in the morning. After I wake up, I enjoy at least an hour of quiet and privacy with a hot cup of coffee with milk and a good book.
- I enjoy being outdoors daily. The fresh air and sounds of nature help my mental and physical health. Being outdoors daily helps me to stay positive throughout the day and sleep better at night.

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Questions?

Karrie Craig
Assistant State
Long Term Care Ombudsman
kcraig@meji.org