

Purpose, Objectives, and Disclosures

2023 Michigan Harm Reduction Summit

Pre-Conference Workshops May 16, 2023

Conference Day May 17, 2023

This activity offers maximum educational hours of:

Educational hours for May 16, 2023 Pre-Conference Workshops

3.75 contact hours for **NURSES**

3.75 clock hours for **SOCIAL WORKERS**

3.75 educational hours for **COMMUNITY HEALTH WORKERS**

3.75 contact hours for **CERTIFIED HEALTH EDUCATORS (CHES)**

3.75 hours of *AMA PRA Category 1 Credits™* for **PHYSICIANS**

3.75 contact hours for **ADDICTION PROFESSIONALS (MCBAP)**

3.75 educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

Educational hours for May 17, 2023 Conference Day

5.25 contact hours for **NURSES**

5.25 clock hours for **SOCIAL WORKERS**

5.25 educational hours for **COMMUNITY HEALTH WORKERS**

5.25 contact hours for **CERTIFIED HEALTH EDUCATORS (CHES)**

5.25 hours of *AMA PRA Category 1 Credits™* for **PHYSICIANS**

5.25 contact hours for **ADDICTION PROFESSIONALS (MCBAP)**

5.25 educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

Participants who attend the pre-conference day and the conference day will receive 9.00 hours total. Educational hours for all disciplines will be based on the sessions you report as attending.

FOR REPORTING PURPOSES: RETAIN THIS DOCUMENT AND THE AGENDA TO CONFIRM AVAILABLE HOURS.

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IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- ✓ Participants requesting credit must be registered for the event and have verified attendance.
- ✓ Attend at least one session during the conference. Credits will be given based on your attendance at sessions. If you have verified attendance in all sessions, you will receive the credit amounts shown above.
- ✓ **TO RECEIVE CE HOURS, YOU MUST COMPLETE THE EVALUATION!**
- ✓ The certificate reconciliation process starts as soon as the evaluation closes and can take up to 45 days to complete.
 - After reconciliation has been completed, you will receive an email with your certificate.
- ✓ A certificate of attendance will automatically be provided to anyone with verified attendance.

Direct any questions to: CEInfo@mphi.org

PLEASE NOTE: CREDIT WILL NOT BE AWARDED UNLESS ALL CRITERIA IS MET

PURPOSE:

The 2023 Michigan Harm Reduction Summit will feature content that will provide the learner with a training into cultural humility and firsthand experiences from persons who use drugs who are marginalized, stigmatized, and criminalized. By becoming more culturally competent, learners will gain experience on the best ways to meaningfully engage with, but also better serve different populations who use drugs. The learner will also be able to address social determinants of health by understanding how specific groups are disproportionately impacted by drug use.

LEARNING OUTCOME:

After participating in the conference, participants will be able to set boundaries and focus on self-care and mental health and be able to better support persons who use substances during pregnancy and after delivery. Participants will become more knowledgeable about harm reduction and will be able to normalize harm reduction, further reducing the stigma surrounding drug use. Participants will learn how to become more culturally competent when providing services to various groups that are disproportionately impacted.

LEARNING OBJECTIVES:

- Explain infectious disease sequel associated with injection drug use.
- Identify what harm reduction is and its principles.
- Discuss the importance of setting boundaries and maintaining self-care.
- Explain the different types of harm reduction.
- Discuss how various traumas and social determinants of health impact drug use.
- Describe how to advocate for, changing policy surrounding employment of peers.
- Identify ways harm reduction is being provided to Indigenous communities.
- Discuss how harm reduction can be provided through changing the route of administration.

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SESSION OBJECTIVES:	
<p>Session #: PCW1 Session Title: HIV and HCV Dual Rapid Testing Training Presenter(s): Vishal Kinkhabwala, Bry Fryczynski, Zekiye Lukco, Teresa Juridico, Lauren Hodson Available CE: CNE, SW, CME, CHW, MCBAP, CHES 3.75 HRS Objective 1: Explain the HIV Dual Rapid Algorithm and why it is effective. Objective 2: Discuss the importance of timely linkage to care and referrals. Objective 3: Explain how to administer HIV and HCV point of care tests.</p>	<p>Session #: PCW2 Session Title: Safety First: The Nation's First Harm Reduction Drug Education Curriculum for Teens Presenter(s): Rhana Hashemi, Scott Gerbert Moderator: Geoff Brousseau Available CE: CNE, SW, CME, CHW, MCBAP, CHES 3.75 HRS Objective 1: Explain how harm reduction fits into an education system. Objective 2: Explain why harm reduction-based drug education can be beneficial for high school students.</p>
<p>Session #: PCW3 Session Title: Decentering Whiteness: An Equity-Based Approach Presenter(s): Teresa Springer Moderator: Mary Miller Available CE: CNE, SW, CME, CHW, MCBAP, CHES 3.75 HRS Objective 1: Describe biases that Black and Non-Black People of Color encounter while accessing medical and social services. Objective 2: Explain how biases can enter the employment space. Objective 3: Define bias, medical mistrust, generational trauma, white colonialist systems, and radical inclusion.</p>	<p>Session #: WEL (VIRTUAL) Session Title: MDHHS Welcome and Updates Presenter(s): Seth Eckel Available CE: CNE, SW, CME, CHW, MCBAP, CHES .25 HRS Objective 1: Discuss recent achievements in expanding harm reduction capacity in Michigan.</p>
<p>Session #: OKN Session Title: Drug User's Union Presenter(s): Panelist names omitted to protect speaker confidentiality. Moderator: Brandon Hool Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Discuss how unionizing can serve to improve the health and well-being of the drug users population. Objective 2: Attendees will learn about how unionizing can improve the health and well-being of the population of people using drugs, and the importance of drug user organization.</p>	<p>Session #: 1A Session Title: HIV 101 Presenter(s): Kevin Chadwin Davis, Jr., Mikey Lamb, Leon Golson, Drake Collins Moderator: Bree Rowe Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Explain what HIV is, how it's spread, and ways to protect from contracting HIV. Objective 2: Explain how HIV testing and PrEP can be a form of HIV prevention. Objective 3: Explain how stigma and discrimination can affect someone with HIV.</p>
<p>Session #: 1B Session Title: The U.S. Housing System: Addressing Stigma and Harmful Policies Presenter(s): Essence Wilson, Cass Salas, Bri Carpenter, Henri Bynx Moderator: Katie Abraham Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Discuss approaches to harm reduction and mutual aid that can cultivate a robust systems of support. Objective 2: Identify issues that can create a barrier in the U.S. housing system.</p>	<p>Session #: 1C Session Title: Harm Reduction Through Changing Route of Administration Presenter(s): Hannah Meissner, Saydee, Moderator: Ariel Leavitt Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Discuss how access to syringe services programs and sterile supplies has helped improve public health and individual quality of life. Objective 2: Identify methods of safer drug use. Objective 3: Discuss how implementing changes to the route of administration has helped panelists become safer and/or achieve sobriety.</p>

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<p>Session #: 2A Session Title: Sex Workers: Occupying the Front Lines of Harm Reduction Presenter(s): Vanessa Carlisle, Savannah Sly, Lotus Lain Moderator: Hetaira Oiran Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Discuss the access to harm reduction available to sex workers. Objective 2: Discuss why we need equality for sex workers. Objective 3: Identify services that could assist sex workers with challenges.</p>	<p>Session #: 2B Session Title: Supporting Individuals with Harm Reduction Presenter(s): Frankee Walker, Melinda Cooper Moderator: Hannah Meissner Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Identify helpful language that can be used when discussing an individual’s substance use. Objective 2: Explain how substance use is a coping mechanism and how substances help the individual that uses them. Objective 3: Discuss how SSP providers can work to address social determinants of health among substance users to reduce barriers.</p>
<p>Session #: 2C Session Title: Indigenous Perspectives on Harm Reduction Services and Programs Presenter(s): Justin Mandosking, Kristen Green Moderator: Banashee Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Explain how tribal culture should be incorporated into harm reduction programming for programs operating in and around tribal communities. Objective 2: Discuss why harm reduction services/supplies can and will look different in each tribal community. Objective 3: Discuss how the Anishinaabe cultural teachings can help guide recovery efforts.</p>	<p>Session #: 3A Session Title: Harm Reduction 101 Presenter(s): Amanda Scott, David Clayton Moderator: Bree Rowe Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Explain how to implement harm reduction into the care of people living with HIV in a equitable judgement free way. Objective 2: Explain the importance of providing preventative care for at risk folk. Objective 3: Identify benefits of Prep and PEP.</p>
<p>Session #: 3B Session Title: Age and Generational Trauma Presenter(s): Judy Pamp/Waabanoqua, Jonathan Rinehart Moderator: Banashee Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Explain how your personal culture can build resiliency. Objective 2: Discuss how active listening can build competency with historical trauma and resiliency. Objective 3: Identify at least three barriers Native Americans may have in seeking supportive services.</p>	<p>Session #: 3C Session Title: Integration of Harm Reduction into Michigan’s Opioid Policy Presenter(s): Brandon Hool Moderator: Ariel Leavitt Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Identify strategies to mediate the harms experienced as a result of substance use and policy surrounding substance use. Objective 2: Objective 3:</p>
<p>Session #: 4A Session Title: Boundaries and Self Care Presenter(s): Teresa Springer Moderator: Hannah Meissner Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Explain the importance of rest and recovery in order to be resilient and successful. Objective 2: Define burnout. Objective 3: Identify methods of preventing burnout, prioritizing self care, rest, and establishing boundaries.</p>	<p>Session #: 4B Session Title: Maternal Harm Reduction Presenter(s): Symone Aje/SheWhoHears, Chelsea Geddes, Annette Moderator: Bree Rowe Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Identify different forms of Maternal Harm Reduction. Objective 2: Explain the importance of prenatal care while using.</p>

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<p> Session #: 4C Session Title: Trauma, Childhood Trauma, and Substance Use Presenter(s): Dr. Britne Amos Moderator: Hetaira Oiran Available CE: CNE, SW, CME, CHW, MCBAP, CHES 1.00 HRS Objective 1: Discuss the different types of trauma. Objective 2: Explain how trauma can contribute to addiction. </p>	
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DISCLOSURES:

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms none of the planning committee members or presenters have relevant financial relations with ineligible companies to disclose.

AVAILABLE CONTINUING EDUCATION:

The hours shown below reflect the maximum number of hours available for participants who attended a Pre-Conference Workshop and the entire Conference Day. See page one of this document and the session breakdowns for additional details. All continuing education will be awarded based on attendance at sessions.

Nursing Contact Hours Designation

A total of **9.00** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 101042370).

Michigan Public Health Institute-Continuing Education Solutions (MPHI-CES) is approved as a provider of nursing continuing professional development by the Louisiana State Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work Clock Hours Designation

A total of **9.00** Social Work clock hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI-CES 20232000sw).

This course is approved by the Michigan Social Work Continuing Education Collaborative – Approval #MICEC-0042

Community Health Workers (CHW)

A total of **9.00** educational hours meets the MiCHWA Curriculum Objectives for certification renewal. Retain a copy of this document and activity materials as proof of educational hours provided. (MPHI-CES 20232000chw).

Certified Health Education Specialist (CHES) Credit Designation

Sponsored by Michigan Public Health Institute, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education specialist (MCHES) to receive up to **9.00** total Category I continuing education contact hours. Maximum advanced-level CECH available are **0.00**. Program ID # 101877-37357

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Alcohol/Drug Counselor Designation (MCBAP)

A total of **9.00** contact hours have been awarded for this activity by MCBAP. Trainings have been identified as RELATED to Substance Abuse. (MPHI-CES 20232000mcb).



Continuing Medical Education (ACCME) AMA PRA Category 1 Credits™

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and MPHI-CES. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of **9.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (MPHI-CES 20232000cmu)

All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.