

# You Finished Your Appointment: What Comes Next?

Thank you for completing your MiChEM appointment! The lab will start testing your blood and urine samples soon. Thank you for your patience!



**The lab will measure each of the 197 chemicals and a toxicologist will verify the results.** We will call you and send a letter if we have any recommendations about specific actions you should take based on your results. The lab does not measure all of the chemicals at the same time, so you may be contacted more than once if we have recommendations for different chemicals. Recommendations could include sharing the results with your health care provider or ways to reduce your future exposures.

It is possible that you may not receive any phone calls or letters about your results, as some results have no specific recommendations.

We may also call you to ask you some additional questions to better understand how you may be exposed to some chemicals.



**You will receive all your results in the mail, even if you were previously contacted about certain chemical results.** If you chose not to receive all your results, you will only receive results for arsenic, cadmium, lead and mercury.



**We will issue a report summarizing the results from all MiChEM participants across the state.** We will contact you to let you know when the report is ready.

## HAVE QUESTIONS?

Call us at 844-464-7327 or email us at [MDHHS-michem@michigan.gov](mailto:MDHHS-michem@michigan.gov).

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**MiChEM**  
Michigan Chemical  
Exposure Monitoring

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Michigan Department of Health & Human Services