

Healthy Winter Bingo

<u>Order a radon kit to test your home</u>	<u>Dress in layers when going outside</u>	<u>Know how to prevent home fires</u>	<u>Have chimney and wood burning stoves inspected</u>	<u>Find available resources to help with heating costs</u>
<u>Winterize your home</u>	<u>Prepare a car winter readiness kit</u>	<u>Install carbon monoxide alarms outside sleeping areas</u>	<u>Wash hands regularly</u>	<u>Keep generators 20 feet away from people and buildings</u>
<u>Check carbon monoxide detector batteries</u>	<u>Know the signs of frostbite and hypothermia</u>	FREE SPACE #Midwest Preparedness	<u>Prevent outdoor winter falls</u>	<u>Check for local warming centers</u>
<u>Find resources to help weatherproof your home</u>	<u>Check your home heating system</u>	<u>Know winter weather terms</u>	<u>Drive slow on ice and snow</u>	<u>Prepare a home winter readiness kit</u>
<u>Check the weather each day and sign up for alerts</u>	<u>Explore Michigan climate data</u>	<u>Bring pets inside during cold weather</u>	<u>Stay up to date on seasonal vaccines</u>	<u>Protect your heart - pace yourself while shoveling snow</u>