The **building blocks** of infant safe sleep.

1 Put baby on back in crib, bassinet or pack and play.

2 Remove clutter, toys or blankets from baby's sleep space.

3 Be consistent: Follow safe sleep, every time, every sleep, every caregiver.

Learn more at
Michigan.gov/SafeSleep

Scan to learn more.

MDHHS | Infant Safe Sleep
Michigan Department of Health & Human Services