EMS Agencies and Fire Departments: Expectations to Become Infant Safe Sleep Certified

Enroll: https://www.research.net/r/ISSCertEnrollment

Upon enrollment, MDHHS will send a welcome email with contact information for the certification program managers, resources, other important program information and a link to a welcome video outlining the program details. *Please save this email and attachments to refer to as needed.*

To achieve Infant Safe Sleep Certification, the primary point of contact will ensure the following:

Initial Training: Track completion of initial training, using an approved option, for all providers.

- Training must be completed on or after September 15, 2021.
- Keep record of the date upon which all providers have completed an approved training.
- The primary point of contact must complete MI-TRAIN
 Course #1080336 and send a copy of the training certificate to MDHHS-InfantSafeSleep@michigan.gov.

Approved Training Options

- MI-TRAIN Course #1080336*
- DOSE <u>Infant Safe Sleep Program</u>*
- Peer instruction using approved MDHHS customizable PowerPoint and lesson plan (upon approval by the program managers)
- Local safe sleep trainings

Education Plan: Establish a plan and protocol to provide Infant Safe Sleep training to new hires and continuing education to refresh provider knowledge in the future. This ensures the safe sleep program has a plan for sustainment. It is recommended that you share your education plan with the certification program managers.

Consider working with your local safe sleep partners to schedule refresher sessions annually.

Local Safe Sleep Contacts: Certification program managers will coordinate a meeting with local safe sleep contacts to discuss local resources, develop a plan for education, coordinate supplies and resources, and devise a consistent strategy for safe sleep encounters with families in the county.

Several meetings may be needed to successfully establish a local plan.

Attestation: Once *initial training* and *education plan* requirements are met and providers know the *process* for documenting encounters with families and obtaining resources (when needed), the primary point of contact completes the <u>Infant Safe Sleep Certification Attestation Form</u>.

Certification Issuance: Once all required components are complete, the Infant Safe Sleep Certificate will be issued. Certification program managers will coordinate the delivery of the certificate.

• Consider in-person delivery in conjunction with a press release, photo-op or community event to improve awareness of your active involvement in infant safe sleep in the community.

^{*}Any location selecting these training options must also have all providers view the <u>Implementing</u> the <u>Program</u> video.

Encounters with Families: When providers engage with a family to evaluate an infant's sleep space, provide education, establish a safe sleep space, etc., they will:

- Use the Infant Safe Sleep Checklist For EMS Providers and Fire Professionals as a guide.
- Provide the family with a Leave Behind Packet that includes local safe sleep resources and follow-up contact information.
- Ensure the <u>Infant Safe Sleep Encounter Form</u> is completed for *every* encounter by either following the QR code or link and completing the form or notifying their primary safe sleep contact of the encounter so they can complete it. *Do this for every encounter!* This helps provide data to sustain funding and support for this program across the state.