

## Volunteers must not:

- Use or possess illegal drugs or alcohol during a cleanup
- Pick up trash on bridges or overpasses
- Pick up trash on a median
- Pick up what appears to be hazardous material (notify your local Adopt-A-Highway coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground)
- Attempt to squeeze bags to make room for more trash (injuries can result from broken or jagged objects)

## In case of emergency:

- Be prepared for serious injury. Every crew should have an adequate first-aid kit
- Select an emergency room/hospital and know the route to it from the work area
- Every crew member should have transportation immediately accessible
- Carry a cell phone

This brochure is also available online at [www.Michigan.gov/AdoptAHighway](http://www.Michigan.gov/AdoptAHighway).

This brochure is available in alternative formats such as large print, audio tape and braille. Copies may be requested by calling 517-241-1318.

## For further information on Adopt-A-Highway:

Call the MDOT region office that serves your county.

### Superior Region

**Dennis Collins** • 906-630-8085 [CollinsD2@Michigan.gov](mailto:CollinsD2@Michigan.gov)

Baraga, Houghton, Keweenaw, Marquette, and Ontonagon counties

**Jeff Hagglund** • 906-875-6644 [HagglundJ@Michigan.gov](mailto:HagglundJ@Michigan.gov)

Delta, Dickinson, Gogebic, Iron, and Menominee counties

**Kyle Martin** • 906-241-2375 [MartinK32@Michigan.gov](mailto:MartinK32@Michigan.gov)

Alger, Chippewa, Luce, Mackinac, and Schoolcraft counties

### North Region

**Karla Dine** • 231-941-1986 [DineK@Michigan.gov](mailto:DineK@Michigan.gov)

Benzie, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, and Wexford counties

**Amanda Lake** • 231-262-2521 [LakeA3@Michigan.gov](mailto:LakeA3@Michigan.gov)

Antrim, Charlevoix, Cheboygan, Crawford, Emmet, Otsego, and Roscommon counties

**Christine O'Neil** • 989-356-2231 [ONeilC2@Michigan.gov](mailto:ONeilC2@Michigan.gov)

Alcona, Alpena, Iosco, Montmorency, Ogemaw, Oscoda, and Presque Isle counties

### Grand Region

**Antoinette Goodman** • 616-204-7665 [GoodmanA2@Michigan.gov](mailto:GoodmanA2@Michigan.gov)

Allegan, Barry, Ionia, Kent, Lake, Mecosta, Montcalm, Newaygo, and Osceola counties

**John Crossett** • 231-638-9207 [CrossettJ@Michigan.gov](mailto:CrossettJ@Michigan.gov)

Mason, Muskegon, Oceana, and Ottawa counties

### Bay Region

**Brian Ulman** • (989) 233-3466 [UlmanB@Michigan.gov](mailto:UlmanB@Michigan.gov)

Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac, Shiawassee, St. Clair, and Tuscola counties

### Southwest Region

**Alana Schoff** • 269-251-2508 [SchoffA@Michigan.gov](mailto:SchoffA@Michigan.gov)

Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren counties

### University Region

**Larry Thelen** • 517-749-8733 [ThelenL3@Michigan.gov](mailto:ThelenL3@Michigan.gov)

Clinton, Eaton, and Ingham counties

**Doug Jordan** • 517-937-6472 [JordanR@Michigan.gov](mailto:JordanR@Michigan.gov)

Hillsdale, Jackson, and Lenawee counties

**James Drury** • 248-207-5594 [DruryJ@Michigan.gov](mailto:DruryJ@Michigan.gov)

Livingston, Monroe, and Washtenaw counties

### Metro Region

**Amy Plante** • 586-421-3920 [PlanteA@Michigan.gov](mailto:PlanteA@Michigan.gov) or

**Jessica Leach** • 586-421-3920 [LeachJ1@Michigan.gov](mailto:LeachJ1@Michigan.gov) • Macomb County

**Rebecca Heron** • 248-451-0001 [HeronR@Michigan.gov](mailto:HeronR@Michigan.gov) • Oakland County

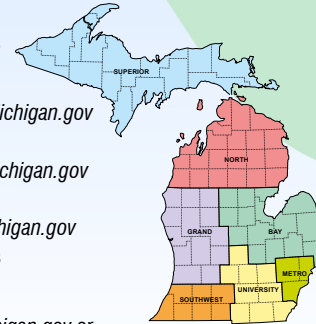
**Karen Patrick-Davis** • 313-375-2400 [PatrickK@Michigan.gov](mailto:PatrickK@Michigan.gov) • Wayne County

**Letitia Taylor** • 313-965-6350 [TaylorL38@Michigan.gov](mailto:TaylorL38@Michigan.gov) • City of Detroit

### Program Coordinator

**Jeff Cowdrey** • 517-636-5731

[CowdreyJ1@Michigan.gov](mailto:CowdreyJ1@Michigan.gov)



# Safety Rules

## ADOPT-A-HIGHWAY



MDOT



# Welcome to the Clean Team!

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Highway team. Together, we'll keep our roadsides clean and attractive.

It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully before each pickup.

## All volunteers must:

- View the MDOT Adopt-A-Highway safety video prior to participation in a cleanup (the video is available from your Adopt-A-Highway supply locations or online at [www.Michigan.gov/AdoptAHighway](http://www.Michigan.gov/AdoptAHighway))
- Wear an MDOT-provided Adopt-A-Highway safety vest
- Park all vehicles clear of the roadway and on the same side of the road where volunteers are working
- Be 12 years of age or older to participate in a cleanup
- Furnish adequate supervision by one or more adults 21 years of age or older for groups that have participants 12-17 years of age
- Pick up litter only during daylight hours
- Not pick up trash on the road surface and shall stay off the road at least 5 feet from the pavement edge
- Obey all safety rules and guidelines
- Conduct a safety meeting for all participants prior to each cleanup and go over Safety Rules and Guidelines for Volunteers and Safety Procedures for litter pickup
- Be in good health with good sight and hearing

## For your safety:

- Wear light-colored clothing that covers arms and legs
- Wear leather shoes or boots, a hat and safety glasses
- Wear clothing that will not divert attention of motorists during cleanup activities
- Wear clothing that will not impair vision or movement during cleanup activities
- Work in small groups
- Face oncoming traffic when picking up litter and look up often to ensure that no vehicle is encroaching your work area
- Do not work in construction zones
- Stop working in bad weather, especially when there is poor visibility and wet or icy roads
- During warm weather months, drink plenty of fluids - take breaks and avoid overexertion; sunscreen is recommended
- During cold weather months, dress warmly with layered clothing
- Stay off loose stones and steep slopes
- Be alert for snakes, stinging insects, ticks and poisonous plants
- Do not remove hazardous substances or dead animals (notify your local Adopt-A-Highway coordinator and tell him/her the location of the item)
- Carpool to the site to reduce the number of vehicles
- Use proper lifting and bending techniques
- It is unlawful to use emergency crossovers; instead, drive to an exit to turn vehicles around
- Place bags near the shoulder, not on the shoulder

