Volunteers must not:

- Use or possess illegal drugs or alcohol during a cleanup
- Pick up trash on bridges or overpasses
- Pick up trash on a median
- Pick up what appears to be hazardous material (notify your local Adopt-A-Highway coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground)
- Attempt to squeeze bags to make room for more trash (injuries can result from broken or jagged objects)

In case of emergency:

- Be prepared for serious injury. Every crew should have an adequate first-aid kit
- Select an emergency room/hospital and know the route to it from the work area
- Every crew member should have transportation immediately accessible
- Carry a cell phone

This brochure is also available online at www.Michigan.gov/AdoptAHighway.

This brochure is available in alternative formats such as large print, audio tape and braille. Copies may be requested by calling 517-241-1318.

Prepared by: MDOT Graphic Design: Statewide Services\Maintanance\AdoptAHighway\brochures\AAH Safety 1/23 CJ

RECYCLED PAPER

For further information on Adopt-A-Highway:

Call the MDOT region office that serves your county.

Superior Region

Dennis Collins • 906-630-8085 *CollinsD2@Michigan.gov*
Baraga, Houghton, Keweenaw, Marquette, and Ontonagon counties
Jeff Hagglund • 906-875-6644 *HagglundJ@Michigan.gov*
Delta, Dickinson, Gogebic, Iron, and Menominee counties
Kyle Martin • 906-241-2375 *MartinK32@Michigan.gov*
Alger, Chippewa, Luce, Mackinac, and Schoolcraft counties

North Region

Karla Dine • 231-941-1986 *DineK@Michigan.gov*
Benzie, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, and Wexford counties
Amanda Lake • 231-262-2521 *LakeA3@Michigan.gov*
Antrim, Charlevoix, Cheboygan, Crawford, Emmet, Otsego, and Roscommon counties
Christine O'Neil • 989-356-2231 *ONeilC2@Michigan.gov*
Alcona, Alpena, Iosco, Montmorency, Ogemaw, Oscoda, and Presque Isle counties

Grand Region

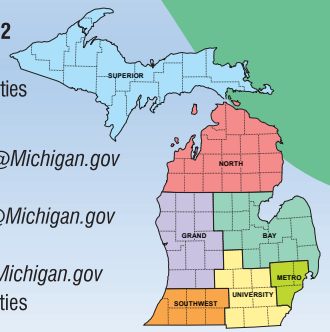
Antoinette Goodman • 616-204-7665 *GoodmanA2@Michigan.gov*
Allegan, Barry, Ionia, Kent, Lake, Mecosta, Montcalm, Newaygo, and Osceola counties
John Crossett • 231-638-9207 *CrossettJ@Michigan.gov*
Mason, Muskegon, Oceana, and Ottawa counties

Bay Region

Tiarra Wright • 989-284-7854 *WrightT17@Michigan.gov*
Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac, Shiawassee, St. Clair, and Tuscola counties

Southwest Region

Southwest Region Office • 269-789-0592
Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren counties



University Region

Larry Thelen • 517-749-8733 *ThelenL3@Michigan.gov*
Clinton, Eaton, and Ingham counties
Doug Jordan • 517-937-6472 *JordanR@Michigan.gov*
Hillsdale, Jackson, and Lenawee counties
James Drury • 248-207-5594 *DruryJ@Michigan.gov*
Livingston, Monroe, and Washtenaw counties

Metro Region

Amy Plante • 586-421-3920 *PlanteA@Michigan.gov* or
Jessica Leach • 586-421-3920 *LeachJ1@Michigan.gov* • Macomb County
Rebecca Heron • 248-451-0001 *HeronR@Michigan.gov* • Oakland County
Karen Patrick-Davis • 313-375-2400 *PatrickK@Michigan.gov* • Wayne County
Twyla Chinn-Lee • 313-965-6350 *ChinnT@Michigan.gov* • City of Detroit

Program Coordinator

Jeff Cowdrey • 517-636-5736, 517-636-5746 (fax)
CowdreyJ1@Michigan.gov

Safety Rules

ADOPT-A-HIGHWAY

MDOT

MDOT
Michigan Department of Transportation

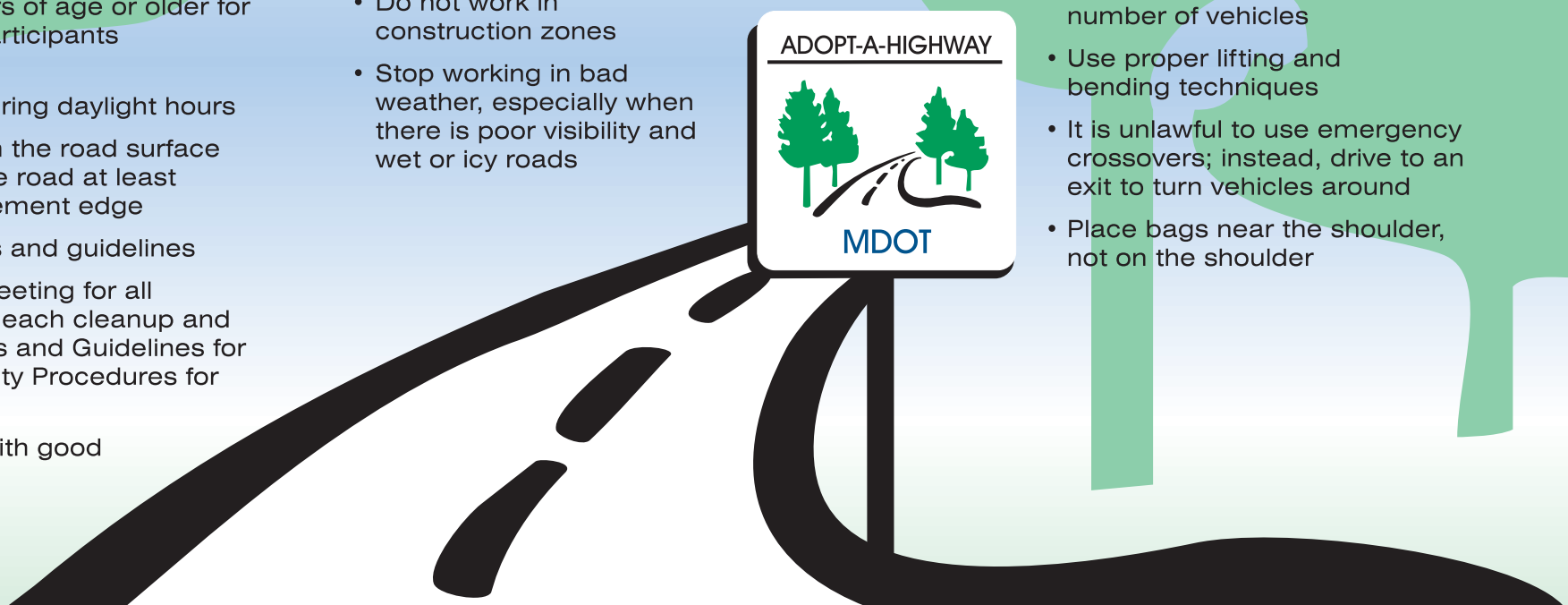
Welcome to the Clean Team!

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Highway team. Together, we'll keep our roadsides clean and attractive.

It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully before each pickup.

All volunteers must:

- View the MDOT Adopt-A-Highway safety video prior to participation in a cleanup (the video is available from your Adopt-A-Highway supply locations or online at www.Michigan.gov/AdoptAHighway)
- Wear an MDOT-provided Adopt-A-Highway safety vest
- Park all vehicles clear of the roadway and on the same side of the road where volunteers are working
- Be 12 years of age or older to participate in a cleanup
- Furnish adequate supervision by one or more adults 21 years of age or older for groups that have participants 12-17 years of age
- Pick up litter only during daylight hours
- Not pick up trash on the road surface and shall stay off the road at least 5 feet from the pavement edge
- Obey all safety rules and guidelines
- Conduct a safety meeting for all participants prior to each cleanup and go over Safety Rules and Guidelines for Volunteers and Safety Procedures for litter pickup
- Be in good health with good sight and hearing

For your safety:

- Wear light-colored clothing that covers arms and legs
- Wear leather shoes or boots, a hat and safety glasses
- Wear clothing that will not divert attention of motorists during cleanup activities
- Wear clothing that will not impair vision or movement during cleanup activities
- Work in small groups
- Face oncoming traffic when picking up litter and look up often to ensure that no vehicle is encroaching your work area
- Do not work in construction zones
- Stop working in bad weather, especially when there is poor visibility and wet or icy roads
- During warm weather months, drink plenty of fluids - take breaks and avoid overexertion; sunscreen is recommended
- During cold weather months, dress warmly with layered clothing
- Stay off loose stones and steep slopes
- Be alert for snakes, stinging insects, ticks and poisonous plants
- Do not remove hazardous substances or dead animals (notify your local Adopt-A-Highway coordinator and tell him/her the location of the item)
    - Carpool to the site to reduce the number of vehicles
    - Use proper lifting and bending techniques
    - It is unlawful to use emergency crossovers; instead, drive to an exit to turn vehicles around
    - Place bags near the shoulder, not on the shoulder