

- Be alert and use common sense at all times!



- Exit and enter vehicles on the side opposite traffic.
- Keep crews together for better visibility to motorists.
- Face oncoming traffic whenever possible.
- Wear heavy gloves, hats, and long-sleeved clothing.
- Watch your footing.
- Avoid overexertion. Drink lots of water.



SAFETY REQUIREMENTS



Providing the highest quality integrated transportation services for economic benefit and improved quality of life.

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Landscape team. Together, we'll beautify the roadsides and prevent pollutants from entering our waterways.

Safety is our number one concern at MDOT. It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully.

All Volunteers Must:

- Be at least 16 years old. Minors age 16 and older must have adult supervision at a ratio of one adult for every three minors.
- Carpool to the site to reduce the number of vehicles on the roadside.
- Park all vehicles well off the right shoulder.
- Work only during daylight hours. Stop working in bad weather, especially when there is poor visibility and/or wet or icy roads.
- Be in good health with good vision and hearing.
- Wear MDOT-provided safety vests while working on the roadside. Other clothing should be light-colored for increased visibility.
- Conduct a safety meeting for all participants to review the safety rules. The Safety Training Form, (Form 3735) must be completed and submitted to your local TSC Construction Permit Staff.
- Designate a crew leader to ensure safety rules are followed by everyone. Hold a refresher course on safety awareness each time a crew goes out.
- Comply with MIOSHA rules.

For Your Safety:

- Be alert and use common sense at all times! Remember that highway traffic travels at high speeds and drivers will not anticipate crews working along the roadsides.
- Do not park vehicles on paved shoulders, along curves, on bridges, near or under overpasses, or in highway medians.
- Exit and enter vehicles on the side opposite traffic.
- Wear substantial leather shoes or boots with good ankle support.
- Wear heavy gloves, hats, and long-sleeved clothing and use sunscreen to avoid sunburn.
- Do not wear headsets.
- Watch your footing! Stay off loose stones and steep slopes.
- Do not walk out on the highway; do not enter the roadway or the shoulder areas.
- Face oncoming traffic whenever possible. Be prepared to move out of the way of vehicles in an emergency.
- Keep crews together for better visibility to motorists. Post a person to look out for traffic dangers.
- Your group should have 25 or less participants – larger groups could distract motorists.
- Avoid overexertion. Drink lots of water, especially on hot, humid days.
- Avoid contact with poison ivy and dead animals.
- Avoid areas being mowed or where other construction or maintenance activities are being conducted.

- Do not pick up discarded syringes, hypodermic needles, or containers of unidentified liquids.
- Do not attempt to remove unknown or suspected toxic or hazardous substances. Notify MDOT or the police of the location of these items immediately.
- Do not possess illegal drugs or alcohol during work activities.
- Do not use crossovers in the median to turn around your vehicle; use the next exit ramp instead.
- Only bonded contractors should operate the heavy power equipment.

In case of emergency:

Every crew should prepare to respond to a serious injury and have a first aid kit. Know how to get to the nearest emergency room/hospital from the work area. Everyone should have immediate access to a cellular phone. Make sure that everyone has access to transportation.

