



# Signs of Problem Gambling in ADOLESCENTS



Gambling with money that is supposed to be used for lunch, the bus, or gas



Carrying gambling materials such as dice, cards, or poker chips



Skipping class or other school activities to gamble



Borrowing, stealing, or selling items to get money to gamble



Lying to friends or parents about gambling



Gambling has caused problems in relationships with close friends or family

If you or someone you know shows any of these signs, it may indicate a gambling problem  
Call the National Problem Gambling Helpline at 1-800-GAMBLER or  
Michigan Gaming Control Board Responsible Gaming Section at 888-223-3044



# Information & Resources

Michigan Gaming Control Board (MGCB)

Responsible Gaming Section

Phone: 888-223-3044 or [www.Michigan.gov/MGCB](http://www.Michigan.gov/MGCB)



## Other Resources:

### **Michigan Department of Health and Human Services**

Trained professionals are available to coordinate an initial consultation with a qualified counselor. Contact the National Problem Gambling Helpline at 1-800-GAMBLER

### **Gamblers Anonymous**

A fellowship of individuals who share their experiences, strength, and hope with each other.

Visit [www.GamblersAnonymous.org](http://www.GamblersAnonymous.org) or contact 855-222-5542

### **Gam-Anon**

A fellowship of individuals who have been affected by the gambling problem of a loved one. Visit

[www.Gam-Anon.org](http://www.Gam-Anon.org) or contact 718-352-1671

### **Michigan Lottery**

The Michigan Lottery is dedicated to providing tools, information, and support for those seeking help.

Visit [www.MichiganLottery.com/Responsible-Gaming](http://www.MichiganLottery.com/Responsible-Gaming)

## Self-Exclusion Options through the MGCB:

**Responsible Gaming Database:** Prohibits participation in online gaming and/or sports betting with all providers authorized in Michigan for one year or five years.

**Disassociated Persons List (DPL):** Allows a patron to voluntarily self-exclude from all three Detroit commercial casinos for life. There is an opportunity to request removal from the DPL after five years of being on the list by submitting a Request for Removal Form.