



## Emergency Supply Checklist for Individuals with Functional Needs

In addition to the basic survival supplies, a preparedness kit should contain items to meet your individual needs in various emergencies. Consider the items you use on a daily basis and which ones you may need to add to your kit.

- A weeklong supply of prescription medicines
- Extra eyeglasses
- Hearing-aid batteries
- Extra wheelchair batteries
- Oxygen
- Pet food, extra water, collar with ID tag, medical records and other supplies for your service animal
- A watertight container for documents
- List of all medications with dosages, and noting any allergies
- List of the style and serial number of medical devices
- Special instructions for operating assistance or medical equipment
- Copies of medical insurance and Medicare cards
- Contact information for doctors, relatives, and friends
- Create a support network. Keep a contact list in a watertight container in your preparedness kit.
- Identify back-up service providers for any routine or life-sustaining treatments administered by a clinic or hospital
- Know the size and weight of your wheelchair, in addition to whether or not it is collapsible, in case it has to be transported.
- Prepare medical equipment in your home that requires electricity for use during a power outage.
- Wear medical alert tags or bracelets