

MIHP Biweekly Update

May 5, 2025



Maternal Infant Health Program

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Mark Your Calendar: June COP Webinar

The June Community of Practice webinar will be on Tuesday, June 10, 2025 9:00am - 10:30am. The topic WIC: New Food Package and Other Updates presented by Sara Heidenreich from the MDHHS WIC office.

[CLICK HERE to register for the June COP Webinar!](#)

MIHP Community of Practice (COP) Follow-up Resources

Thank you to all who attend the monthly MIHP Community of Practice Webinars! The June presentation featured information on the **NEAR Collaborative: Trauma-Informed Care**, and a variety of invaluable resources were mentioned. Such resources have been listed below for reference. As a reminder, this webinar and all Community Practice webinars are posted on the MIHP website: [MIHP Community of Practice](#).

Resources from NEAR Collaborative Community of Practice:

- Learning Brain vs. Survival Brain: <https://www.youtube.com/watch?v=KogaUANGvpA>
- Neuroplasticity: <https://www.youtube.com/watch?v=ELpfYCZa87g>
- Epigenetics in Mice (From ACE 101) <https://www.youtube.com/watch?v=AvB0q3mg4sQ&t=4s>
- [Applying Neurobiological Insights on Stress to Foster Resilience Across the Lifespan A Workshop | National Academies](#) (a 2-day workshop)
- County Specific ACE Infographics (only 20 are available at this time): [Prevalence of Trauma and Toxic Stress in Michigan](#)

UPDATED LINK- MIHP Consultation and Support

On the [MIHP Policy and Operations](#) page, the consultation survey form link has been updated.

Agencies can request a consultation within one month, two months or four months by completing the MIHP Provider Consultation Request form on the [MIHP Policy and Operations](#) page. Agencies can select their preference for consultation (phone call or virtual meeting). Lastly, agencies are able to provide the topic of discussion. All of this information helps to provide MIHP consultants with preliminary information to determine the amount of time needed for support. Please note the topic of discussion will not limit what is able to be discussed.

To promote a timely and appropriate response, please use the survey form to inquire about consultation as opposed to contacting a consultant directly.

Consultation: MIHP providers seeking a consultation session with MDHHS MIHP may [use this form](#) to submit a request.



Learning Resources

Save The Date: 2026 Michigan Home Visiting Conference

Save The Date!



2026 Michigan Home Visiting Conference
August 12-14, 2026

Grand Traverse Resort
Acme, MI

Overnight rooms will be available at a discounted rate:
\$239, plus a \$20.95 resort fee/per night



Home Visiting Training Opportunity: MC3 and Perinatal Mental Health Resources

This opportunity is being shared on behalf of the Michigan Home Visiting Initiative.

Join us to learn about Perinatal Mental Health Resources from our partners at MC3!

Overview: In this session, we will introduce the Michigan Child Collaborative Care Program or **MC3 Perinatal program** and walk you through the resources that they offer including a perinatal mental health toolkit. The toolkit includes information about perinatal wellness, as well as information on how to develop coping skills to manage strong feelings that come up during the perinatal period. This session is facilitated by Jessica Jenkins and Dr. Samantha Shaw. Dr. Shaw is a board-certified outpatient psychiatrist. She attended Michigan State University for medical school and completed her general psychiatry residency at the University of Michigan. Her area of expertise is women's mental health/perinatal psychiatry, and she is the director of the Perinatal and Reproductive Psychiatry Clinic at Michigan Medicine. This session supports the following Michigan Home Visiting Core Knowledge Framework area: Family Mental Health

- **When:** The training will take place from **10:00 am-11:30 am EST** on Wednesday, **August 13, 2025.**
- **Where:** The training will be held virtually using Zoom. The first 300 participants to register will receive an email that includes a calendar hold and link to the meeting prior to the training. Additional registrants will be placed on a waiting list. All registrants placed on the waiting list will be emailed the recorded training.
- **Cost:** Free
- **Registration Link:** <https://forms.office.com/r/b5ZkkAgDnU>

Registration Questions: Contact Angie Pearcy at apearcy@mphi.org or 989-439-5967

Promotion Toolkit for mental Health Awareness Month

May is Mental Health Awareness Month. The Substance Abuse and Mental Health Services Administration (SAMHSA) has developed an awareness toolkit to share with your staff and community.

The toolkit offers comprehensive resources in a central location that you can download and share. Some content can be customized for the needs of your audiences. The toolkit includes:

- Key messages and themes for each week in May.
- Social media content, graphics, and promotional materials designed for your audiences and media channels.
- Messaging that encourages acceptance and support of people living with a mental illness.
- Best practices for supportive and beneficial discussions about mental health.
- Additional resources for increasing awareness about mental health in May

The toolkit can help you spread awareness about the importance of mental health and its effects on physical and emotional well-being.

- Copy, download, and share our social messages, graphics, and promotional materials in ways that fit the needs of your audiences and channels.
- Use hashtags, including #MHAM2025, when sharing content related to Mental Health Awareness Month.
- Use our tools and the actions recommended in Best Practices to engage with your communities and networks.

See the entire Toolkit at [2025 Mental Health Awareness Month Toolkit | SAMHSA](#)



Upcoming State of Michigan (SOM) Holidays

May 26
June 19
July 4
September 1
November 11
November 27 and 28
December 24 and 25
December 31

Previously Released MIHP Updates

To review any previously released MIHP Biweekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

Biweekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Biweekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

Please click here to access the most recent Coordinator Directory. [MIHP Coordinator Directory](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.