## Breast and Cervical Cancer Control Navigation Program (BC3NP)

E.J. Siegl, Program Director siegle@michigan.gov





Funded by CDC since 1991.

Part of the National Breast and Cervical Cancer Control Early Detection Program.

#### Eliminate

• preventable cancers

#### Ensure

• ALL people get the RIGHT SCREENING at the RIGHT TIME for the BEST OUTCOME

### Support

 breast and cervical cancer screening services to monitor and report CANCER BURDEN



### MI BC<sub>3</sub>NP

- > Statewide program
- Coordinated through 15 Local Coordinating Agencies (14 health departments and the Tri-County BC3NP through KCI in Detroit)
- -- 15 LCAs contract directly with over 500 primary care providers, mammography facilities, and labs to deliver services to program clients
- Partnered through MOUs with 9 clinics and FQHCs to enroll program women for services.
- -- MDHHS BC3NP Lay Navigator/Nurse Specialists work directly with clinic staff to coordinate program services for enrolled clients.

Screening
Saves Lives!!!

Detecting cancer early when treatment works best is critical to saving lives

Many people are not being screened as recommended



# Racial Disparities in Cancer Screening

Cancer is the second leading cause of death in the US in both men and women nationally.

Rate of cancer screening is lower among Black, Hispanic, Asian, and AIAN populations compared to their White counterparts.

People of color more likely to be uninsured, go without needed medical care due to cost, less likely to receive preventive care and receive later stage diagnoses for some types of cancer compared to their White counterparts.

Hispanic/Latino and Black women have higher rates of cervical cancer than women of other racial/ethnic groups, with Black women having the highest rates of death from the disease



# COVID Pandemic Impacts on Cancer Screening

COVID pandemic contributed to decreases or delays in cancer screening which may have exacerbated disparities already present in cancer screening

Between 2018 to 2020 in the US:

# of women reporting breast cancer screening dropped by 2.13 million # of women reporting cervical cancer screening dropped by 4.47 million

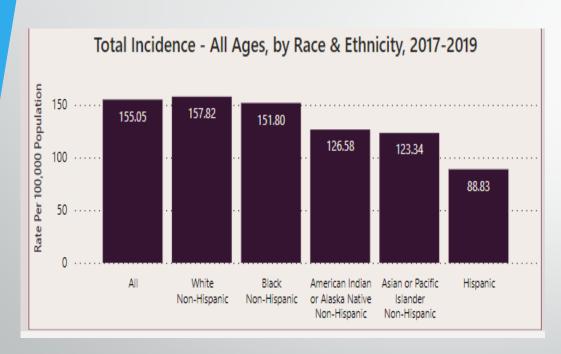
People with low socioeconomic status or identified as minority, including racial and ethnic underserved populations (Hispanics, Blacks, and LGBTQ) had the lowest amount of cancer screenings

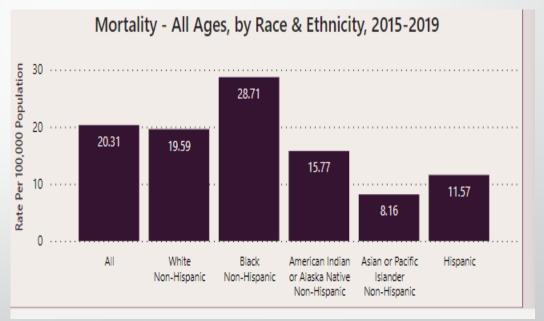
Hispanic women has a 17% drop in cervical cancer screening

Asian/Pacific Islander women had a 27% drop in breast cancer screening, the largest drop for any race

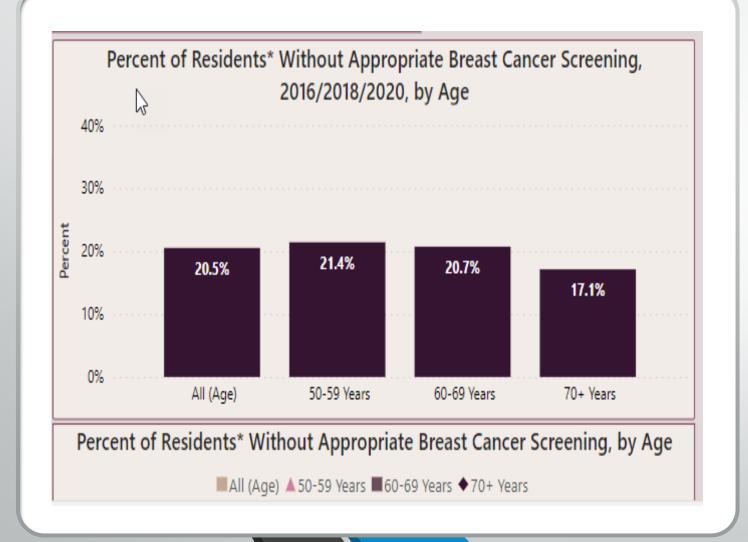


# Breast Cancer Incidence/Mortality by Race in Michigan





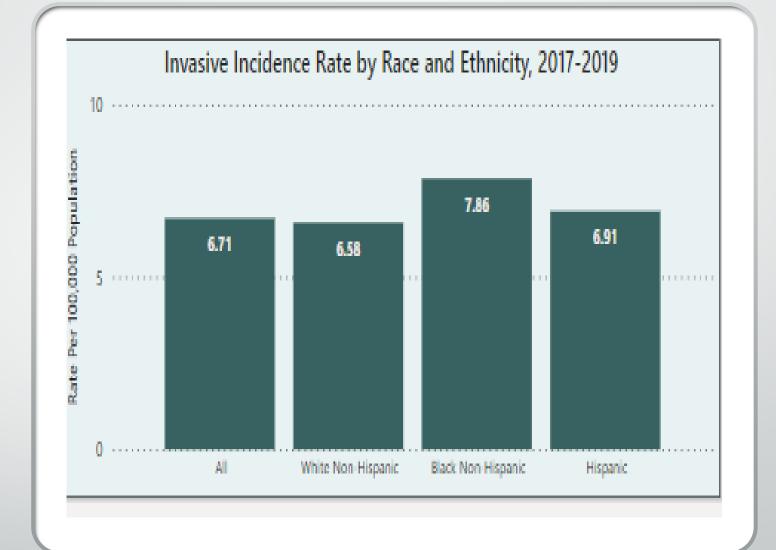




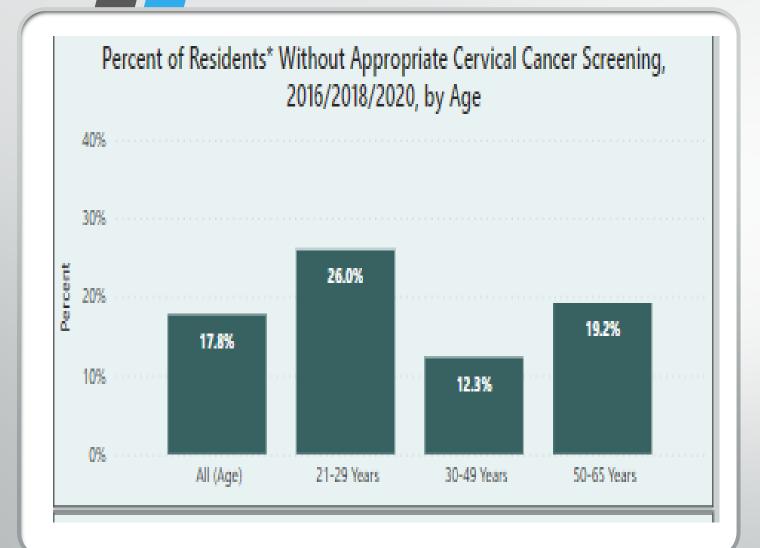
# Breast Cancer Screening by Age



Cervical Cancer
Incidence by
Race and
Ethnicity







# Cervical Cancer Screening by Age



# BC3NP Services

Statewide program that provides free breast and cervical cancer screening and diagnostic services to women who meet the program's criteria:

Income ≤ 250% Federal Poverty Guidelines

Between ages 21-64 and

**Uninsured OR** 

Insured but has a high deductible or insurance does not pay for all diagnostics



# Program Eligibility: Income < 250% Federal Poverty Guidelines

#### Verbal report by woman based on:

- Woman's total household income and
- # of people supported by income

#### **2023 Federal Poverty Guidelines**

# HH	Income	# HH	Income
1	\$36,450.00	4	\$75,000.00
2	\$49,300.00	5	\$87,850.00
3	\$62,150.00	6	\$100,700.00



# BC3NP Services Provided based on Client Age

# Program Eligibility: Women Ages 21-39

Enrolled in BC3NP or referred by a non-BC3NP provider for breast diagnostics due to an abnormal breast finding: lump or thickening in one breast, unilateral breast pain, nipple changes.

BC3NP paid services\*: office visit, mammogram or ultrasound, MRI, surgical consult, biopsy

\*Additional diagnostics as per client need



# BC3NP Services Provided based on Client Age

# Program Eligibility: Women Ages 21-64

Enrolled in BC3NP or referred by non-BC3NP provider for cervical cancer screening or diagnostics needed for an abnormal Pap/HPV test.

BC3NP paid services\*: office visit, Pap/HPV testing, colposcopy, biopsy, cervical consult.

\*Additional diagnostics as per client need



## BC3NP Services Provided based on Client Age

Program Eligibility: Women Ages 40-64

Enrolled in BC3NP or referred by non-BC3NP provider for breast cancer screening or diagnostics needed for an abnormal mammogram or ultrasound.

BC3NP paid services\*: office visit, mammogram, ultrasound, biopsy, surgical consult.

\*Additional diagnostics as per client need



# Program Eligibility: Insurance Status

# Uninsured Women OR

#### **Underinsured Women**

- Underinsured is defined as having a high deductible (as defined by the woman) **OR**
- No/partial diagnostic service insurance coverage

Exception: Client on Medicare is eligible for BC3NP if she has:

- -- Medicare Part A ONLY OR
- -- Is not eligible/can't afford Medicare Part B





# Benefits of Partnering with BC3NP

- Cancer Treatment: BC3NP cannot pay for cancer treatment. Clients may be eligible for a special Medicaid Treatment program if diagnosed with breast or cervical cancer.
- Navigation assistance provided by BC3NP Lay Navigator/Nurse Specialists for clients if needed
- Transportation vouchers provided for clients who need assistance getting to and from appointments for mammograms or diagnostic procedures.



# BC3NP Fact Sheets for Clients

#### No-Cost Breast and Cervical Cancer Services Available for Women

#### **Breast and Cervical Cancer Control Navigation Program** is ready to help

The Breast and Cervical Cancer Control Navigation Program (BC3NP) will help lowincome women receive the care they need.

The BC3NP can arrange for program-eligible women to receive breast and cervical cancer screenings, follow-up care for an abnormal test result, and treatment – if breast or cervical cancer is diagnosed.

Eligible women must be between the ages of 21-64 (cervical) and 40-64 (breast) with an income  $\leq$  250 % of the Federal Poverty Level.

# of people in the household	Yearly Income	# of people in the household	Yearly Income	# of people in the household	Yearly Income
1	\$36,450.00	3	\$62,150.00	5	\$87,850.00
2	\$49,300.00	4	\$75,000.00	6	\$100,700.00

- Uninsured women can enroll in the program and receive cancer screening services (mammograms and Pap tests) at no cost.
- Women who have insurance but have high-deductibles or insurance does not cover all services may receive screening and/or diagnostic breast/cervical services not paid by their insurance.
- Women diagnosed with breast or cervical cancer may also be eligible to receive treatment through the BC3NP Medicaid Treatment Act (MTA).

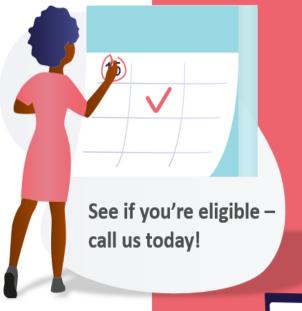
#### Call 844-I-GOT-SCREENED

(844-446-8727) to find out if you are eligible to receive program services.



Are you due for your annual breast and pelvic exam?





844-446-8727

Michigan.gov/BC3NP



# BC3NP Fact Sheets for Providers



#### BC3NP SERVICES PROVIDED

Age 21-64

Cervical cancer screening (Pap/HPV test) and follow-up procedures (colposcopy, biopsy, etc.)

#### Age 21-39

Breast diagnostic procedures due to a breast lump or other abnormal breast finding (ultrasound, MRI, biopsy, etc.)

#### Age 40-64

Breast cancer screening (mammogram) and follow-up procedures (ultrasound, biopsy, etc.)

Cancer treatment is not provided through the program, but women diagnosed with breast or cervical cancer may be eligible for a special Medicald



# Are your patients putting off Cancer Screenings because of the cost\$?

#### WE CAN HELP!

Whether uninsured or underinsured, the Breast and Cervical Cancer Control Navigation Program (BC3NP) will help women receive the screening services they need.

BC3NP can arrange for program-eligible women to receive breast and cervical cancer screenings, follow-up care for an abnormal test result, and treatment – if breast or cervical cancer is diagnosed.

Your patients may be eligible for free or low-cost screenings if they meet these qualifications:

- No insurance or insurance that does not cover follow-up exams
- Yearly income at or below 250% federal poverty guidelines

# People in household	Yearly Income	# People in household	Yearly Income
1	\$36,450	4	\$75,000
2	\$49,300	5	\$87,850
3	\$62,150	6	\$100,700

Contact BC3NP at: <u>BC3NP@michigan.gov</u> OR 844-I-GOT-SCR (844-446-8727) For more information





**BC3NP** 



#### Attention Providers:

#### Resources for Your Uninsured or Underinsured Patients

- · Do you see uninsured patients who cannot afford to get mammograms or Pap tests?
- Do your insured patients have high deductibles or insurance that does not pay completely for breast or cervical diagnostics?

The Breast and Cervical Cancer Control Navigation Program (BC3NP) may be able to help! BC3NP is a statewide program that provides free mammograms, Pap/HPV tests, and breast/cervical diagnostics, if needed, to uninsured women or insured women with inadequate insurance.

#### BC3NP is available for women:

- Between the ages of 21-64 requiring breast/cervical cancer screening services or diagnostics for follow-up of a breast or cervical abnormality
- Have a yearly income at or below 250% Federal Poverty Guidelines.

# People in Household	Yearly Income	# People in Household	Yearly Income
1	\$36,450.00	4	\$75,000.00
2	\$49,300.00	5	\$87,850.00
3	\$62,150.00	6	\$100,700.00

Women diagnosed with breast or cervical cancer may be eligible for a special Medicaid program that covers all needed services, beyond cancer treatment, for as long as the woman meets the program's age and income guidelines.

For more information contact BC3NP at: BC3NP@michigan.gov OR 844-446-8727.



# Help us get clients the screening services they need!



Refer clients to BC3NP for services by:



Enrolling in <u>MI Bridges – Michigan</u> https://newmibridges.michigan.gov



Call **844-446-8727** 



Go online:

www.michigan.gov/BC3NP



Email us: <a href="mailto:BC3NP@michigan.gov">BC3NP@michigan.gov</a>



# Join us as a BC3NP Partner

BC3NP will pay clinics \$75/each woman that completes at least one breast or cervical screening or diagnostic procedure

#### For more information:

Contact:

E.J. Siegl, BC3NP Director

siegle@michigan.gov

Tory Doney, Lay Navigator

doneyT@michigan.gov





# Program For Breast Cancer in Young Adults



#### Michigan 2017-2019: Women Under Age 40

4.1% of new invasive female breast cancer cases

7% of new late-stage female breast cancer cases

2.7% of deaths due to female breast cancer

Source: Michigan Cancer Surveillance System

# Young Breast Cancer

# Young Breast Cancer is Different

Michigan 2017-2019: Incidence Rates			
	Under 40 Years	40 Years and Older	
Diagnosis of late stage	53%	23%	
Non-White Residents	23%	15%	
Triple Negative Subtype	18%	10%	

Source: Michigan Cancer Surveillance System

# Race & Ethnicity Data - Incidence

Young Breast Cancer Incidence (Age <40), 2015-2019

Race/Ethnicity	Age Adjusted Rate	95% Confidence Interval	Statistical Significance
All	13.93	13.24-14.62	
White Non-Hispanic	14.24	13.43-15.06	
Black Non-Hispanic	14.26	12.48-16.04	
Hispanic	7.88	5.75-10.02	Significantly Lower
Asian American/ Pacific Islander	11.60	8.72-14.48	

In young adults under the age of 40, Hispanics have a significantly lower incidence rate.

# Race & Ethnicity Data - Mortality

Young Breast Cancer Mortality (Age < 50) 2016-2020

Race/Ethnicity	Age Adjusted Rate	95% Confidence Interval	Statistical Significance
All	4.40	4.06-4.75	
White Non-Hispanic	4.09	3.70-4.48	
Black Non-Hispanic	7.00	5.90-8.10	Significantly Higher
Hispanic	3.61	2.27-4.96	

For those under the age of 50, Black Non-Hispanics have a significantly higher mortality rate.

Source: Michigan Cancer Surveillance System

# Do we see differences by county?



County	Incidence *
Chippewa	6.9 %
Mecosta	6.7 %
Branch	5.8 %
Kent	5.6 %
Isabella	5.5 %
Marquette	5.2 %
Ionia	5.0 %
Montcalm	5.9 %
Monroe	4.8 %
Wayne	4.7 %
Michigan (all counties)	4.1 %

<sup>\*</sup>Not enough data to report mortality by county

Source: Michigan Cancer Surveillance System

# How can I help?

- 1. Encourage young adults to know their family's history of cancer & report any history to their health care provider.
  - All Cancers other cancers may represent a genetic risk
- 2. Young adults need to be educated on breast health and self breast exams.
- 3. All breast changes should be reported to a provider.
  - Reassure them that there are many different things that can cause breast changes besides cancer (i.e. a cyst, a clogged milk duct).
  - Their provider can assist them with determining the cause.



## Learn more about Breast Cancer in the Young

**CDC** – Bring Your Brave Campaign

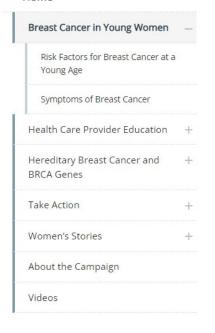
https://www.cdc.gov/cancer/breast/young\_women/bringyourbrave/index.htm



#### *Bring Your Brave* Campaign

Cancer Home > Breast Cancer > Bring Your Brave Campaign Home > plus icon

♠ Bring Your Brave Campaign



#### Breast Cancer In Young Women

Print



<u>Breast cancer</u> is the most common cancer in women in the United States. About 1 in 8 women will get breast cancer during her life.

Although breast cancer mostly occurs among older women, in rare cases breast cancer does affect women under the age of 45. About 9% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.

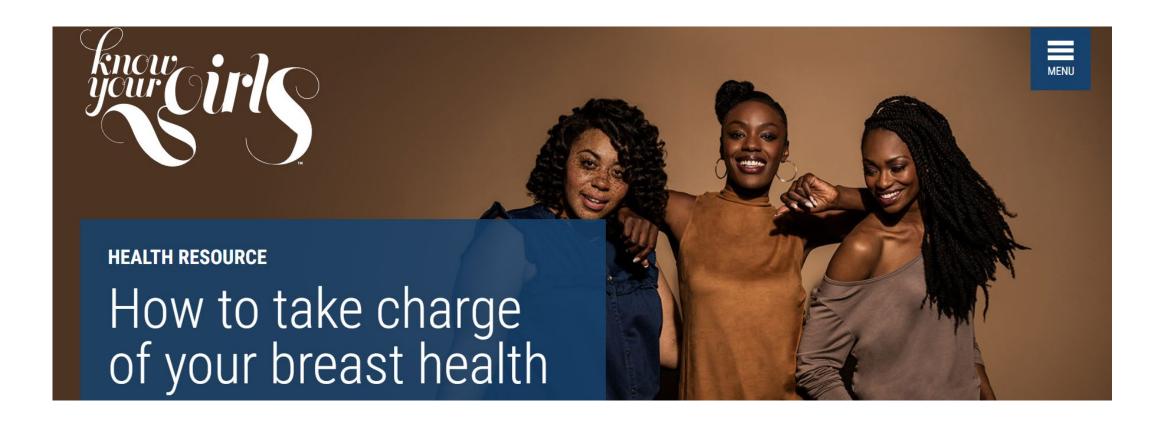
Breast cancer in young women is—

## **Know Your Lemons**

- Helpful learning resource
- Free App Available



https://www.knowyourlemons.org/



# Know Your Girls

Specifically focused on Black young adults

https://knowyourgirls.org/

## Breast Services for High Risk Women



Women at high-risk for breast cancer
(as defined by NCCN guidelines)

BC3NP paid services: Screening MRI, highrisk breast consult

BC3NP cannot pay for genetic testing



# Breast Services for Average Risk Women



Breast Cancer screening is not available to average risk women under the age of 40 based on federal guidelines.

However, if a woman identifies a breast change that may indicate a cancer diagnosis, the BC3NP can provide assistance with diagnostic testing.

## Breast and Cervical Cancer Control Navigation Program (BC3NP)

E.J. Siegl, Program Director SieglE@Michigan.gov







## Resources for Young **Adults with Cancer**



OR

www.Michigan.gov/cancer → Click on the Young Breast Cancer link

#### Breast Cancer in Young Adults



Seeping Michigan Healthy > Chronic Diseases > Cancer > Young Breast Cancer Survivor Program

Young adults with breast cancer are defined as adults who are diagnosed with breast cancer when they are under the age of 45. For these young people, the disease comes at a time when they often have the most family and social responsibilities and also are working to establish financial independence. The disease, treatment and recovery can all impact both their physical and mental health.

This website serves as source of helpful resources and tools for young adults with breast cancer (including metastatic cancer), as well as their caregivers, health care providers, and others who are interested in learning more about the disease and helping them improve their quality of life.

#### Choose a topic to learn more



Breast Cancer in Young Adults



Newly Diagnosed



Treatment and Beyond



Breast Cancer Frequently Asked Questions



Metastatic Breast Cancer Frequently Asked Questions



Caregivers Frequently Asked Questions



**Health Care Providers** 



Resources for Specific Groups



Patient Navigation





### Two Videos Made by Young Adult Survivors

## Frequently Asked Questions

- 10 topic areas with 54 questions around breast cancer
- 6 questions on metastatic cancer
- 13 topics with 56 questions for caregivers

#### Families and Parenting — Cancer and Minor Children

#### What do I tell my children?

There are some resources that can help, including: <u>Your Parent Has Cancer</u>; <u>Helping Children Understand Cancer</u>; <u>Inheritance of Hope</u>; <u>What's Happening to the Mom</u>; <u>Parenting with breast cancer</u>; and Helping Children and Teens.

#### What if I don't want to tell my children?

Read these resources as you make your decision: <u>How to Tell Your Children You Have Cancer</u> and <u>Why Tell Children That a Parent Has Cancer?</u>

#### How do I help my children throughout treatment?

There are practical tips available from the <u>American Cancer Society</u> and <u>Cancer.Net</u>. There are also support services available for children including, but not limited to, <u>Ele's Place</u> and <u>Camp Kesem</u>.

#### How do I balance cancer and parenting?

This resource can help: Parenting With Cancer.

## Resources for Specific Groups



#### Black/African American

- CDC: Take Action to Lower Your Breast and Ovarian Cancer Risk
- Sisters Network<sup>®</sup>
- · Touch, the Black Breast Cancer Alliance
- · YSC Virtual Hangout for African American Young Breast Cancer Survivors | Young Survival Coalition
- Hispanic American
- Jewish
- ⊕ LGBTQ
- + Low-Income Individuals
- Native American/American Indian
- People With Disabilities

## After a Diagnosis of Breast Cancer

Young adults with cancer often feel isolated – some have never met anyone with cancer.

Encourage support groups for young adults

- In-person options vary depending on location.
- For those with internet access, there are many good options for virtual support groups.

Connect them with the MDHHS pages addressing young adult breast cancer



## Pregnancy During Breast Cancer

- •Breast cancer is the most common cancer found during pregnancy. It affects about 1 in 3,000 women who are pregnant.
- Cancer multi-disciplinary team should include an obstetrician.
- •1<sup>st</sup> 3 months cancer treatments are more likely to harm the baby. Doctors are more likely to recommend delaying treatment.
- •Some treatments are not safe at any time during pregnancy and are likely to be delayed until after the baby is born.

Source: <u>Cancer.net</u> (Hyper link) or <u>https://www.cancer.net/navigating-cancer-care/dating-sex-and-reproduction/cancer-during-pregnancy</u>







## Pregnancy After Breast Cancer

### **MYTH**

Many breast cancers are sensitive to estrogen, so there has been concern that the high hormone levels in pregnancy might increase the chance of cancer recurrence. However, <u>studies have not shown</u> that pregnancy increases the risk of the cancer recurrence after successful treatment.

### **FACT**

For women with hormone receptor-positive breast cancer, hormone therapy is typically recommended for 5 to 10 years after treatment. Women who want to have children during this time are often advised to take hormone therapy for at least 2 years before stopping it and then waiting a few months before trying to become pregnant.

Source: <u>Cancer.org</u> (hyperlink) or <u>https://www.cancer.org/cancer/breast-cancer/living-as-a-breast-cancer-survivor/pregnancy-after-breast-cancer.html</u>



# Resources for Pregnant Women with Cancer

Imerman Angels – provides matches between mentors and mentees based on matching criteria – Pregnancy – Spanish – Cancer type – Age <u>– www.lmermanangels.org</u>

Hope for Two | The Pregnant with Cancer
 Network - For women diagnosed with cancer while pregnant - <a href="https://hopefortwo.org/">https://hopefortwo.org/</a>

## Want to learn more? Questions?

Contact Debbie Webster at WebsterD1@Michigan.Gov





Well

Integrated

Screening and

**E**valuation for

**WOM**en

Across the

**N**ation

## What is the WISEWOMAN Program?

The WISEWOMAN program is a Public Health program for Michigan women that provides screening and lifestyle interventions that can reduce their risk for many chronic diseases.

# WISEWOMAN Eligibility

Insurance Status – Under or un-insured

Age – Women 40-64 years of age

Income – at or below 250% of the federal poverty level

### 250% of Federal Poverty Level

### 2023: 250% of Federal Poverty Guidelines

# In Household	Income	# In Household	Income
1 Person	\$36,450.00	4 People	\$75,000.00
2 People	\$49,300.00	5 People	\$87,850.00
3 People	\$62,150.00	6 People	\$100,700.00

## PROGRAM FOCUS AREAS



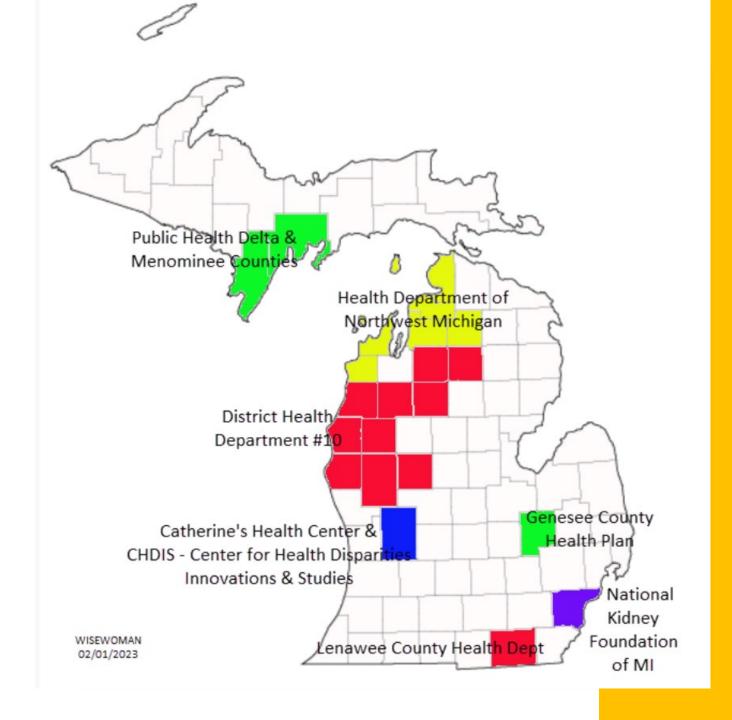
Identify and Communicate risk factors for CVD, stroke, and diabetes through clinical screening

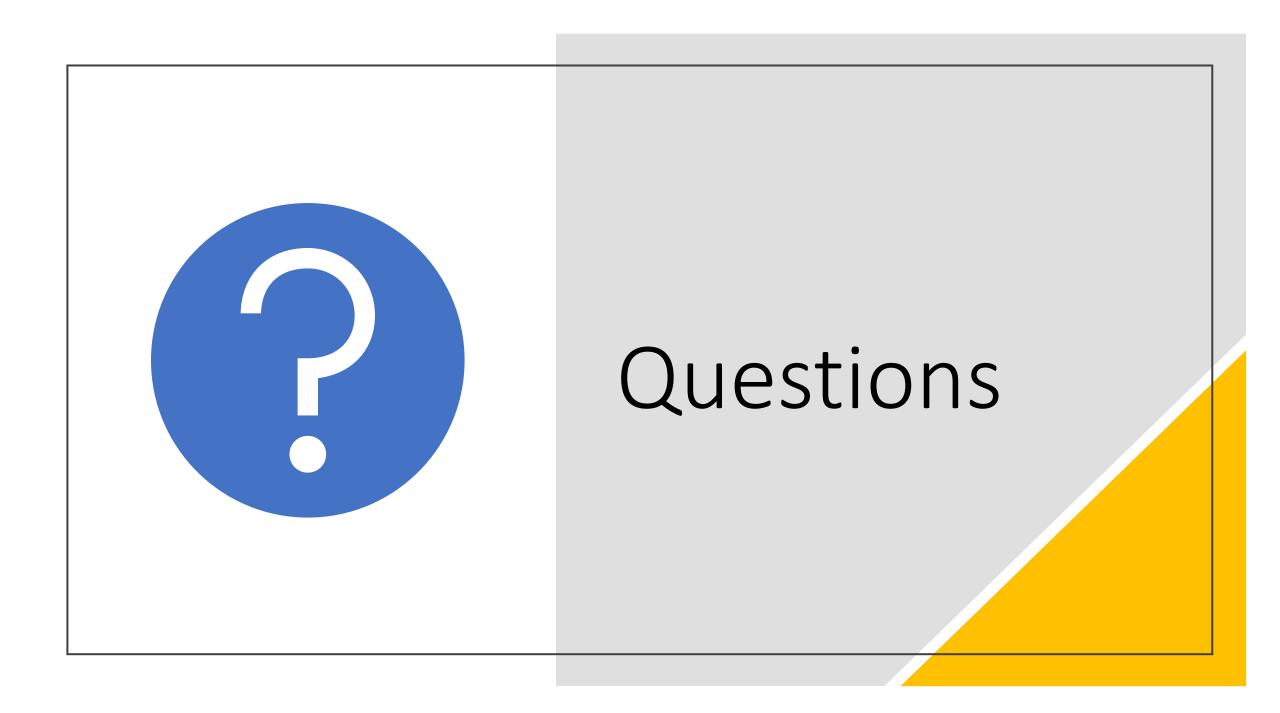


Encourage healthy lifestyle choices using a team-based approach and extending outside linkages to evidenced based programming in the community

## WISEWOMAN Locations

- 8 agencies
- 24 counties





# Contact Information

Courtney Cole
Public Health Consultant - WISEWOMAN
Program Director
Connect with me (517) 335-8216 |
colec13@michigan.gov

Email us at <a href="mailto:mdhhs-miwisewoman@michigan.gov">mdhhs-miwisewoman@michigan.gov</a>

Visit our website at www.Michigan.gov/WISEWOMAN