

Childbirth and Parenting Education - MIHP

CHILDBIRTH EDUCATION – Refer to the Michigan Medicaid Manual section 2.11, Maternal Infant Health Program for complete requirements.

Childbirth education is a series of group classes intended to help:

- Understand the changes in the body during pregnancy;
- Understand the delivery process, including information regarding pre-term labor;
- Understand the postpartum period;
- Care for the infant (classes may include information on developing positive parenting skills);
- Interact with other pregnant women; and
- Build a support network.

First-time mothers must be encouraged to complete the course.

MIHP childbirth education includes, but is not limited to, the following topics:

- Pregnancy,
- Labor and delivery,
- Infant care and feeding,
- Postpartum care, and
- Family planning.

(Also refer to the Education Reimbursement subsection of this chapter for additional billing information.)

2.12 PARENTING EDUCATION - Refer to the Michigan Medicaid Manual section 2.12, Maternal Infant Health Program for complete requirements.

Parenting education is intended to develop positive parenting skills and attitudes, provide interaction with other parents, and possibly build a support network. These services are provided to a group in a classroom situation.

Parenting education classes should include, but are not limited to:

- General feeding recommendations throughout the first year of life,
- Normal and abnormal patterns of elimination,
- Common signs and symptoms of infant illness,
- Common childhood injuries and how to care for them,
- Normal range of sleep, rest, activity and crying patterns,
- General hygiene needs of infants,
- Normal developmental milestones of infants throughout the first year,
- Basic emotional needs,
- Basic protection from toxic and/or hazardous waste,
- Basic immunizations and health maintenance, and
- General day-to-day living with children

(Also refer to the Education Reimbursement subsection of this chapter for additional billing information.)