

MIHP Biweekly Update

October 9, 2023



Maternal Infant Health Program

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Mark Your Calendar: October COP Webinar

The October Community of Practice (COP) webinar will be on Wednesday, October 18th from 9:00am – 10:30am. The topic is "Diabetes and Co-Morbidities, Resources for Assistance," presented by Kim Lombard and Michelle Byrd, PhD, from the MDHHS Diabetes and Other Chronic Diseases Section.

Please use the following link to register: [October 2023 COP](#)

Save the Date: May Coordinator Training 2024

MIHP providers are **required** to attend the MIHP Coordinator Meeting each year. These are annual opportunities to enhance knowledge and skills that can improve home visiting practices, obtain programmatic and department updates, and network with other MIHP providers. These trainings will be conducted in-person. Please review the dates below for planning purposes and stay tuned for additional details at a later date (location, registration, etc.).

2024 May Coordinator Training Dates

- Tuesday, May 14, 2024 – Grand Rapids Area
- Thursday, May 16, 2024– Detroit Area
- Tuesday, May 21, 2024 – Traverse City Area
- Thursday, May 23, 2024 – Upper Peninsula

Additional Information

- Registration and breakfast will begin at 8:00am. The training is scheduled from 8:30am to 4pm.
- The training is free of charge, with continental breakfast and lunch provided.
- Topics to anticipate include MIHP Updates, Medicaid Updates, and program-related content. A detailed agenda will be provided closer to the date of training.
- The training is designed for the MIHP Coordinator, however another MIHP staff member may also attend as an agency representative. The MIHP Coordinator is responsible for disseminating related information and training content to their MIHP staff. Each agency may send a maximum of two participants.

Stay tuned for registration information, to be sent in early 2024.

We look forward to seeing you at the May 2024 MIHP Coordinator Meeting!

“Holding” Families in MIHP Database

There have been several instances in the past few months where it was discovered that local MIHP agencies have been entering basic demographic information before a risk identifier was conducted into the MIHP database, essentially “holding” a family in the system. **This is not allowed.** Please remind all staff that an MRI or IRI may only be entered into MIlogin after a risk identifier has been completed. An agency that continues to be non-compliant will be subject to further review.

Updated MDHHS Family Planning Brochures

The MDHHS Family Planning brochures have recently been updated. They are available to **order for free** from the MDHHS Clearinghouse at www.HealthyMichigan.com.

This publication provides information on Michigan's Family Planning Program. It includes topics on who is eligible, what services are available and who pays for the program. This resource is available in English, Spanish, Arabic, and Swahili.

MDHHS Launches New Statewide Action Plan to Improve Birth Equity

Vision is “Zero Preventable Deaths, Zero Health Disparities”

The MDHHS Division of Maternal and Infant Health has launched a new four-year plan focused on improving birth outcomes for Michigan families.

[Advancing Healthy Births: An Equity Plan for Michigan Families & Communities \(2024 – 2028\)](#) highlights four priority areas:

- Health across the reproductive span.
- Full-term, healthy weight babies.
- Infants safely sleeping.
- Mental, behavioral health and well-being.

“MDHHS is committed to improving the health of pregnant and postpartum people, their babies and their families through birth equity,” said Dr. Natasha Bagdasarian, MDHHS chief medical executive. “Equity is the framework that guides and informs all recommended actions in the new plan. *Advancing Healthy Births* outlines concrete actions to better serve Michigan families, with a special focus on improving care for Black families and other marginalized communities who frequently experience barriers to care.”

The *Advancing Healthy Births* plan was developed in consultation with Michigan families and other maternal-infant health experts in the state. Twelve Town Hall events were hosted by Michigan’s Regional Perinatal Quality Collaboratives to collect community insights and ideas about improving health in our state. The *Advancing Healthy Births* plan continues the work started by the *Mother Infant Health & Equity Improvement Plan (2020 – 2023)* and is the next step in working toward an equitable Michigan.

The plan requires statewide action from all Michiganders and includes the following goals to show improved health for Michigan families by 2028:

- Reduce infant mortality rate to six deaths per 1,000 live births.
- Reduce eclampsia rate to 5.6 cases per 10,000 hospital deliveries.
- Reduce teen birth rate to nine births per 1,000 females ages 15-19.
- Increase number of Michigan doulas trained and on the MDHHS Doula Registry to 500.
- Increase number of hospitals fully implementing the [Severe Hypertension in Pregnancy Safety Bundle \(MI AIM\)](#) to 90%.

The strategies to address these goals are outlined in the plan and include increasing services, expanding access, promoting best practices, expanding resources and support and provider training and education. Results will be evaluated using a combination of numerical data and personal stories from Michigan families.

The plan also provides an update on recent achievements in the care of pregnant people and infants, including doula services being eligible for Medicaid reimbursement, Medicaid coverage extended for the 12-month postpartum period, infant safe sleep certification program for EMS agencies and fire departments, and vaccine hesitancy education.

[View the Advancing Healthy Births plan](#) and discover how you can help work towards improving outcomes for families in Michigan.

Infant Safe Sleep Month

October is [Infant Safe Sleep Month](#) in Michigan calling attention to the importance of preventing [sleep-related infant deaths](#). To keep babies 0-12 months of age safe, while sleeping at night and during naps, families can [follow the safe sleep guidelines and learn more about why they are recommended](#) to keep babies safe.

Social Media

You can help raise awareness by posting to your social media accounts. You can replace the hashtags in the posts with ones that are more appropriate for you or your audience, but please include **#MIMoves4SafeSleep** in every post during October.

Week 1 (October 1-7)

Follow #safesleep practices by placing baby to sleep on their back to help reduce the risk of sleep-related infant death. Back to sleep for EVERY sleep. **#SafeSleepMonth #SIDSAwarenessMonth #MIMoves4SafeSleep**

Week 2 (October 8-14)

A firm, flat mattress in a clutter-free crib, bassinet or pack and play will reduce your baby's risk of sleep-related infant death. Nothing but baby for EVERY sleep. **#safesleep #CleartheCribChallenge #MIMoves4SafeSleep**

Week 3 (October 15-21)

Room sharing helps reduce the risk of sleep-related infant death. Put baby in a #safesleep space (their own crib, bassinet or pack and play) next to your bed. Baby's own sleep space for EVERY sleep. **#MIMoves4SafeSleep #SafeSleepMonth**

Week 4 (October 22-28)

Breastfeeding reduces the risk of sleep-related causes of infant death. If you bring baby into your bed to #breastfeed, be sure to follow #safesleep practices when finished. Move baby to a safe sleep space EVERYTIME you breastfeed. **#MIMoves4SafeSleep #SafeToSleep**

More Posts

Do you want to post more than once a week or have posts throughout the year? Share the safe sleep videos from the Charlie's Kids Foundation by using these [sample posts](#).

Virtual 5K Your Way

Join Michigan's Infant Safe Sleep Action Team for the second *Infant Safe Sleep Month Virtual 5K Your Way*. To participate, complete a 5K run/walk or any other activity for at least 30 minutes (bike, swim, dance, chair aerobics—just move) during the month of October 2023. Participate your way, at your pace, in a way that's fun and comfortable for you. Help color the map with at least one registered participant from every county in the state. [Learn more about the Virtual 5K Your Way and sign up today!](#)

What Else You Can do for Infant Safe Sleep Month

Whether you have five minutes or several hours, learn about [other ways you can make a difference](#) during Infant Safe Sleep Month, and all year long!

If you have any questions about infant safe sleep, please contact the Infant Safe Sleep Program at MDHHS-InfantSafeSleep@michigan.gov or go to Michigan.gov/SafeSleep.

Good night. Sleep tight. Sleep safe.

Learn more about the safest way for babies to sleep at michigan.gov/safesleep



Learning Resources

Perinatal Mini Series on Trauma Informed Care

The Michigan Opioid Collaborative, in collaboration with MC3 (Michigan Clinical Consultation and Care), has shared taped sessions from their Perinatal Miniseries on Trauma Informed Care. Each session is an hour long.

The information, while directed towards medical providers, is helpful for MIHP home visitors working with families affected by trauma and substance use.

- MOC/MC3 2023: Perinatal Mini Series: Part 1 - Trauma-Informed Care for Perinatal Patients <https://youtu.be/H8dx4uwPMGQ>
- MOC/MC3 2023: Perinatal Mini Series: Part 2 - MOUD in Perinatal Care <https://youtu.be/s823NgUJ4Z8>
- MOC/MC3 2023: Perinatal Mini Series: Part 3 - Psychiatric Care and Perinatal Patients <https://youtu.be/oZcGoF3ukEM>
- MOC/MC3 2023: Perinatal Mini Series: Part 4 - Postpartum Continuation & Transitions of Care https://youtu.be/JoBJ18vW_Ug
- MOC 2023: Northern Roundtable - The Intersection between Human Trafficking and Drug Trafficking <https://youtu.be/W1qNj8DxcKE>

Preventing Adverse Childhood Experiences (PACE)

The Preventing Adverse Childhood Experiences (PACE) initiative has continued, with the start of Phase two of the PACE Plan of Care 2 (POC2) pilot. Full implementation is anticipated in 2024. The research and evaluation team from the Michigan Public Health Institute (MPHI) has led this effort and the POC2 Advisory Committee has provided input. Anticipated dates are:

January 1, 2024

Availability of the new PACE POC2 for agencies statewide to use, with training, guidance documents and support.

Mid-2024

Requirement to utilize the new PACE POC2 with appropriate families, enrolled on or after 6/1/24.



Registration is OPEN! Nov. 2-3, 2023 - Explorations in Development virtual training

Creating Space for Fathers in Early Childhood Programs and Practices

Nov. 2, 2023; 9am - 12pm (ET) with Jennifer Bellamy, MSW, PhD, Professor and Associate Dean for Research and Faculty Development at the University of Denver
Nov. 3, 2023; 9am - 12pm (ET) with Eric Donald, PhD, IMH-E®, Public Health Coordinator, Fatherhood Program, Detroit Health Department
Who Will Benefit: Social workers, educators, and any other professionals working with children & families
Registration

Fees - this is a two-day training, registration for one-day is not available:

- \$80 Registration Fee
- \$40 Student Registration Fee

Continuing Education Credits: This training will offer continuing education. **5.5 training hours total: are included with registration fees**

- **Social Work** - 5.5 Approved for Michigan SW continuing education credits/hours
- **IMH Endorsement®** - Will count towards the requirements for the MI-AIMH Endorsement®
- **Licensed Professional Counselors** - This training does **NOT** offer NBCC Hours

Hosted By:

- MPSI Infant Mental Health Program, WSU
- MPSI Healthier Urban Families Outreach Program, WSU
- Michigan Association for Infant Mental Health
- Metro-Detroit Association for Infant Mental Health

Please reach out to Tiffanie Martinez with any questions, tmartinez@mi-aimh.org

[Please click here to register.](#)

October Awareness Months & Holidays for Cause

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|---|--------------|
| Hispanic Heritage Month | (continued) |
| ADHD Awareness Month | October 1 |
| LGBTQ+ History Month | October 1 |
| Breast Cancer Awareness Month | October 1 |
| National Book Month | October 1 |
| Socktober | October 1 |
| World Vegetarian Day | October 1 |
| Kindness To Animals Day | October 4 |
| World Teachers Day | October 5 |
| World Sight Day | 2nd Thursday |
| World Homeless Day | October 10 |
| National Coming Out Day | October 11 |
| World Food Day | October 16 |
| Spirit Day | 3rd Thursday |

BREAST CANCER AWARENESS MONTH 2023



This year, an estimated
**2,800 MEN WILL BE
DIAGNOSED WITH
BREAST CANCER**
*in the United States and
approximately 530 will die.*



**MORE
THAN
AWARENESS**

**1 IN 8
WOMEN**
*in the United States will develop
breast cancer in her lifetime.*

The graphic shows eight pink female silhouettes in a row, with the eighth one from the left highlighted in yellow to represent the statistic that 1 in 8 women will develop breast cancer in their lifetime.

**MORE
THAN
AWARENESS**

What is Breast Cancer Awareness Month? Breast Cancer Awareness Month, held in October every year, aims to promote screening and prevention of the disease, which affects one in eight women in the United States every year and 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs — conducted by groups ranging from breast cancer advocacy organizations to local community organizations to major retailers — aimed at: supporting people diagnosed with breast cancer, including metastatic breast cancer educating people about breast cancer risk factors stressing the importance of regular screening, starting at age 40 or an age that's appropriate for your personal breast cancer risk fundraising for breast cancer research

This information is provided by [Breastcancer.org](https://www.breastcancer.org).

[You can access the full article by clicking here.](#)

Chemotherapy is one of the most common forms of cancer treatment. For many, undergoing chemo is akin to a full-time job, taking up large amounts of time and energy, and a huge toll on patients' bodies. It's important to recognize their sacrifice and commitment to treatment.

Take a look behind the scenes of [getting ready for chemo](#). **#MoreThanBCAM** [WATCH NOW](#)

Upcoming State of Michigan (SOM) Holidays

November 10
November 23 and 24
December 22 and 25
December 29

Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

Please click here to access the most recent Coordinator Directory. [MIHP Coordinator Directory](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.