

# Weekly Update

## Maternal Infant Health Program



Please share this information with all  
MIHP team members.

**Monday, November 15, 2021**

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## MIHP Website Language Updates

As mentioned in our Home Visiting Conference Model Day session, the MIHP team is working toward increased awareness and inclusivity within our documents and website. You may notice slight modifications throughout. While these changes do not affect agencies, you are welcome to adapt any of the language that we have posted. The goal of MIHP (to promote healthy pregnancies, positive birth outcomes, and healthy infant growth and development in an effort to reduce infant mortality and morbidity among the Medicaid population) has not changed. What we have added is our mission and vision, which highlights the partnership between the program and beneficiaries that we serve. On our “About Us” page on the website we have added the following:

*The Maternal Infant Health Program nurtures health and wellness throughout pregnancy and infancy by partnering families with caring, trusted, and knowledgeable home visitors who serve the goals and needs of each family. Our vision is that all babies, families, and communities in Michigan are healthy and thriving.*

## MIHP Agency Directory Issue

Until further notice, due to a glitch in the MIHP database, the closed agencies tab will be removed from the distributed MIHP Agency Directory. If a question arises about a closed agency, please contact the MIHP team at [mihp@michigan.gov](mailto:mihp@michigan.gov) for additional information. The MDHHS IT staff are working on resolving the issue. We apologize for the inconvenience.

## Remember! COP Webinar This Week

The November Community of Practice webinar will feature Maria Muzik, M.D, M.S, Associate Professor, University of Michigan Department of Psychiatry and Department of Obstetrics and Gynecology. Dr. Muzik will be presenting on Trauma Informed Care on **Wednesday, November 17th** from 1:00 PM - 2:30 PM.

To register, please go to <https://www.eventbrite.com/e/mihp-november-2021-bi-monthly-agency-webinar-tickets-116920671877>.

# Diabetes Awareness Month

November is National Diabetes Month, a time when communities across the country team up to bring attention to diabetes. This year's focus is on prediabetes and preventing diabetes.

Prediabetes is a serious health condition where your blood sugar levels are higher than normal, but not high enough yet to be diagnosed as type 2 diabetes. **According to the CDC, more than 1 in 3 U.S. adults have prediabetes—that's 88 million people—but the majority of people don't know they have it.**

The good news is that by making small healthy lifestyle changes, it is possible to prevent type 2 diabetes and even reverse your prediabetes.

Check out the [website of NIH's National Institute of Diabetes and Digestive and Kidney Diseases](#) (NIDDK) for tips to help manage prediabetes and prevent diabetes. The website provides links to many other resources to share with your families.

The [American Diabetes Association's website](#) also has extensive information and resources.

## Link to MDHHS Publications

[Sign up here to receive program updates and communications.](#)

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## Coordinator Directory

[Click here to access the Coordinator Directory](#)

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## Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

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## Previously Released MIHP Weekly Updates

To review any previously released MIHP Weekly Updates, they can be found by visiting the MIHP webpage [Michigan.gov/MIHP](http://Michigan.gov/MIHP) or [by clicking here](#).

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Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.