

## MIHP Biweekly Update

March 27, 2023



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### MIHP Promotional TikTok Video

Check out this brief [MDHHS MIHP video](#) that was featured on TikTok during a statewide promotional campaign. Feel free to share the video on your social media platforms. It is also posted on our [Promotional Materials](#) webpage (under the Communications section).

## Proposed Medicaid Policy Public Comment Review

The Michigan Diabetes Prevention & Control Program in the MDHHS Diabetes & Kidney Unit has a policy opportunity to share. Public comments are now being accepted for the proposed Medicaid policy addressing **coverage of the Diabetes Prevention Program for Medicaid beneficiaries**. The policy is attached for your review.

Comments on this proposed policy are due **April 19, 2023** and may be forwarded to Mary Anne Sesti at [sestim@michigan.gov](mailto:sestim@michigan.gov).

A list of proposed Medicaid policies may be accessed [here](#) on the MDHHS website.

[Notice of Proposed Policy](#)



## Register Today for the PHN101 Conference

Join us for a conference specifically designed for **Public Health Nurses (PHNs) across Michigan!** MDHHS is hosting a **free** conference in April to support and celebrate our public health nursing workforce. Registration closes **Tuesday, March 28<sup>th</sup>**.

While this event may be of particular interest to newer nurses, it is open to **PHNs of all experience**. Meals will be provided, and exhibitors will be available with materials to offer. Featured agenda topics include:

- The Expansive Public Health Landscape and Scope
- Building Vaccine Confidence
- Panel Discussion Featuring Public Health Nurses
- Michigan State Police: Protecting Ourselves
- Workplace Harmony and Conflict Communication

There are two options for attendance, with the same content being covered at both sessions. The dates and registration links are available below:

**Upper Michigan: Gaylord**

- Wednesday, April 5, 2023
- 9:00am – 4:00pm (doors open at 8:00am)
- [Register here for Upper Michigan](#)

**Lower Michigan: Livonia**

- Tuesday, April 11, 2023
- 9:00am – 4:00pm (doors open at 8:00am)
- [Register here for Lower Michigan](#)

[Attached is also a flyer with event details.](#) Please share this opportunity with your staff or networks that support Public Health Nurses.

## **Navigating Healthcare Children's Waiver Program Webinar**

Michigan Family to Family Health Information Center is pleased to offer a new learning opportunity for families of children with disabilities/special health care needs called the ***Navigating Healthcare Webinar Series***. These webinars are short, one hour Zoom calls on various topics of interest. Michigan parents, caregivers, providers, youth, and any other interested individuals are welcome to register for these events.

The first webinar will be **April 5<sup>th</sup> from noon to 1:00 pm** on ***Understanding the Medicaid Children's Waiver Program***. This interactive webinar will cover the basics about the Michigan Medicaid Children's Waiver Program and include an overview of the Children's Waiver, how it works, how to apply, and what services may be covered. Our guest speaker will be Mr. Angelo Powell, Specialist, Home and Community Based Service Policy and Implementation at MDHHS.

The webinar will be offered on Zoom and registration is required.

To register, please use the link below. Please share this flyer with families and other interested individuals.

<https://redcap.link/nhwebinar>

[MI F2F Navigating Healthcare CWP Flyer](#)

## Oral Health Resources for Families

A variety of resources are available to provide education on the importance of oral health during pregnancy and infancy. Consider resources such as the materials available below when working with families. Many materials are one-page educational handouts or brochures.

### [Consumer Materials: OHRC \(mchoralhealth.org\)](http://mchoralhealth.org)

- *Healthy Smiles (pregnancy and infancy)*
- *Healthy Habits for Healthy Smiles*
  - Topics such as brushing a child's teeth, choosing healthy drinks, visiting the dentist by age 1, and more.
- *Tips for Good Oral Health During Pregnancy*
  - Also available in Amharic, Arabic, Armenian, Burmese, Chinese, Hmong, Marshallese, Polish, Somali, Spanish, Vietnamese, and Yiddish.
- *Oral Health Tips for Families*
  - Also available in Arabic, Chinese, Chuukese, German, Korean, Portuguese, Russian, Samoan, Spanish, and Vietnamese.

### [MDHHS Perinatal Oral Health Website](#)

- *Promotional Material for Adult Dental Medicaid Benefit*
- *Video: Accessing Oral Health Care During Pregnancy*
- *And more!*

## Learn about Safe Sleep Spaces

The American Academy of Pediatrics (AAP) recommends a firm, flat sleep surface for your baby. A [crib, bassinet, or pack and play](#) that follows the safety standards of the Consumer Product Safety Commission (CPSC) is recommended. The mattress should be covered by a tightly fitted sheet with no other bedding or soft items in the sleep area. If your baby falls asleep in an unsafe sleep space, they should be moved to a crib, bassinet, or pack and play as soon as possible.

Many products may seem safe to use with your baby during naps or sleep times. However, some of these products, such as bumper pads, positioners, docks, loungers, and inclined seats, can be dangerous for sleep. These items may even be sold as a sleep space or recommended by other parents or health care providers, despite their risk for sleep-related death. Watch the video "[How do you know if products are safe for sleep?](#)" to determine if a product is safe for sleep.

Learn more about [safe sleep spaces](#) and infant safe sleep at [Michigan.gov/SafeSleep](http://Michigan.gov/SafeSleep).

Good night. Sleep tight. Sleep safe.

Learn more about the safest way for babies to sleep at [michigan.gov/safesleep](http://michigan.gov/safesleep)



## Child Development Training for Home Visitors

The Michigan Home Visiting Initiative has partnered with Zero to Three to offer trainings on the frequently requested topic of child development. Unlike past trainings offered, registration for those trainings will be handled by Zero to Three and not MPH. Each training can accommodate up to 60 attendees. A waitlist will be active once each training reaches capacity. Please follow the registration information instructions below from Zero to Three.

Participants should register at least one week prior to the training date to ensure they receive reminders and access to the system. After clicking the links, participants will need to either log in to the Zero to Three site or create an account if they do not have one. A wait list feature has been enabled so after registration reaches capacity, registrants will be prompted to sign up for the wait list. If there are any cancellations, those on the wait list will be notified by email. If there are any troubles with the site, please reach out to [learnsupport@zerotothree.org](mailto:learnsupport@zerotothree.org).

### Child Development Training Series:

#### Supporting Children and Families Around Developmental Disorders/Disabilities

The arrival of a baby whose development, physical or cognitive capacities are delayed or reflect disability can have significant impact on the family. Understanding developmental disorders and disabilities and supporting the young child in reaching their optimal potential while supporting the parents and family is a key role of many providers across disciplines such as health, mental health, early intervention and early care and education. This session will review ways to identify developmental disorders and disabilities, provide early intervention and foster family support and competence.

**This training is being offered twice to accommodate more participants. Please only register for one.**

**4/19/23 11-12:30 EST:** <https://elearn.zerotothree.org/p/supportingchildren1-MPHI>

**4/20/23 11-12:30 EST:** <https://elearn.zerotothree.org/p/supportingchildren2-MPHI>

### **Infant and Early Childhood Development**

This professional development event will provide participants with a foundational understanding of infant and early childhood development from birth through 5 years old. Content will cover multiple domains of development such as physical, motor, perceptual, cognitive, communication and language development. An emphasis will also be placed on social-emotional development, as foundational to all development. This training will enable participants to better understand how development unfolds in infants and young children and to recognize not only milestones of typical development, but indicators of developmental delays or possible disorders. As a result, learners should gain greater confidence in working with children from birth through 5 years old.

**5/18/23 11-12:30 EST:** <https://elearn.zerotothree.org/p/iecdev-mphi2023>

### **Neuro-relational Development**

A child's brain undergoes an amazing period of development from birth to three—producing more than a million neural connections each second. Join us for a focus on how brain development occurs within the context of relationships in infancy and early childhood.

- Delve into key concepts such as “mind-sight,” “serve & return,” experience dependency and expectancy, as they relate to neural development.
- Discover how the limbic system and executive functioning are mediated through relationships and experience.
- Examine the impact of trauma and toxic stress on brain development.

**6/1/23 11-12:30 EST:** <https://elearn.zerotothree.org/p/iecmh-neurodev-mphi-2023>

### **Foundations and Theoretical Perspectives in Infant and Early Childhood Mental Health**

The field of infant and early childhood mental health (IECMH) is relatively new, having its roots in the early 20<sup>th</sup> century and continuing to build and expand through a growing body of empirical evidence and clinical practice. Explore a wide range of areas from the historical foundations of IECMH, importance of attachment, building relationships, and responsive caregiving, as well as disorders that can disrupt these processes. Gain a better understanding of the mental health needs of infants, toddlers, and young children and their families, and strategies for supporting them.

**This training is being offered twice to accommodate more participants. Please only register for one.**

**6/14/23 11-12:30 EST:** <https://elearn.zerotothree.org/p/foundations1-mphi2023>

**6/15/23 11-12:30 EST:** <https://elearn.zerotothree.org/p/foundations2-mphi2023>

## Supporting Parents with Intellectual and Developmental Disabilities

Wednesday, April 12, 2023

10:00 am – 12:00 pm

REGISTER HERE: <https://www.eventsquid.com/register/19969>

Presenters: Kruti Acharya, MD, FAAP & Susan Kahan, LCPC, both of the University of Illinois Chicago

After a brief overview of the topic and communication strategies, participants will be divided into breakout rooms to engage in small group case-based discussion. Cases discussed will be real-life cases submitted by Michigan home visitors. There will be time for debriefing and feedback.

For questions regarding registration please contact [eandtreg@mphi.org](mailto:eandtreg@mphi.org)



## Essentials of Home Visiting Webinar Series

The [NEW Essentials of Home Visiting learning experiences](#) from Start Early® unpack the unique factors that affect adult learning and literacy so home visitors can be more effective in collaborating and engaging with diverse families. These series are perfect for ALL home visiting and early childhood staff, whether you're an experienced professional or just starting out!

Each series includes two-part virtual webinars facilitated live by a Start Early® home visiting expert. Part one introduces concepts and tools to apply to everyday practice. Part two follows a few weeks later to provide an opportunity for reflective learning and application, focusing on implementation and practice.

In a recent pilot, **participants shared that they appreciated the two-part nature of the learning experience, which afforded them the space and time to reflect and discuss with their peers** what they learned and the tools they put into practice. [Register here](#) for the upcoming series (login is required to register). Or contact the Start Early® team at [ProfessionalDevelopment@StartEarly.org](mailto:ProfessionalDevelopment@StartEarly.org) if you wish to purchase the series in bulk for your workforce.

## Collaborating with Families: Using Adult Learning Styles

Part 1: April 24th, 2023 from 2:00pm - 3:00pm

Part 2: May 8th, 2023 from 2:00pm - 3:00pm

## Collaborating with Families: How Adult Literacy Informs My Work

Part 1: June 6th, 2023 from 2:00pm - 3:00pm

Part 2: June 13th, 2023 from 2:00pm - 3:00pm

*The new learning series was co-developed with LA Best Babies Network with funding from Dignity Health California Hospital Health System and First 5 LA.*

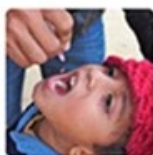


## Current Issues in Immunization Webinar Series

On **March 29, 2023 from noon – 1:00pm**, the Immunization Services Division (ISD) in the National Center for Immunization and Respiratory Diseases (NCIRD) will host the next *Current Issues in Immunization* webinar. The agenda includes updates on the 2023 child/adolescent and adult immunization schedules.

Registration will not be needed for this event. Participants can join directly at: <https://cdcizlearn.adobeconnect.com/ciiw/>

Please note that participation is limited. Should the event be full, a recording will be available following the webinar at: <https://www.cdc.gov/vaccines/ed/ciiw/index.html>.



Prevention of disease, disability, and death through immunization and by control of respiratory and related diseases.



# MDHHS recognizes benefits of having a family physician during Family Medicine Week

## Press Release

**FOR IMMEDIATE RELEASE:** March 20, 2023

**CONTACT:** Chelsea Wuth, 517-241-2112, [WuthC@Michigan.gov](mailto:WuthC@Michigan.gov)

### **MDHHS recognizes benefits of having a family physician during Family Medicine Week**

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS), along with Gov. Gretchen Whitmer, the Michigan Academy of Family Physicians and the Michigan Association of Osteopathic Family Physicians [are recognizing March 19-25](#) as Family Medicine Week in Michigan.

Family medicine is a medical specialty practiced by family physicians. These physicians undergo extensive training to provide comprehensive care for people of all ages.

“Visiting your family physician for regular check-ups and to keep up-to-date on immunizations can help you stay healthy and prevent illness,” said Dr. Natasha Bagdasarian, chief medical executive. “Having a family doctor helps build a lasting relationship with someone who knows you and your family’s medical history and can treat a variety of medical conditions. We recommend all Michigan residents get a family physician or other primary care provider and keep up with routine medical visits.”

Family Medicine Week highlights family physicians’ dedication to providing comprehensive, coordinated primary care to residents across the state to protect and improve health and wellness and reduce costs to the health care system. Research shows that adults and children with a family physician as their regular source of care have lower annual costs of care, visit the doctor less, are prescribed fewer medications and report less difficulty accessing care.

Family physicians are key partners in Michigan adults and children getting vaccinated against the seasonal flu, COVID-19 and other vaccine-preventable diseases that cause illness and death.

To learn more about Michigan Academy of Family Physicians, visit [MAFP.com](http://MAFP.com). To learn more about Michigan Association of Osteopathic Family Physicians, visit [MAOFP.org](http://MAOFP.org).

- [Family Medicine Week.pdf](#)

# Upcoming State of Michigan (SOM) Holidays

May

May 29th - Memorial Day

## Women's History Month

### 11 LGBTQ+ Women Who Shaped the Course of History

While every March marks [Women's History Month](#), queer and transgender women have yet to get their flowers. There have been [attempts](#) to make the month more queer and trans-inclusive, but recognizing the work of LGBTQ+ women goes beyond simply saying that it's their month, too. It's our duty to uncover the contributions of queer and trans women throughout history and honor them all 365 days of the year

[To read the full article please click here.](#)

To learn more about LGBTQ+ Women in History, please use the links below:

[30 LGBTQ+ Women Who Changed Sports, Culture, Politics, History](#)

[LGBTQ+ Women Who Made History](#)

[12 LGBTQ Activists Who Have Changed American History](#)



## Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

## Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

## MDHHS Publications

[Sign up here to receive program updates and communications.](#)

## Coordinator Directory

[Please click here to access the most recent Coordinator Directory.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.