

## MIHP Biweekly Update

April 24, 2023



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### Directory Audit Form--Additional Clarification

This is a reminder that the Bi-annual Directory Audit form is due. If you have already completed and returned the form, please disregard this message. Unfortunately, the Population Focus section on the original request form was not fillable. If you did not receive a fillable form and need to add content for this area, please contact the [mihp@michigan.gov](mailto:mihp@michigan.gov) mailbox. Population Focus is not required. It is only for agencies who had a specialty designation in the past, such as “Working with Adolescents,” “Working with Veterans,” “Working with substance exposed families,” etc. You do not have to fill in that area. Population Focus does not include languages spoken by the staff. There is another section for Languages **Spoken by Home Visiting Staff**. The Languages Spoken by Home Visiting Staff section should not include external language interpretation services.

## Cycle 9 Certification Reviews

Certification reviews will begin again in July 2023 following Cycle 9 Certification Specifications. Here are a few reminder tips for a successful certification review:

- Assure all approved protocols are being followed.
- Submit any change or updates in agency protocols for approval to [mihp@michigan.gov](mailto:mihp@michigan.gov).
- Agencies required to submit a Corrective Action Plan should assure it is implemented.
- Perform Internal Agency Chart Reviews as required.
- Check for the most common cited Cycle 8 Certification Indicators
  - Consents to release PHI not correctly completed or followed
  - Not addressing all plans of care before discharge
  - Families not receiving visits from both disciplines
  - Updating Plans of care with any intervention level change and additional domains added based on professional judgement
  - Action plans not done or not documented as done
  - No follow up on referrals within three visits, most often on referrals made during assessment
  - Discharge summary not completed
- Assure requirements that are refused by the family are documented accurately.
- Finally, review the MIHP Cycle 9 Operation Guide to assure documentation is completed in the correct area of the chart.



## New Resource Available – Residential Wells

A new resource has been developed by MDHHS Division of Environmental Health. The focus of this resource is on private residential wells and pregnant persons or families with babies. [View this informational resource here](#). Please feel free to use this resource with families.

Learn more about drinking water and other important topics at [www.Michigan.gov/EnviroHealth](http://www.Michigan.gov/EnviroHealth).

## Indigenous Infant Safe Sleep Series

We are pleased to announce the newly released Indigenous Infant Safe Sleep Series shared from the Inter-Tribal Council of Michigan (ITC). These safe sleep materials have been carefully developed with the latest research in mind to share with providers and families. They offer information about the various ways that our families can support safe sleeping environments to ensure the health and development of babies in our communities. They include information on infant safe sleep, breastfeeding, skin-to-skin care, and proper baby carrier and cradleboard use.

The series is found on ITC's [Infant Safe Sleep page](#) in the 'Additional Resources' section.

Good night. Sleep tight. Sleep safe.

Learn more about the safest way for babies to sleep at [michigan.gov/safesleep](http://michigan.gov/safesleep)



## Free Webinar Series: Maternal Health Equity and Well-being

Start Early is offering a **free [three-part, virtual learning series](#)** about maternal health equity and well-being, designed to build early childhood professional skills in supporting people who are pregnant and/or have recently given birth. Key areas of focus include physical recovery, maternal health warning signs, mental health and wellness, maternal self-care, and systems of social support.

This learning series runs May – July and is open to anyone who provides care and service to birthing people and new families, **with particular emphasis on home visitors, home visiting supervisors, birth justice advocates, doulas, and health care providers.** Expert panelists will bring diverse perspectives and backgrounds to each topic, centering the voices of birthing people and their families. The specific dates and webinar titles are:

1. **Webinar #1: Physical Recovery, Anticipatory Guidance, and Maternal Health Warning Signs** | Tuesday, May 23, 2023 from 12-1pm ET
2. **Webinar #2: Maternal Mental Health and Self Care** | Tuesday, June 27, 2023 from 12-1pm ET
3. **Webinar #3: Building and Mobilizing Support** | Wednesday, July 26, 2023 from 12-1pm ET

[Registration is available here.](#)

If you have questions, please contact [Events@StartEarly.org](mailto:Events@StartEarly.org). Hosted by Start Early in partnership with the University of North Carolina at Chapel Hill's [4th Trimester Project](#).



## Count the Kicks Introducing: New Web-based Kick Counter!

Count the Kicks is thrilled to announce our new web-based kick counting platform is live! This new tool lets expectant parents track their baby's movements on a desktop or laptop computer, and makes kick counting more accessible.

The web counter is a great option for expectant parents who don't have access to a mobile device or tablet. Expectant parents can even track their baby's movement on a computer at the public library or at a friend's house!

*Count the Kicks* is committed to helping all expectant parents have a healthy birth day, and we're thrilled to bring these important and convenient new tools to our app users to improve their experience and birth outcomes. Expectant parents can access the web counter on the [app download page](#) on our website or visit the [counting platform directly here.](#)

### Thanks to our Partners

The web-based kick counting platform was made possible thanks to the generous support of the [Polk County Supervisors](#), [Polk County Early Childhood Iowa](#), [Prairie Meadows](#), and [Microsoft](#). The web counter was also supported by the fundraising efforts of *Count the Kicks* [Ambassadors](#) Jillian Wolley, Heather Johnston-Welliver, Danielle Barkley, and Emily McConnell.

### Help Us Spread the Word!

Help us spread the word about the web-based kick counting tool! We invite you to share this new tool with anyone currently expecting a baby and those who work with expectant parents. You can have a direct impact on improving birth outcomes by sharing this new kick counting tool with others. Thank you for helping us make sure more expectant parents are equipped with education on kick counting in the third trimester of pregnancy!



## Gov. Whitmer Proclaims April 11-17 as Black Maternal Health Week

Annually, April 11 – 17 is recognized nationally as Black Maternal Health Week, founded by the Black Mamas Matter Alliance, which amplifies the voices of Black Mamas and centers the values and traditions of the reproductive and birth justice movements. Black mothers are 2.8 times more likely to die from pregnancy-related causes than their white counterparts. While Michigan prioritizes maternal health, the state also recognizes the social and structural barriers that contribute to the high maternal mortality and morbidity rates for Black mothers. Michigan is addressing the root causes of Black maternal morbidity and mortality through systemic change, social justice work, mental health, breastfeeding, and doula care support, along with access to equitable health services and programs.

On April 14, 2023, Governor Gretchen Whitmer proclaimed April 11-17 Black Maternal Health Week in Michigan to honor the prenatal through postpartum experiences of Black mothers. In the press release Governor Whitmer indicated that "Black mothers in Michigan deserve to have access to quality affordable maternal and infant health care and a supportive, caring environment that leads to a healthy pregnancy," said **Governor Whitmer**. "Earlier this year, our work helped Michigan become one of the first states to cover doula services, and we have consistently invested in Healthy Moms, Healthy Babies to reduce disproportionate racial maternal and infant mortality rates and ensure all moms and babies have the support they need. Let's keep working together to ensure Michiganders—no matter where they live or who they are—can have a healthy pregnancy.

[View the full proclamation here.](#)



## Children Trust Michigan Seeks Proposals

The MDHHS Children Trust Michigan (CTM) is looking for proposals for statewide and local programs to strengthen children's relationship with their fathers.

Children Trust Michigan wants proposals to promote a father's engagement with their children, nurture father-child relationships and build parental resilience.

“Children around the state will benefit from this funding to help fathers develop nurturing relationships with their children,” said Demetrius Starling, senior deputy director of the MDHHS Children’s Services Administration. “Michigan already has many strong fatherhood programs in place. We want to expand upon successful initiatives that are improving child well-being and put in place new programs. Children experience better outcomes when they have strong relationships with their fathers.”

The Direct Service Fatherhood Initiative Program funding is open to local or statewide public, private or nonprofit 501(c)(3) organizations. This is the first time that this annual Children Trust Michigan prevention funding has focused specifically on fatherhood initiatives.

This funding is available to new programs or for expanding existing programs. It will provide seed money to establish services – not for operating ongoing services. Examples could include – but are not limited to – programs such as:

- [24/7 Dad](#), a program that supports the growth and development of fathers as caring and compassionate people who treat themselves, others and the environment with respect and dignity.
- [Inside Out Dad](#), a curriculum for incarcerated fathers that bridges the gap between the father and his children.
- [Supporting Father Involvement](#), a child abuse preventive intervention program designed to enhance fathers' positive involvement with their children.

Total available funding is \$400,000 and MDHHS estimates five awards with a maximum of \$80,000 and minimum of \$10,000.

The state will hold a pre-application conference to discuss this funding opportunity and provide instruction on using the EGrAMS system. The pre- application conference can be viewed at <https://bit.ly/3l89Wv9>.

Applicants must electronically submit applications for initial review and endorsement by a Children Trust Michigan local council by 3 p.m., May 22. Applications endorsed by local councils will be forwarded to MDHHS by June 8. The program period runs from Oct. 1, 2023, through Sept. 30, 2024.

For more information or to apply, visit the [EGrAMS website](#) and select "About EGrAMS" link in the left panel to access the "Competitive Application Instructions" training manual. The complete request for proposals can be accessed in the “Current Grants” section under the “Children Trust Michigan Direct Service” link by selecting the “DSFI-2024” grant program.

[Fatherhood Programs Press Release.pdf](#)



Michigan Department of Health & Human Services

## From MDHHS: How to Stay Healthy This Tick Season

### Press Release

**CONTACT:** Chelsea Wuth, 517-241-2112, [WuthC@michigan.gov](mailto:WuthC@michigan.gov)

#### **MDHHS educates Michigan residents about how to stay healthy this tick season**

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS) encourages Michigan residents to take steps to avoid tick bites while enjoying the outdoors. Tick-borne diseases, particularly Lyme disease and anaplasmosis, are increasing across the state as weather warms. Ticks can be active when the weather is above 40°F.

“Preventing tick bites is the best way to prevent tick-borne diseases,” said Dr. Natasha Bagdasarian, MDHHS chief medical executive. “Michigan residents who find a tick attached to their body should promptly remove it and monitor their health. If they begin to experience fever, rash, muscle or joint aches or other symptoms, they should consult a medical provider.”

Signs and symptoms of tick-borne disease typically begin one to two weeks after a tick bite, often after being in wooded or brushy areas where ticks commonly live. Early symptoms can be non-specific and include fever or chills, rash, headache, fatigue and muscle aches. Early treatment with appropriate antibiotics can decrease the risk of serious complications.

Lyme disease, caused by the bacterium *Borrelia burgdorferi*, is the most common tick-borne disease in Michigan. Anaplasmosis, caused by the bacteria *Anaplasma phagocytophilum*, is the second most common tick-borne disease in Michigan and cases are increasing, particularly in the state’s Upper Peninsula.

Both Lyme disease and anaplasmosis are transmitted by *Ixodes scapularis*, commonly known as the blacklegged or deer tick. The blacklegged tick is well-established in parts of Michigan’s Upper and Lower Peninsulas and has been expanding its range over the years. Information about Lyme disease risk by county is available at [Michigan.gov/Lyme](http://Michigan.gov/Lyme).



People can protect themselves against Lyme disease and other tick-borne diseases by following these tips:

**Avoid tick-infested areas.**

- Ticks live in grassy, brushy and wooded areas.
- Walk in the center of trails to avoid contact with overgrown grass, brush and leaf litter at trail edges.
- Protect pets! Dogs and cats can come into contact with ticks outdoors and bring them into the home. Talk with your veterinarian about the best tick prevention products for your pets.

**Use insect repellent.**

- Apply an EPA-registered repellent on exposed skin. Find a repellent product that is [right for you](#).
- Treat clothes (especially pants, socks and shoes) with permethrin, which kills ticks on contact or buy clothes that are pre-treated. Do not use permethrin directly on skin.
- Always follow the manufacturer's instructions when applying repellents.

**Perform daily tick checks.**

- Always check for ticks on yourself and your animals after being outdoors, including in your own wooded yard.
- Inspect all body surfaces carefully and remove attached ticks with tweezers.
- To remove a tick, grasp the tick firmly and as closely to the skin as possible. With a steady motion, pull the tick's body away from the skin. Cleanse the area with an antiseptic.

**Bathe or shower.**

- Bathe or shower as soon as possible after coming indoors (preferably within two hours) to wash off and more easily find ticks that might be crawling on you.
- Wash clothing in hot water and dry on high heat to kill ticks in clothing.

The MDHHS Emerging & Zoonotic Infectious Diseases Section has recently released a report "[Michigan Trends in Tickborne Disease, 2016-2020](#)," which includes up-to-date information on the types of ticks that are common in Michigan and the diseases they can carry.

Not all ticks spread the same germs. MDHHS can help to identify ticks you may encounter outdoors. Residents can email photos of ticks to [MDHHS-Bugs@michigan.gov](mailto:MDHHS-Bugs@michigan.gov) for identification or submit ticks to MDHHS for identification. For more information on how to submit your tick and/or photos and information on ticks, visit [Michigan.gov/Lyme](https://Michigan.gov/Lyme).

For more information on Lyme disease, visit [CDC.gov/Lyme](https://CDC.gov/Lyme).

[Tick Safety.pdf](#)



# Upcoming State of Michigan (SOM) Holidays

**May**

May 29th - Memorial Day

## April Is National Minority Health Month

Many people in racial and ethnic minority and American Indian and Alaska Native communities experience conditions and diseases of the bones, joints, muscles, and skin. National Minority Health Month is an opportunity to learn about these conditions and to share resources and information with your patients and community members. NIAMS offers more than [40 Health Topics](#) with information related to symptoms, treatment, and tips for daily living.

Being more aware of the health and health care disparities that affect racial and ethnic minorities can improve your ability to assist and educate those who are more at risk. Some people may have an increased risk for certain health conditions, but they can still take steps to improve their health and to minimize those risks.

### Share these resources:

- [Living With Lupus: Health Information Basics for You and Your Family](#)
- [Scleroderma Overview](#)
- [Systemic Lupus Erythematosus \(Lupus\) Overview](#)
- [NIAMS Community Outreach Bulletin](#)

You can order some materials about these and other topics for free by visiting the [NIAMS Publication Ordering System](#) or calling toll free at 877-226-4267 (TTY: 301-565-2966). Many publications are available in [other languages](#) besides English including Spanish, Chinese, Korean, and Vietnamese.

### For more information:

- [National Institute on Minority Health and Health Disparities](#) (National Institutes of Health, U.S. Department of Health and Human Services)
- [HHS Office of Minority Health](#) (U.S. Department of Health and Human Services)
- [Minority Health Information](#) (Centers for Disease Control and Prevention, U.S. Department of Health and Human Services)



## Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

## Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

## MDHHS Publications

[Sign up here to receive program updates and communications.](#)

## Coordinator Directory

[Please click here to access the most recent Coordinator Directory.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.