

MIHP Biweekly Update

May 22, 2023



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Updated Op Guide and Telehealth Guidance

The MIHP Operations Guide for Cycle 9 has been updated to include a telehealth section on pages 21-22. This guidance is located on the [Policy and Operations](#) webpage. On this website, Medicaid telehealth policy has also been added at the top of the page to support providers in easily locating current guidance.

The [MIHP Telehealth Questions and Answers](#) document has also been updated and is available on the Policy and Operations webpage. The document will be updated accordingly as additional clarifying information is received.

Reminder: Pregnancy+ App

As highlighted in the February 27, 2023 edition of the Biweekly Update, MIHP has added an additional option to the approved list of phone applications (apps). This app is called Pregnancy+ and is free for smart devices. The app provides pregnancy tracking, articles, and support to pregnant people and their families. Pregnancy+ can be downloaded on Apple and Android devices.

For users who live in Michigan and are enrolled in Medicaid, the app provides Michigan-specific resources and links to further support. The app was tailored to make it easier to access programs such as home visiting, immunizations, mental health information and more.

[Additional information on the Pregnancy+ app can be found here.](#)



“Parents Partnering for Change” Training

Registration for the June 27th – 29th “Parents Partnering for Change” training is now open. “Parents Partnering for Change” is an initiative of Parent Leadership in State Government (plsg.org). Additional Information can be found below. Please feel free to share with your networks and parent leaders.

[Please click here to register for the Parents Partnering for Change Training](#)

[Parents Partnering for Change Flyer June 2023.pdf](#)

Public Comment Invited: Title V Block Grant Application

The Michigan Department of Health and Human Services (MDHHS) is inviting public comment on the [Title V Maternal and Child Health \(MCH\) Services Block Grant](#) application.

Title V of the Social Security Act of 1935 as amended provides funding to states to improve the health of mothers, infants and children, including children with special health care needs. Michigan's Title V application is for services from Oct. 1, 2023, to Sept. 30, 2024, and includes a report on activities and services provided in fiscal year (FY) 2022.

Title V state action plans address the following priority areas for the current five-year cycle (FY 2021-2025) to improve the health of the MCH population in Michigan:

- Low-risk cesarean delivery.
- Breastfeeding.
- Infant safe sleep.
- Bullying prevention.
- Transition for youth with special health care needs to adult health care.
- Oral health care for women and children.
- Childhood lead poisoning prevention.
- Immunizations for children and adolescents.
- Medical care and treatment for children with special health care needs.
- Healthy and intended pregnancy.
- Behavioral and mental health services.

MCH priorities address needs across five federally identified population domains: women/maternal health, perinatal/infant health, child health, adolescent health and children with special health care needs.

The Title V draft application and annual report are [available online](#). MDHHS welcomes comments on the application by 5 p.m., Friday, June 9. Comments can be submitted to MDHHS-MCHBlockGrant@michigan.gov.

Webinar - Beyond the ABCs: Inclusive Infant Safe Sleep Education for Indigenous Families

We are pleased to announce the next webinar in our Infant Safe Sleep Webinar Series.

When: Wednesday, June 7, 2023 from 10 am to 11 am EST

Topic: Beyond the ABCs: Inclusive Infant Safe Sleep Education for Indigenous Families

Presenter: Raeanne Madison, MPH Member, Bois Forte Band of Chippewa Indians Indigenous Mother, Full Spectrum Doula, and Educator

Description: Public health campaigns typically focus on the ABCs of infant safe sleep: alone, on your back, in a crib. For many Indigenous families, this messaging may be confusing or create feelings of conflict with traditional parenting practices. In this webinar, we will explore how infant safe sleep practices are supported by traditional Indigenous parenting practices such as skin-to-skin contact, baby carrying, and cradleboards. Participants will be encouraged to think beyond the ABCs of infant safe sleep to honor and recognize the inherent wisdom of traditional safe sleep practices amongst Indigenous peoples.

Learning Objectives:

- Identify three traditional parenting values held by Indigenous peoples in Michigan
- Evaluate the effectiveness of current infant safe sleep education messaging within Indigenous communities
- Describe the benefits of skin-to-skin contact

[Please click here to register](#)

Questions: Email the Infant Safe Sleep Program at MDHHS-InfantSafeSleep@michigan.gov.

Good night. Sleep tight. Sleep safe.

Learn more about the safest way for babies to sleep at michigan.gov/safesleep



Great Lakes Breastfeeding Webinar



Registration now open!

Description from our presenter: "The Michigan Prison Doula Initiative is the sole provider of doula care for prisoners in the state. This webinar offers a general look at perinatal support for prisoners in Michigan since the passage of policy directive 04.04.155. Included in this overview is a detailing of investments, hindrances, and ways the public can support the work. As with any discussion of doula care, there is also an emphasis on lactation support."

Objectives: • Provide an overview of MPDI's doula service provision for pregnant prisoners in Michigan

- Explain how lactation support comes into play within the perinatal doula support offered by MPDI
- Offer ways to support pregnant and lactating prisoners

Approved for 1 L-CERP, 1 nurse's contact hour, 1 social work CE hour, 1 dietitian CPEU, 1 Community Health Worker CEU, 1 Certified Health Education Specialist CECH, and 1 CME until May 14, 2024.



Opioid Use Disorder Webinar Opportunity

From our partners at the National Council for Mental Wellbeing:

Opioid use disorder (OUD) can have complex, potentially fatal implications for new and expecting mothers and their babies, including low birth weight, clinical challenges with medical dosing and increased risk of accidental death. In the U.S., a baby is born passively dependent every 15 minutes. To ensure best health outcomes for both mother and child, policies must allow care providers to engage in evidence-based treatment and protect clients from legal ramifications.

Join us on May 31, 3-4 p.m. ET, for [Opioid Use Disorder in Pregnant and Postpartum Women: The Treatment and Policy Landscape](#). We'll hear from a physician, a clinic director and an individual with lived experience to broaden our understanding of the treatment and policy landscape for pregnant and postpartum women with OUD.

Educational Objectives:

- Review the current landscape of OUD treatment for pregnant and postpartum women in the U.S.
- Describe the neurobiology of OUD in pregnant and postpartum women.
- Examine legal challenges related to pregnant women and mothers with substance use disorders.
- Discuss recent policy changes that impact how OUD treatment is provided.

Speakers:

- Maria Manriquez, M.D., Obstetrics and Gynecology Specialist, Hushabye Nursery
- Tara Sundem, APRN, NNP-BC, Founder and Executive Director, Hushabye Nursery
- Tawni Carson, patient with lived experience

[REGISTER HERE](#)



HEALTHY MINDS • STRONG COMMUNITIES

Upcoming State of Michigan (SOM) Holidays

May

May 29th - Memorial Day

May Is Mental Health Awareness Month, AAPI Heritage Month and Jewish American Heritage Month



Mental Health Awareness Month shines spotlight on available resources

Press Release

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Mental Health Awareness Month shines spotlight on available resources

Gov. Gretchen Whitmer and the Michigan Department of Health and Human Services (MDHHS) have joined mental health advocates around the nation to recognize [May as Mental Health Awareness Month](#). Observed nationally since 1949, Mental Health Awareness Month promotes mental health education and support to increase individual well-being and decrease the stigma often associated with seeking help for mental illness.

“Everyone should have access to mental health services and resources when they need them and where they need them,” said Elizabeth Hertel, MDHHS director. “MDHHS is proud to continue to offer resources to support families experiencing concerns with mental health, substance use or other mental health-related issues.”

MDHHS is dedicated to addressing mental health care as part of a larger public health approach and ensuring Michigan families have access to support when dealing with personal and community-related crises and tragedies.

The department is diligently working on a variety of initiatives to expand access and eligibility to programs that support mental health and well-being. Last year, MDHHS increased its investment in children’s behavioral health services by developing a new Bureau of Children’s Coordinated Health Policy and Supports. Since its inception, the bureau has developed and issued \$6 million in grants for community mental health service programs to explore innovative ways to support children and families in crisis, and for efforts to expand workforce to support the growing demand for mental health services across the state.

Additionally, the new bureau is overseeing efforts to improve behavioral health supports for youth and families with involvement in the child welfare system. These efforts are highlighting the reality that consistent access to care and opportunities for timely, effective interventions are essential to family preservation and successful reunification in the community.

“We know the negative emotional impacts of a disaster can last for months or years,” said Dr. Debra Pinals, MDHHS medical director for behavioral health and forensic programs.

“Everyone recovers differently, and it can take time to regain emotional strength and equilibrium after all the stress, changes and loss we’ve been through. At the same time, we can be strengthened by the knowledge of all that we have been able to achieve during this time.”

Over the past two years, MDHHS and its partners have implemented [three statewide lines](#) to ensure that mental health or substance use help for all Michiganders is just a phone call away: 988 Suicide and Crisis Lifeline, Michigan Peer Warmline and Frontline Strong Together Crisis Line. Cumulatively, almost 11,000 callers a month have received help from these three lines.

The [988 Suicide and Crisis Lifeline](#), formerly known as the National Suicide Prevention Lifeline, is a free 24/7 line that people can use confidentially and anonymously through call, text or chat at 988lifeline.org. 988 is available to provide support to anyone who may be experiencing emotional distress or struggling with mental health or substance use concerns. It is also a resource for family members or friends who may be concerned about a loved one’s mental health.

The Michigan Peer Warmline, 88-PEER-753 (888-733-7753), is a statewide warmline for Michiganders living with persistent mental health and/or substance use conditions. The Warmline connects individuals with certified peer support specialists who have lived experiences of behavioral health issues, trauma or personal crises, and are trained to support and empower the callers. All calls are anonymous and the warmline operates seven days a week from 10 a.m. to 2 a.m.

[Frontline Strong Together](#), 833-34-STRONG, is a new service funded through MDHHS that provides 24/7 support to first responders (police, EMS, fire, dispatch and corrections) and their families through a crisis line, specialty treatment and referrals. This service was developed in a partnership between first responder professional unions, Wayne State University and Michigan Crisis and Access Line staff.

Mental health in the workplace has also taken on new significance in the wake of pandemic work-life challenges. The [MDHHS Stay Well program](#) recently created a collection of resources to help plan, implement and sustain wellness programs for employees within organizations, and is working closely with Labor and Economic Opportunity as they expand offerings attending to workplace mental health. [Mental Wellness Tools for Organizations](#) is available on the Stay Well website.

According to the ongoing Household Pulse Survey conducted by the Centers for Disease Control and Prevention and the U.S. Census Bureau, approximately 30% of Michigan adults reported experiencing symptoms of anxiety or depression during the most recent reporting period (March 29 – April 10, 2023). The Pulse Survey also found more than 12% of Michigan adults “who have ever had COVID-19” reported experiencing long-term health effects from their infection, also referred to as Long COVID. Long COVID can be associated with mental health symptoms such as anxiety, depression and concentration or memory problems, also known as “brain fog.”

For additional mental health resources, visit the [COVID-19 webpage](#).

[2023 Mental Health Awareness Month NR.pdf](#)

5 Facts To Know About AAPI Heritage Month History

- Asian American Pacific Islander Heritage Month was originally a week; it was [President Jimmy Carter](#) who signed it into law in 1978 designating a week to celebrate the AAPI community.
- President George H. W. Bush signed a bill in 1990 that extended the week into the full month and President Barack Obama changed the name to Asian American and Pacific Islander Heritage Month in 2009.
- According to the 2020 Census, there are 24 million people in the United States who fall under the umbrella of AAPI, and [the Pew Research Center has found that Asian Americans are the fastest-growing ethnic group in America](#).
- [Lawmakers chose May because of its historical significance for the AAPI community](#). It commemorates the immigration of the first Japanese people to the United States, as well as [Golden Spike Day](#) (May 10, 1869), which marked the completion of the transcontinental railroad, largely built by Chinese laborers.
- Asian American Pacific Islander Heritage Month was able to exist due to the traction from the civil rights movement in the 70s; they were able to find momentum because of [Black History Month](#) and [Hispanic Heritage Month](#).

Activities & Ideas for Asian American Pacific Islander Heritage Month

Watch a documentary about Asian American history.

Asian American history is American history. And a great way to ensure you're well-informed during May is by watching documentaries.

We recommend watching the documentary [Asian Americans by PBS](#); it's a five-episode series on the fastest-growing ethnic group in American history.

Dive into research.

Read [this comprehensive list of resources](#) from Stop AAPI Hate. From educational materials to a template you can use to contact your local lawmakers, this list is a great asset for both members and allies of the AAPI community.

Visit an AAPI museum in your community.

Museums and cultural centers are a great starting point to learn more about AAPI history, especially the local impact and contributions they have made.

Check out [this list](#) for some iconic museums around the United States — and also consider searching Google Maps for smaller, local museums in your community.

Learn the difference between Asian Americans and Pacific Islanders.

[Understanding the difference](#) between these two groups is essential when it comes to celebrating AAPIHM.

In the 1970s, with fewer immigrants from these regions, it was important to band together.

Recent years, however, [have seen growing criticism](#) of the usage of this umbrella term — and it's valuable to learn about that conversation as well.

Help stop violence against AAPI communities.

In the wake of the COVID-19 pandemic, we have seen an alarming growth in anti-Asian sentiment. Taking a [bystander awareness course](#) will help you be prepared to assist in de-escalating those situations should you happen to witness them.

Celebrating Jewish American Heritage Month

May is Jewish American Heritage Month! This annual month-long celebration is an opportunity to honor the accomplishments and contributions of Jewish Americans since their arrival in the 17th century. This heritage month also is a time to examine the life of Jews in America — the difficulties, antisemitism, and discrimination they have faced over the years.

5 Facts About the History of Jewish American Heritage Month

1. In April 2006, President George W. Bush proclaimed that May would be celebrated as Jewish American Heritage Month.
2. President Bush recognized the 350-year history of Jewish contributions to America — since the arrival of Jews in New Amsterdam.
3. The resolutions introduced by Rep. Debbie Wasserman Schultz and Sen. Arlen Specter for Jewish American Heritage Month passed unanimously in both the House and the Senate.
4. Florida celebrates their own Florday Jewish History Month in January each year.
5. There is an [official website for Jewish American Heritage Month](#) that combines the work of the Library of Congress, various National Archives, and the United States Holocaust Memorial Museum.

Activities and Ideas: How To Recognize Jewish American Heritage Month

Learn the early history of Jews in America.

In 1654, [23 Jewish refugees walked onto the shores of New Amsterdam](#) — a Dutch settlement established at the southern tip of Manhattan — carrying a Torah (The Five Books of Moses) and the clothes on their backs — marking the beginning of Jewish emigration to the New World.

Escaping the [Spanish Inquisition led by Catholic rulers](#), these 23 Sephardi originated from Spain and Portugal, and more Spanish Jews followed. The arrivals of Jews from Spain and Portugal were only the beginning, as German Jewish emigration to America began in 1830, and Eastern European Jews arrived in 1880.

However, the [first documented evidence of a Jew in North America](#) was a mineralogist named Yoachim Ganz, sent by Sir Walter Raleigh in 1584, two decades before Jamestown.

Though Jews first settled in New Amsterdam, by the late 18th century, Jews had found homes in Newport, Philadelphia, Savannah, and Charleston. Thanks to the opportunities

of the New World, Jews found comfort in a place they could live where they wished and do businesses with whom they wanted.

While these are comforts Americans take for granted — to Jews, they were radical and miraculous, having lived for millennia in foreign nations facing discrimination, ghettoization, and persecution.

Watch documentaries about Jewish contributions to America.

American Jews have contributed to all facets of American society, from business to the government! Unfortunately, many people only know the image of Jews through stereotypical roles, movies, or TV shows, which are hardly accurate. These documentaries will illuminate how Jews were and are immersed in every aspect of American society. Did you know there were Jews in the Wild West? Jews who fought for America in WWII? Jews who were essential at the beginning of the fashion industry and Hollywood?

There's so much to learn about American Judaism! Dive into these documentaries about Jewish history in the United States:

- [The Jewish Americans - PBS](#)
- [Jews of the Wild West: Jewish Pioneers](#)
- [GI Jews: Jewish Americans in World War II - PBS](#)
- [The U.S. and the Holocaust - Ken Burns](#)
- [When Jews Were Funny: A History of Jewish Comedy in America - Amazon Prime](#)
- [Schmatta: Rags To Riches To Rags - HBO](#)
- [America ReFramed: There Are Jews Here - PBS](#)

Learn about Jewish American achievements.

Jewish Americans from all walks of life have achieved incredible feats thanks to the opportunities in the United States. Jews have received awards [in all six categories of the Nobel Prize, with over 20% of all Nobel laureates being Jewish](#) — many of whom were and are American. However, Jewish Americans have also excelled in science, law, film, art, comedy, and more.

- Albert Einstein - the theoretical physicist best known for developing the theory of relativity
- Louis Brandeis - the first Jewish Supreme Court Justice
- Emma Lazarus - a poet whose words from "The New Colossus" are inscribed on the Statue of Liberty
- Steven Spielberg - a writer, producer, and the most commercially successful film director ever
- Leonard Bernstein - a world-renowned musician, conductor, and composer
- Stan Lee - a comic book writer and creator of the Marvel Universe
- Gloria Steinem - a passionate leader of the women's rights movement
- Mel Blanc - the voice of loveable characters of Looney Tunes, The Jetsons, and The Flintstones
- [Ruth Bader Ginsburg](#) - the first female Jewish Supreme Court Justice

[To read the above articles in full and to learn more about May Awareness Month please click here.](#)

Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

[Please click here to access the most recent Coordinator Directory.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.

[Become a foster parent through Michigan Department of Health & Human Services foster care program.](#)



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