

MIHP Biweekly Update

May 6, 2024



Maternal Infant Health Program

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Inclusive Insights

The April Community of Practice webinar will be held on Wednesday, April 24th from 1:00PM - 2:30PM. The topic is “Grief Resources,” presented by two members of the MDHHS Infant Health Unit team: Audra Brummel, MPH, CHES®, Infant Health Consultant and Fetal Infant Mortality Review Coordinator, and Michele Niles, MSN, RN, RNC-MNN, CCM, Infant Health Nurse Consultant and FASD Coordinator.

[“Grief Resources” webinar: REGISTER HERE](#)

[Infographic - Inclusive Insights APIDA Practices](#)

Roots of Nurture: Exploring APIDA Post-Birth Practices

Hawaii
Birthmarks, known as *fu*, are significant indicators of a child's future disposition. Their location on the body suggests traits such as kindness, adventurousness, resilience, or hard work in adulthood.

New Zealand
The Maori, Indigenous Polynesian people of mainland New Zealand, view a woman's placenta as equivalent to the land, both serving as sources of nourishment for people. Thus, they often dig a hole in land to bury the placenta and umbilical cord, symbolically "returning" them to *papatuanuku*—Mother Earth—to establish a personal and symbolic connection between the baby and the land.

China
The 50th day of a baby's life holds significant importance, especially for families practicing Buddhism and Taoism. They traditionally mark the occasion by distributing gifts to the community as expressions of gratitude, including red-dyed eggs symbolizing happiness.

Malaysia
Unut Bai, a traditional Malay baby massage, is a full-body head-to-toe oil massage initiated within the first week of the child's birth. It aims to ensure the infant's comfort, enhance digestion and sleep, and foster a stronger bond with their caregivers.

Indonesia
This Javanese tradition, practiced by the region's largest ethnic group, aims to introduce infants to the land through a ceremony called *Turun Tanah*, symbolizing hopes for their independence and physical strength, held around the 245-day mark or a month in the Javanese calendar, it includes guiding the baby to walk on a 7-step ladder made of *Arjuna* wood, with sugar cane symbolizing strong will.

Southeast Asia
According to Traditional Chinese Medicine (TCM), "Doing the Month" (DTM), a traditional postpartum practice in Southeast Asia, prioritizes yin-yang balance. Birth givers rest, follow dietary restrictions, and minimize social interactions for recovery. In this region, the postpartum period is highly valued for future health, with a month-long diet of hot foods like rice and chicken, as cold water is believed to hinder healing.

Laos
Postpartum birth givers are directed to rest on a bamboo bed heated by a contained fire, known as the "hotbed" or "Yu Kam" or "Yu Fai." This is preceded by ritualistic water blessings and the tying of black and red cotton to ward off negative spirits. Then, a regimen of hot baths, herbal remedies, and dietary restrictions is aimed at enhancing postpartum recovery and health.

South Korea
Taljabee or *Doljabee*, a ceremony occurring when the baby turns one year old, involves predicting the infant's future or destiny by having them select various items laid out on a dish, each symbolizing different aspects such as intelligence, prosperity, longevity, talent, or career path.

Vietnam
In Vietnamese culture, when an infant reaches six months of age, they are traditionally gifted with gold jewelry and jade bangles, known as "*vòng tay ngọc bích*," worn on the left wrist by young girls to bring good luck and ward off negative energy and spirits.

Cambodia
In Cambodian culture, the placenta is considered the "origin of the soul" and leads to the tradition of burying the placenta to safeguard the baby. Healers may select the burial site and surround it with prickly plants to ward of malevolent spirits.

Annaprashana
Annaprashana, translating to "grain initiation," marks the introduction of solid food in an infant's life, typically beginning with rice at around six months; the ceremony includes dressing the baby in new clothes, performing a *puja* (prayer) followed by *prasad*, and concludes with a symbolic game where the baby selects an object representing aspects of their future, such as books for learning, jewelry for wealth, pen for wisdom, clay for prosperity, and food for a love of food. It is practiced among Hindu families.

COMMON PRACTICES SHARED AMONG ASIAN COUNTRIES

Aqiqah
The Islamic tradition of sacrificing animals after the birth of a new baby serves as a gesture of gratitude to Allah for the blessing of a child and protection from *Shaytaan*.

THIS INFORMATION MAY NOT REPRESENT THE ENTIRE APIDA COMMUNITY & ITS PRACTICES, SOME OF THESE PRACTICES MAY NOT BE PRACTICED IN TODAY'S GENERATIONS

Home Visiting Conference Registration Now Open

THE Heart OF THE Matter

Connection, Reflection & Wellness Redefined

2024 MICHIGAN HOME VISITING CONFERENCE

Save the Date!

July 30-August 1, 2024

AMWAY GRAND - GRAND RAPIDS, MI

For the latest information, visit

mhvconference.com

Registration is now open for the **2024 Michigan Home Visiting Conference!** The conference will take place at the Amway Grand Plaza Hotel in Grand Rapids, **July 30 – August 1, 2024.**

Visit the conference website to review the registration brochure, agenda, hotel information and to register for the conference: www.mhvconference.com.

MIHH Providers are encouraged to attend the conference and will be required to attend future Model Day Sessions (2026 and thereafter).

As a reminder, the MIHP Model Day session this year will include:

- Firearm Injury Prevention: Home Visiting Conversations and Community Well-being
 - *Featuring Kent County Health Department*
- Quality Assessment: Transition
- Innovative Collaborations from the Field
- Networking

The focus for this year's conference is *The Heart of the Matter: Connection, Reflection & Wellness Redefined*. We look forward to fostering continued connections with providers and families across the state.



Maternal Infant Health Summit Registration is Now Open!

The 7th annual Maternal Infant Health Summit (MIHS) will be held on June 17-18, 2024, at the Lansing Center. The event provides a unique opportunity for multidisciplinary collaboration, convening both National and Statewide stakeholders working to advance maternal, infant, and family health. This inclusive opportunity provides a stage to exchange innovative ideas and stories, uplifting families, and communities as changemakers and leaders.

This year's summit theme is ***Advancing Healthy Births: From Stories to Action.***

June 17-18
2024
LANSING CENTER

Michigan's Maternal Infant Health Summit is a forum for innovation and change, addressing root causes of inequities, challenging systematic barriers, and creating actionable solutions. Thank you for joining the movement to achieve equity and improve family vitality!

Continuing Education opportunities will be available. Please visit <https://mihealthsummit.com/> for more information.

REGISTER TODAY!

Tickets are \$125 per person and will be on sale until June 5th or until the event is sold out.



**2024 MATERNAL INFANT
HEALTH SUMMIT
EXHIBITOR & SPONSOR
INFORMATION IS
AVAILABLE AT
[MIHEALTHSUMMIT.COM](https://mihealthsummit.com)**

For more information on maternal and infant health in Michigan
visit: Michigan.gov/MIH



[Contact the Division of Maternal & Infant Health at MDHHS](#)

Grief and Bereavement Resources Website



[Grief and Bereavement Resources and Services - Michigan 2-1-1](#)

Locate resources serving your area that may help the families you serve before, during, and after a loss. Topics include: Resources Before & Immediately After a Loss, Financial Assistance, Mental Health Support, Maternal and Infant Loss, and Resources for Dealing with Sudden Loss.

Upcoming State of Michigan (SOM) Holidays

May 27
June 19
July 4
September 2
November 5
November 11
November 28 and 29
December 24 and 25
December 31

Previously Released MIHP Updates

To review any previously released MIHP Biweekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

Biweekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Biweekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

Please click here to access the most recent Coordinator Directory. [MIHP Coordinator Directory](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.