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Meet The Team - Adrianna High

Hi, my name is Adrianna High. My official start date as a Data & Policy Fellow with MIHP was May 2, 2022. I'm so excited to be a part of the team and I can't wait to see all that we will accomplish together. I previously served as a data analyst for the State of Michigan's Bureau of Labor Market Information & Strategic Initiatives where my primary focus was leveraging data to improve employment outcomes. I graduated from Grand Valley State University with a bachelor's degree in Statistics and I'm currently pursuing a Master of Applied Data Science from the University of Michigan. I am committed to serving minority communities by advocating for equitable solutions through the process of evidence-based decision making. Some of my hobbies include traveling, karaoke, and bowling. In addition, I recently became the proud dog mom of an adorable French bulldog puppy.



Final Reminder! May Coordinator Meeting

The agency coordinator meeting will be held on Tuesday, May 17th from 8:30am - 3:30pm. Registration deadline is **May 15th**. If you have not already registered, please click on this link.

[Register Here!](#)

Home Visiting Model Consultant Position

The position of Home Visiting Model Consultant within the Home Visiting Unit at MDHHS has been posted. This position will primarily provide contract monitoring and other support for the Healthy Families America and Early Head Start programs funded through the HVU. Please share the link below with your networks or individuals who may be interested in working with the HVU team.

[Home Visiting Model Consultant | Job Details tab | Career Pages \(governmentjobs.com\)](#)

May is PMAD Awareness Month



[PMAD Awareness Month Proclamation PDF](#)

AAP Releases New Videos Answering Parents' Questions about Childhood Vaccines

The American Academy of Pediatrics (AAP) released new videos in its [Childhood and Adolescent Vaccine Education Series](#). In this series, pediatricians address the most common questions parents ask about their children's vaccinations and offer tips on finding correct information online. Some questions that are answered in this video series include things like:

- Is it OK to Delay Vaccines?
- Can Babies' Immune Systems Handle so Many Vaccines?
- Why Vaccinate if I'm Breastfeeding?
- Do Vaccines Cause Autism?
- And Many More!

Updated Blood Lead Levels and MIHP MCIR Companion Guide

The Michigan Department of Health and Human Services is updating its definition of an elevated blood lead level for children from **5 µg/dL to 3.5 µg/dL**, following the Centers for Disease Control and Prevention updating their blood lead reference value (BLRV).

- See the entire [press release here](#)
- See the [Medicaid HASA](#) here

The lead screening section of the [MIHP MCIR Companion Guide](#) has been updated and reflects the new actionable blood lead level. This Companion Guide is located on the MIHP [Policy & Operations](#) website.

Secondhand and Thirdhand Smoke

Several types of tobacco products produce a smoke or aerosol that is harmful to both the user (firsthand smoke) and other people nearby who are not using these products (secondhand and thirdhand smoke).

Secondhand smoke is in the air around smokers. There is no "risk-free" or "safe" level of secondhand smoke exposure; even brief exposure to secondhand smoke can be harmful to health. Being around secondhand smoke can increase baby's risk of Sudden Infant Death Syndrome (SIDS) and sleep-related infant death.

Thirdhand smoke is what sticks on surfaces, such as walls, ceilings, furniture, car seats, clothing, dust, and even hair, long after someone has smoked in the area.

Learn more about [secondhand and thirdhand smoke](#), how they effect you, and what you can do to protect your health and the health of others. Learn more about [Smoking & Safe Sleep](#) and visit the [Michigan Tobacco Quitline](#) or call 1-800-784-8669 for resources and support to quit smoking.



FOR IMMEDIATE RELEASE: Michigan releases 2022 Eat Safe Fish Guides to help residents learn about and plan for local fish consumption

FOR IMMEDIATE RELEASE: May 2, 2022

CONTACT: Lynn Sutfin, 517-241-2112, SutfinL1@michigan.gov

Michigan releases 2022 Eat Safe Fish Guides to help residents learn about and plan for local fish consumption *Updates include a "Do Not Eat" fish advisory for bluegill and sunfish in parts of Rouge River and lifting of "Do Not Eat" fish advisory for parts of Huron River*

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS) has released the [2022 regional Eat Safe Fish Guides](#). These guides can help Michiganders plan their fish consumption to minimize exposure to chemicals that can build up in fish, while still getting all the health benefits of eating fish.

The regional *Eat Safe Fish Guides* provide guidelines for eating locally caught fish. Guidelines are based on levels of chemicals found in the portions of fish that people eat – typically the filets. Test results from the MDHHS Bureau of Laboratories are used to determine what is safe for people to eat over the long-term. There are many health benefits to eating fish and the *Eat Safe Fish Guides* help individuals choose the fish that are best for them and their families.

One update to the [Eat Safe Fish Southeast Michigan Regional Guide](#) is a ‘Do Not Eat’ advisory for bluegill and sunfish caught in the Lower Branch of the Rouge River and the Main Branch of the Rouge River from the Ford Estate Dam to the Detroit River. Bluegill and sunfish were collected from these parts of the river in 2021 and analyzed for harmful contaminants. Due to high levels of perfluorooctane sulfonate (PFOS), a type of per- and polyfluoroalkyl substance (PFAS), MDHHS recommends that people avoid eating bluegill and sunfish from this stretch of the Rouge River.

Other species of fish collected in 2019 and 2021 from this same stretch of the river were found to be contaminated with PFOS, but not at levels that call for a ‘Do Not Eat’ advisory. The Michigan Department of Environment, Great Lakes, and Energy is continuing to investigate possible sources of this PFOS contamination. There is also historical PCB contamination for this stretch of the river. Consumption guidelines for all other species of fish in this stretch of the Rouge River can be found in the *Eat Safe Fish Southeast Michigan Regional Guide*.

Another update includes the lifting of the "Do Not Eat" fish advisory for most fish species from a specific stretch of the Huron River due to recent fish filet data. The advisory is lifted for the stretch of the Huron River from where it crosses I-275 in Wayne County to the river mouth at Lake Erie, including the Flat Rock impoundment.

Although the "Do Not Eat" fish advisory has been lifted for most fish species from this stretch of the Huron River, fish consumption guidelines are still in place for the following species:

- Bluegill and sunfish have a recommended eight MI Servings per month due to PFOS.
- Carp have a recommended "Limited" category for fish less than 28" and a recommended ‘Do Not Eat’ category for fish greater than 28" due to polychlorinated biphenyls (PCBs) and dioxins. Fish with a "Limited" category should not be eaten by people under the age of 15, those who have health problems like cancer or diabetes, those who may have children in the next several years, those who are pregnant or those who are breastfeeding. People who do not fall under any of those categories are recommended to limit their consumption to one to two servings each year.
- Catfish have a recommended one MI Serving per month due to PCBs.
- Largemouth and smallmouth bass have a recommended four MI Servings per month due to PCBs and mercury.
- Rock bass still have a recommended ‘Do Not Eat’ advisory due to PFOS.
- For other fish species, refer to the statewide guidelines.

The "Do Not Eat" fish advisory remains in effect for the Huron River from where the river crosses N. Wixom Road in Oakland County to where the river crosses I-275. This includes: Norton Creek (Oakland County), Hubbell Pond also known as Mill Pond (Oakland County), Kent Lake (Oakland County), Ore Lake (Livingston County), Strawberry & Zukey Lakes (Livingston County), Gallagher Lake (Livingston County), Loon Lake (Livingston County), Whitewood Lakes (Livingston County), Base Line & Portage Lakes (Livingston/Washtenaw County line), Barton Pond (Washtenaw County), Geddes Pond (Washtenaw County), Argo Pond (Washtenaw County), Ford Lake (Washtenaw County), and Belleville Lake (Wayne County).

Unlike the Michigan Department of Natural Resource's *Michigan Fishing Guide*, the MDHHS *Eat Safe Fish guidelines* are not laws or regulations, and no one is required to follow them. Instead, the guides are a free resource for those who would like information about which fish, and how much of those fish, are healthy to eat from various bodies of water across the state.

Chemicals in fish are a worldwide problem that is not limited to Michigan and other Great Lakes states. The chemicals most commonly found in fish are mercury and PCBs. However, PFAS, including PFOS, have also been found in fish from certain bodies of water in Michigan.

It is important to note that fish from some areas in Michigan are more contaminated than others. By using the *Eat Safe Fish Guides*, Michigan consumers can be confident that they are making informed choices about eating the fish they catch from their local lake or river.

In addition to the *Eat Safe Fish Guides*, MDHHS also produces the *Buy Safe Fish Guide* to help residents choose seafood that is lower in mercury from local grocery stores, fish markets and restaurants. *The Eat Safe Fish Guides and Buy Safe Fish Guide* are available online at Michigan.gov/eatsafefish.

For more information on how to buy, eat or prepare safe fish, or to get the 2022 *Eat Safe Fish Guide* for your region, visit Michigan.gov/EatSafeFish and click on **Find Your Area** or call 800-648-6942.

[Eat Safe Fish 2022 NR.pdf](#)



Michigan Department of Health & Human Services

FOR IMMEDIATE RELEASE: New feature on COVID-19 test finder improving access, helping Michigan residents find treatment options

FOR IMMEDIATE RELEASE: May 2, 2022

CONTACT: Chelsea Wuth, 517-241-2112, WuthC@michigan.gov

New feature on COVID-19 test finder improving access, helping Michigan residents find treatment options

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS) is announcing [a new tool](#) for Michigan residents and health care providers to help locate COVID-19 treatments across the state.

Users may search to find sites and locations that have therapeutic options available including [monoclonal antibodies](#), oral [antivirals](#) and [Evusheld, a preventative treatment](#) for those who are moderately to severely immunocompromised. The site provides phone numbers, operating hours and information about which therapeutics are available.

“We are continuously striving to make COVID-19 treatments accessible to Michiganders,” said Dr. Natasha Bagdasarian, MDHHS chief medical executive. “This new feature removes barriers in accessing treatment by helping those in need of therapeutics easily find locations and the availability most convenient to them. We will continue to make improvements in accessing tools that help prevent and treat COVID-19.”

Retail chain pharmacies that have oral antivirals in stock include Meijer, Walgreens, Rite-Aid and CVS, in addition to select independent pharmacy locations. It is important to contact your health care provider as you must present a prescription from a physician, or advanced practice clinician to pick up medication at the pharmacy.

All individuals who test positive for COVID-19 should talk to their doctor to see if they are eligible to receive one of the COVID therapeutics. Don't delay, treatment must be started early to work.

For more information on therapeutics, visit Michigan.gov/CoronavirusResources.

For more information on COVID-19, visit Michigan.gov/Coronavirus.

- [Solv Updates Press Release.pdf](#)



REGISTER! May 11 & 18, 2022 - Michigan Home Visiting Virtual Training

Please join the Michigan Home Visiting Initiative, for two opportunities to virtually connect and learn at their May training series – Working with Indigenous Families.

Registration is complimentary for the trainings.

It is recommended to attend both sessions, however, it is not required and you may register for either training individually or both.

To register you may visit the Michigan Home Visiting Conference website:

<https://mhviconference.com/> or click on the direct link:

<https://www.eventsquid.com/register/16903>

Lunch & Learn: Anishinaabe 101

Wednesday May 11, 2022 @ 12:00:PM — 01:30:PM EDT

Presenter: Meredith Kennedy

Your service area includes the Indigenous peoples of Michigan, the Anishinaabe. How much do you really know about them? What implicit bias do you hold that we can address? What historical traumas have they experienced that lead to modern day barriers for outreach and care? What are some cultural protocols for a diverse group of people like the Anishinabe? Let's take a walk together and learn from Waganakising Odawak kwa, Meredith Kennedy.

Gaganoonidiwag Nawapo: Let's Eat and Listen

Wednesday May 18, 2022 @ 12:00:PM — 01:30:PM EDT

Have you ever wanted to be a fly on the wall when families are talking about how programs really work for them? Authentic real conversations happen between parents everyday about the services they receive like home visiting. Come and join this group of Mitten Mama's to learn about the good, the bad and the ways to improve. All of these families are passionate about different home visiting programs they are a part of. Let's learn from them and make Michigan the number one place to have and raise a baby.

Webinar: Addressing Maternal Health in a Time of COVID-19

The Health Resources and Services Administration's (HRSA), Office of Intergovernmental and External Affairs (HRSA IEA) in Regions 5, 6, and 7 invites you to a webinar on **Addressing Maternal Health in a Time of COVID-19**. This webinar is part of HRSA IEA Regions 5, 6, and 7's *Maternal Health Webinar Series*. The series' goal is to highlight innovations and promising practices as well as resources to promote and further maternal health and well-being across the lifespan. For more information about the webinar, contact Amanda Waldrup at awaldrup@hrsa.gov.

Date: May 17, 2022

Time: 1pm – 2pm CT | 2pm - 3 pm ET

[Register for the webinar here.](#)

[See the attached flyer for additional information](#), including objectives and presenter information.

Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](#).

Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

[Please click here to access the most recent Coordinator Directory.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.