

MIHP Biweekly Update

June 17, 2024



Maternal Infant Health Program

- [Reminder! June COP Webinar](#)
- [MDHHS provides \\$5 million to 12 universities to increase number of master's degree behavioral health social workers](#)
- [Multi-Day Heat Event Forecasted](#)
- [Resource Available: MIHP and Breastfeeding](#)
- [MDHHS Virtual Baby Fairs in July](#)
- [PSI June 2024 Newsletter: New Parent Toolkit](#)
- [FOR IMMEDIATE RELEASE: New drug showing up in illicit drug supply, resulting in overdose deaths across Michigan](#)
- [Smoking and Nicotine Use and Safe Sleep](#)
- [Grief & Bereavement Webinar Recording Now Available](#)
- [Upcoming State of Michigan \(SOM\) Holidays](#)
- [Previously Released MIHP Updates](#)
- [Biweekly Update Topic Submission](#)
- [MDHHS Publications](#)
- [Coordinator Directory](#)

Reminder! June COP Webinar

The June Community of Practice webinar will be held on Thursday, June 20th from 1:00PM - 2:30PM. The topic is "Hepatitis C in the Perinatal Period and Infancy," presented by two team members in the MDHHS Division of Emerging Infectious Diseases: Teresa Juridico, MPH, Viral Hepatitis Prevention Coordinator, and Nikki Wesorick, MPH, Disease Intervention Specialist.

[REGISTER HERE](#) for the webinar if you haven't already done so.

MDHHS provides \$5 million to 12 universities to increase number of master's degree behavioral health social workers

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS) has provided \$5 million to 12 Michigan universities to provide \$30,000 stipends to students seeking to obtain a master's degree in social work and who commit to working in behavioral health in the state upon graduation.

The Bachelor of Social Work (BSW) to Master of Social Work (MSW) Program seeks to increase the number of master's degree level social workers in the behavioral health workforce throughout the state. The program provides one-time, \$30,000 stipends to bachelor's level social workers who agree to enter a full-time advanced standing MSW program and provide at least two years of full-time employment in public sector behavioral health in Michigan.

"This program is another investment by the state to increase access to behavioral health care for Michigan families," said Elizabeth Hertel, MDHHS director. "We are committed to helping families access behavioral health care services when and where they need them. We anticipate up to 150 students will be able to obtain their master's degree in social work through this program."

Award amounts were calculated based on average number of students in the advanced standing MSW program, average student loan debt and demographic diversity. The following Michigan universities received funding:

- Andrews University - \$208,236
- Eastern Michigan University - \$371,976
- Ferris State University - \$167,169
- Grand Valley State University - \$384,339
- Madonna University - \$314,824
- Michigan State University - \$498,358
- Northern Michigan University - \$90,578
- Oakland University - \$409,741
- Saginaw Valley State University - \$188,063
- Spring Arbor University - \$511,468
- University of Michigan - \$853,394
- Wayne State University - \$1,001,848

Participating universities will now work to contract eligible students into the program to begin working toward their MSW degree. Students are required to enroll in a full-time advanced standing MSW program. The length of the program can vary from university to university; however, it is generally three semesters, or one year.

For additional information, email Jillian Betzer at BetzerJ@michigan.gov

Multi-Day Heat Event Forecasted

The [CDC/NWS HeatRisk Experimental Tool](#) is forecasting a multiple day heat event starting Monday, June 17 and potentially going through Friday, June 21. The forecast is updated regularly. A MI HAN update will be sent as the forecast becomes more certain. **All counties** are forecasted to experience **some level of heat risk** ranging from Minor (Yellow) to Extreme (Magenta). Forecasted areas **most at risk**:

- **Monday June 17:** Major heat risk level (red) for the majority of the Lower Peninsula.
- **Tuesday June 18:** Extreme heat risk level (magenta) for following counties: Antrim, Allegan, Barry, Berrien, Branch, Cass, Calhoun, Clare, Clinton, Genesee, Grand Traverse, Gratiot, Hillsdale, Ionia, Ingham, Isabella, Kalamazoo, Kent, Mecosta, Midland, Montcalm, Ottawa, Osceola, Saginaw, Saint Joseph, and Van Buren. Check the [HeatRisk map](#) for updates. Major heat risk level (red) for most of the remaining Lower Peninsula. Moderate heat risk level (orange) for the Upper Peninsula, western and northeastern areas.
- **Wednesday June 19:** Extreme level heat risk (magenta) for most of the southern half of the Lower Peninsula. Major level heat risk (red) for the majority of the remaining Lower Peninsula south of Otsego County.

Major (red) and extreme (magenta) levels of heat affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries and infrastructure.

Moderate (orange) level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration.

Most sensitive groups include: pregnant people, older people, children, people with chronic conditions (ex. cardiovascular disease, respiratory illness such as asthma, diabetes), those on certain medications (ex. diuretics, some antipsychotics, some antidepressants, some antihypertensive agents), people who live alone, and those who may be more exposed to heat including: outdoor workers, low-income individuals, unhoused individuals, individuals without air conditioning, and individuals who exercise outside.

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
Red 3	Major - This level of heat affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.

Heat and health resources:

- [Prevent Heat Illness at Work Poster](#)
- Clinical Guidance: [Pregnancy](#)
- Clinical Guidance: [General](#)
- Clinical Guidance: [Children with Asthma](#)
- Clinical Guidance: [Cardiovascular Disease](#)
- Clinical Guidance: [Heat and Medications](#)
- [MDHHS Heat and Health Fact Sheet - English](#)
- [MDHHS Heat and Health Fact Sheet - Arabic](#)
- [MDHHS Heat and Health Fact Sheet - Bengali](#)
- [MDHHS Heat and Health Fact Sheet - Spanish](#)

Tips:

- Watch out for heat illness symptoms in yourself, co-workers, and neighbors during hot weather. Symptoms of heat-related illness vary, but may include: heavy sweating, muscle cramps, weakness, confusion, disorientation, slurred speech, dizziness, headache, nausea, vomiting, fainting, tiredness, and high body temperature.
- Fans are effective only if indoor temperatures are less than 90°F. With indoor temperatures above 90°F, a fan can increase body temperature.
- Call 211 or visit mi211.org for information on cooling centers
- Encourage Michiganders to monitor heat risk in their area at cdc.gov/heatrisk
- Public health and emergency response professionals are encouraged to monitor the HeatRisk tool on the NWS website in order to view the risk level for multiple areas: <https://www.wpc.ncep.noaa.gov/heatrisk/>



Resource Available: MIHP and Breastfeeding

An [MIHP flyer](#) is available which highlights general information related to MIHP as well as how MIHP helps to promote breastfeeding among families. This resource, and other promotional items, can be found on the [MIHP Promotional Materials](#) webpage.

MDHHS Virtual Baby Fairs in July

MDHHS will host a virtual baby fair for new and expectant parents! This event highlights important information for new families, resources available, as well as an opportunity to ask questions. Please consider distributing this flyer to promote this upcoming event.

2 Dates to Choose From:

- Wednesday, July 10, 2024, from 9:00-11:00 a.m.
- Tuesday, July 23, 2024, from 6:00-8:00 p.m.

Registration: [Click here to register!](#)

Participating MDHHS Programs:

- Newborn Screening
- BioTrust for Health
- Infant Safe Sleep
- Women, Infants, & Children (WIC)
- Vital Records
- Unintentional Injury Prevention
- Oral Health Program
- Care for MiWell
- Childhood Lead Prevention Education
- Michigan Maternal Mortality Surveillance,
- Hear Her Michigan Campaign
- PFAS Education
- Eat Safe Fish
- Immunizations
- Early Hearing Detection and Intervention
- Maternal Infant Health Program
- Michigan Home Visiting Initiative
- Birth Defects Education and Outreach
- Breastfeeding Support
- Children's Special Healthcare Services

For more information, please email MDHHS-VirtualBabyFair@Michigan.gov
or call 517-284-4992.

[MDHHS Virtual Baby Fair 2024 Summer.pdf](#)

PSI June 2024 Newsletter: New Parent Toolkit

MC3

*MC3 is a part of the Michigan Medicine Department of Psychiatry and is funded by the Michigan Department of Health and Human Services (MDHHS) via general funds, Medicaid Administration funds, and Health Resources and Services Administration (HRSA) funds. They offer no cost psychiatry support to prescribing health care providers who treat behavioral/mental health in youth and perinatal people in Michigan through same day phone consultations to offer guidance on diagnostic questions, safe medications, and appropriate psychotherapy.

PARENT TOOLKIT

Resources to Help Strengthen Families



THIS TOOLKIT WAS CREATED IN PARTNERSHIP WITH
MC3 AND ZERO TO THRIVE

zero TO THRIVE.

MC3

MC3, in partnership with Zero To Thrive, is offering a [new Parent Toolkit that can be downloaded here](#). This toolkit is a resource to help strengthen families and includes sections on Perinatal Mental Health, Managing Stress, Promoting emotional stability, and a host of other resources and activities.

[To view the newsletter in its entirety, please click here.](#)



FOR IMMEDIATE RELEASE: New drug showing up in illicit drug supply, resulting in overdose deaths across Michigan

Press Release

FOR IMMEDIATE RELEASE: June 6, 2024

CONTACT: Lynn Sutfin, 517-241-2112, SutfinL1@michigan.gov

New drug showing up in illicit drug supply, resulting in overdose deaths across Michigan

LANSING, Mich. – The Michigan Department of Health and Human Services is warning Michigan residents about medetomidine, a new drug identified in overdose deaths.

Medetomidine is a veterinary tranquilizer, similar to xylazine, that can cause adverse effects including slowed heart rate, low blood pressure and decreases in brain and spinal cord activity. It is not approved for use in people.

According to data provided by the Swift Toxicology of Opioid Related Mortalities (STORM) project at Western Michigan University Homer Stryker M.D. School of Medicine, since March, three overdose deaths have identified medetomidine during postmortem toxicology testing. The deaths occurred in Ingham, Berrien and Wayne counties. In addition to medetomidine, testing also identified fentanyl and other potent manufactured drugs.

MDHHS is particularly concerned about this drug for the following reasons:

- Medetomidine can cause central nervous system depression and death.
- Like xylazine, medetomidine is not reversed by medications such as naloxone or Narcan.
- Unlike xylazine, testing strips are not yet available to detect this particular drug.

“Medetomidine is considered more potent than xylazine and we want to make sure Michigan residents are aware of this new and dangerous drug showing up in overdose deaths in our state,” said Dr. Natasha Bagdasarian, chief medical executive. “Even though naloxone doesn’t directly reverse the effects of medetomidine or xylazine, these tranquilizers are usually found in combination with opioid drugs like fentanyl, that *can* be reversed. For this reason, we continue to urge individuals who use drugs and their loved ones to carry naloxone to prevent overdose.”

MDHHS is urging local substance use disorder organizations, health care providers and harm reduction agencies to take the following actions:

- Raise awareness and promote harm reduction practices – medetomidine like xylazine may be increasingly found in the illicit drug supply. Layer harm reduction strategies to lessen the risk of overdose: take it slow, use less, carry naloxone, do not use alone, monitor breathing, etc.
- As with xylazine, give rescue breaths in case of respiratory depression.
 - “To give rescue breaths to adults, make sure the person’s airway is clear; place one hand on the person’s chin, tilt the head back, and pinch the nose closed. Place your mouth over the person’s mouth to make a seal and give two slow breaths. Watch for the person’s chest (but not the stomach) to rise and follow up with one breath every 5 seconds” ([What You Should Know About Xylazine | Drug Overdose | CDC Injury Center](#)).
- Distribute naloxone as well as fentanyl and xylazine test strips – Organizations can [request free naloxone from MDHHS to increase capacity](#). Connect individuals with more ways to access naloxone: order online at [nextdistro.org/Michigan](#) and have it delivered at no cost; get it at a pharmacy ([Naloxone Standing Order](#), no prescription required); or contact a [Syringe Service Program](#) for naloxone, fentanyl and xylazine test strips, sterile needles, testing for HIV and Hepatitis C and other life-saving resources.
- Explore the Substance Use Vulnerability Index on the MDHHS [dashboard](#) to start conversations around gaps and barriers that may exist in your community.

MDHHS will continue monitoring STORM and other rapid data sources and will share information as it becomes available. Agencies aware of any medetomidine-involved overdoses or exposures since January 2024 are asked to share this information at MDHHS-MODASurveillance@Michigan.gov.

Smoking and Nicotine Use and Safe Sleep

Smoking and nicotine use can cause problems for a pregnant person and for their baby before and after birth. Smoking and using nicotine during pregnancy can increase baby’s risk of Sudden Infant Death Syndrome (SIDS) and sleep-related infant death. To learn more about how smoking and nicotine use can affect baby’s health, view the resource [Smoking & Safe Sleep](#).

Quitting Resources

Quitting smoking and using nicotine can be hard, but it is one of the best ways to protect a baby's health.

Michigan Tobacco Quitlink For access to free quit programs and other resources, individuals can:

- Visit the [Michigan Tobacco Quitlink](#).
- Call 1-800-784-8669.
- Text QUITNOW to 333888.

Asian Smokers' Quitline The Michigan Department of Health and Human Services partners with the Asian Smokers' Quitline (ASQ) which can help you provide tobacco dependence treatment in your clients' preferred language. ASQ is a free nationwide Asian language quit smoking service operated by the University of California, San Diego. It offers culturally appropriate telephone coaching in Chinese, Korean and Vietnamese. Enrollees will also receive self-help materials in the language they choose. Learn more at <https://www.asiansmokersquitline.org/>.

Coaches are available Monday through Friday, 10a.m. to 12 a.m., Eastern Time. Online enrollment is available at <https://www.asiansmokersquitline.org/enroll-online/>. A provider web referral link is available at <https://www.asiansmokersquitline.org/web-based-referral/>.

SmokefreeNATIVE SmokefreeNATIVE is a free evidence-based text-messaging tool for American Indian and Alaska Native adults and adolescents who want to quit smoking. SmokefreeNATIVE was developed with experts from the University of Minnesota School of Public Health and the American Indian Cancer Foundation to offer a culturally aligned, digital resource to improve access to evidence-based smoking cessation support.

Sacred tobacco is spiritual, natural, and used by many Native communities as part of traditional ceremonies, while commercial tobacco is harmful. SmokefreeNATIVE braids together evidence-based smoking cessation support with key themes and content reflecting Native cultural experiences, worldviews, and traditions.

The SmokefreeNATIVE text program can help American Indians and Alaska Natives quit commercial tobacco while still honoring their relationship with sacred tobacco. Individuals can sign up for this 6-8 week program (depending upon their quit date) by texting NATIVE to 47848 or enrolling [online](#). Participants will receive three to five messages each day with information, encouragement, and support to help them on their journey to quit smoking.

If you'd like more information about SmokefreeNATIVE,
contact ncismokefreeteam@nih.gov

Good night. Sleep tight. Sleep safe.

Learn more about the safest way for
babies to sleep at michigan.gov/safesleep



Grief & Bereavement Webinar Recording Now Available

Did you miss "Grief & Bereavement - Supporting Bereaved Families" in our Infant Safe Sleep Webinar Series? No problem! The [recording](#) is now available on our website.

We are pleased to announce the next webinar in our Infant Safe Sleep Webinar Series.

Title: Grief & Bereavement - Supporting Bereaved Families **Presenter:** Audra Brummel, MPH, CHES, Infant Health Consultant, Michigan Fetal Infant Mortality Review (FIMR) Coordinator, Michigan Department of Health and Human Services **Description:** Grief is complex and every person's journey is unique. This webinar will provide an overview of grief and bereavement and strategies to support families. The webinar will:

- Provide an overview on the types of loss and reactions to grief.
- Highlight factors that may influence the grief response.
- Discuss strategies for supporting families who've experienced a pregnancy, infant, and/or maternal loss.
- Cover strategies to support yourself as you help those who are grieving.
- Provide an overview of resources.

If you have any questions, please email the Infant Safe Sleep Program at MDHHS-InfantSafeSleep@michigan.gov

Good night. Sleep tight. Sleep safe.

Learn more about the safest way for babies to sleep at michigan.gov/safesleep





Join Us for a **FREE Webinar**

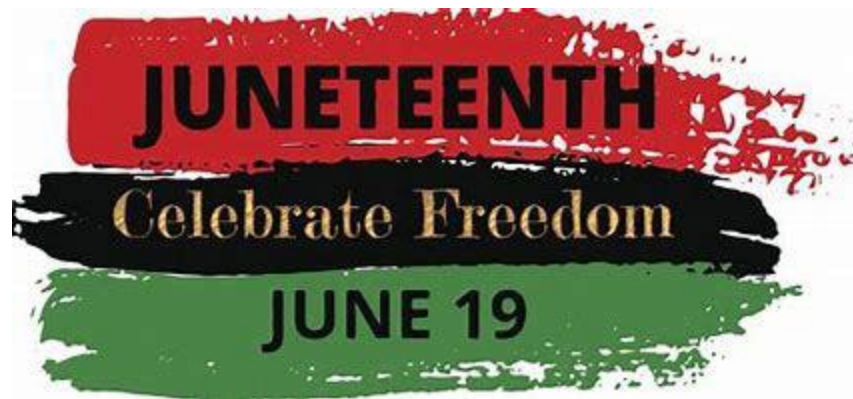
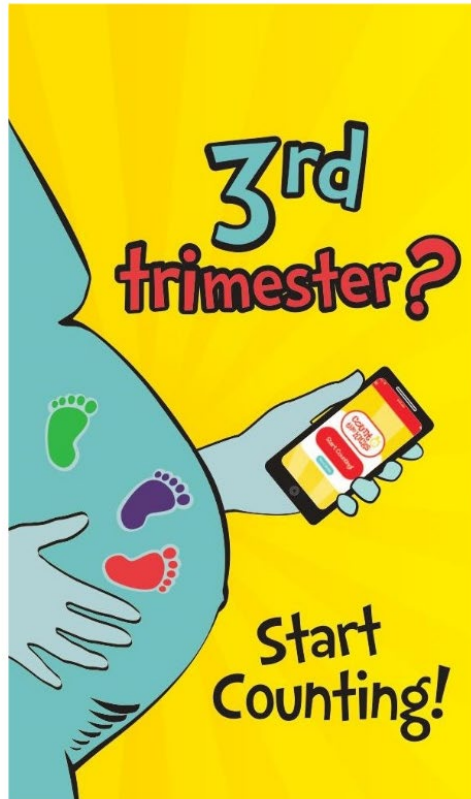
June 24 | 9AM EDT

Count the Kicks and the Michigan Department of Health and Human Services are offering a **FREE** webinar on *Count the Kicks*, an evidence-based stillbirth prevention program. Maternal healthcare providers, nurses, doulas and community based workers in Michigan are invited to learn more about *Count the Kicks*!

Register Today!



<https://bit.ly/CTKMIWebinar>



Upcoming State of Michigan (SOM) Holidays

June 19
July 4
September 2
November 5
November 11
November 28 and 29
December 24 and 25
December 31

Previously Released MIHP Updates

To review any previously released MIHP Biweekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

Biweekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Biweekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

Please click here to access the most recent Coordinator Directory. [MIHP Coordinator Directory](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.