

MIHP Bi-Weekly Update

July 18, 2022



- [Updated MIHP Education Packet](#)
- [SIDS Awareness Month Webinar](#)
- [Infant Safe Sleep Educational Opportunities](#)
- [Position Filled: Public Health Community Liaison](#)
- [MDHHS Press Release: Free COVID19 Tests for At-Risk Communities](#)
- [MDHHS Press Release: 988 Crisis Line](#)
- [IT Update - Required Training Modules Hosted by The Institute](#)
- [MIHP Provider Feedback Requested](#)
- [Pregnancy Testimonial Video – COVID-19 Vaccination](#)
- [Previously Released MIHP Updates](#)
- [Bi-Weekly Update Topic Submission](#)
- [MDHHS Publications](#)
- [Coordinator Directory](#)

Updated MIHP Education Packet

The MIHP Education Packet has been updated and is currently available in English. Translation into Spanish and Arabic is pending, and additional updates will be provided when they become available. For these languages, please continue using the versions currently available.

New components of the education packet include content regarding vaccines, infant crying and soothing, and an updated design. Safe sleep and breastfeeding content has been enhanced and integrated throughout multiple areas of the packet. Language has been added regarding thirdhand smoke, e-cigarettes and vaping, and marijuana. The packet contains more information to support families but the format was revised to reduce the number of pages for printing. Below are direct links:

- [MIHP Education Packet: Pregnancy and Infant Health Education Packet \(Updated June 2022\)](#)
 - Color with photos
- [MIHP Education Packet, Simplified Format: Pregnancy and Infant Health Education Packet \(Updated June 2022\)](#)
 - Black/white with no photos

These are located on the Parent/Family Resources webpage, within the “Current Providers” area.

Please see the [Operations Guide](#) for detailed guidance on utilization of the education packet and other educational tools.

SIDS Awareness Month Webinar

The National Safe to Sleep® Campaign is hosting a free webinar to help you get ready for their October activities for SIDS Awareness Month. During this webinar, they will share new resources and introduce exciting activities to help you raise awareness about SIDS and safe sleep in October and beyond.

What: SIDS Awareness Month Webinar

When: July 21, 2022, 1–2 p.m. ET

Who should attend? Healthcare and service providers, community organizations, public health departments, safe sleep advocates, and anyone who wants to spread the word about safe infant sleep in October and year-round.

[Register today!](#)

Good night. Sleep tight. Sleep safe.

Learn more at
michigan.gov/safesleep



Infant Safe Sleep Educational Opportunities

The MDHHS Infant Safe Sleep Program offers a wide variety of free online educational opportunities, including:

Online Trainings

- [Infant Safe Sleep for Professionals Working with Families - Online Training](#)

The purpose of this course is to educate health care providers and other professionals about sleep-related infant deaths and how to prevent them. This course is designed for any individual who works with families that have or are expecting infants, such as nurses, social workers, health educators, home visitors, and child welfare workers. Receive 1.5 Nursing contact hours, 1.5 Social Work clock hours, 1.5 CMEs, 1.5 Health Educator contact hours, and 1.5 Community Health Worker contact hours for successful completion of this training.

- [Infant Safe Sleep: The Basics and Beyond - Online Training](#)

The purpose of this course is to educate nurses on infant safe sleep and highlights concerns that commonly arise in the hospital setting. This course is designed for nurses caring for infants within hospitals (such as mother/baby and labor and delivery units). Receive 1.5 Nursing contact hour for successful completion of this training.

- [Helping Families Practice Infant Safe Sleep - Advanced Online Training](#)

The purpose of this course is to educate professionals on how to address the potential challenges that parents and caregivers have with following the safe sleep guidelines and to educate them on techniques for having effective, open and non-judgmental conversations with parents and caregivers around this issue. Receive 1.0 Nursing contact hour, 1.0 Social Work clock hour, 1.0 CME, 1.0 Health Educator contact hour, and 1.0 Community Health Worker contact hours for successful completion of this training.

Webinars

Webinar Title: [Talking with Families About Safe Sleep](#) **Description:** Oftentimes, discussions with families around topics of infant care, such as infant safe sleep and breastfeeding, remain at the educational level. This presentation will explore moving from educating families to engaging families in honest, open dialogue. Risk reduction strategies in the greater Public Health framework will be reviewed along with specific examples of how these strategies can be used in safe sleep conversations with families. During this webinar you will:

- Learn how a "conversational approach" and the L.O.V.E. framework can be used in safe sleep
- Explore how to apply risk reduction techniques in safe sleep conversations
- Hear real-life examples of how these techniques have been used with families

Webinar Title: [Engaging Fathers in Infant Safe Sleep and More](#)

Objectives: After watching this webinar, you will be able to:

- Educate on the importance of fathers supporting mothers in the prenatal and neonatal period
- Educate fathers and those who work with fathers on the importance of a father's role in safe sleep
- List and explain other ways fathers can bond with their children during the prenatal and neonatal periods
- Effectively engage and retain fathers in programming
- Speak to fathers in a language they will understand
- Create a father friendly environment

Find more online trainings and webinars at Michigan.gov/SafeSleep > Information for Professionals under Online Trainings or Webinars.



Position Filled: Public Health Community Liaison



Maria McGinnis has served as Nurse Consultant with the MDHHS MIHP team, with a focus on immunizations. However, beginning July 18th, she will be transitioning to a new role as the Public Health Community Liaison for the MIHP. Below is a message from Maria:

I am so grateful and excited for this opportunity to continue working with MIHP in new ways. In this role, I will have the privilege of providing program consultation and technical assistance for MIHP providers. As the liaison, I am particularly looking forward to taking on a specialized task of establishing advisory committees. I believe this is a huge step towards equity in action, by harnessing community engagement so that our program is informed by those who are most impacted by it.

One of my first priorities will involve seeking insight from an advisory group of beneficiaries (or agencies) regarding further enhancement of MIHP immunization efforts, to build upon the vaccine-focused work that I have so enjoyed thus far. Despite this transition, vaccines will continue to be a concentration area in this new role, and I look forward to supporting projects that enhance vaccine promotion for MIHP providers and families. I have a true passion for immunizations and particularly the importance of vaccines during pregnancy, breastfeeding, and infancy. As you can see, I proudly documented the memories of getting my COVID-19 vaccine while pregnant and the recent opportunity for my own son to get his COVID-19 vaccine!



Michigan Department of Health & Human Services

MDHHS Press Release: Free COVID19 Tests for At-Risk Communities

July 6, 2022

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS) is announcing an expanded partnership with the Rockefeller Foundation through [Project Act](#) to provide 300,000 COVID-19 tests to 60,000 households free of charge to at-risk communities. Michigan was previously enrolled in a pilot program that provided 250,000 tests to 50,000 households.

Residents are able to request tests once per month in July and August. Households will receive one kit each month containing five tests.

“Testing remains both a critical and helpful tool in managing the spread of COVID-19 and ensuring our loved ones and neighbors don’t get infected,” said Dr. Natasha Bagdasarian, MDHHS chief medical executive. “Providing free tests to those in need is necessary, and we are grateful for our partnership with the Rockefeller Foundation to ensure equitable access to tools that prevent COVID-19.”

Eligible individuals in vulnerable communities can order their free COVID-19 tests through [AccessCovidTests.org](#). Each household will receive one kit with five tests, typically within a week of ordering. Individuals seeking to order tests will input their ZIP code to see if they live in a qualifying area. Individuals without internet access can contact 211 for assistance ordering tests.

This program is in addition to free at-home tests available through the federal [government partnership with the United States Postal Service](#).

MDHHS continues to partner with libraries across the state to provide free at-home COVID-19 tests to Michiganders. [Click here](#) for a list of participating libraries.

For more information about testing, visit [Michigan.gov/Coronavirus](#).

[Click here for the original press release.](#)



Michigan Department of Health & Human Services

MDHHS Press Release: 988 Crisis Line

July 14, 2022

988 crisis line helping connect Michigan residents experiencing behavioral health crises to resources

LANSING, Mich. – Michiganders in crisis now have an easy-to-remember three-digit number to call for help – 988. Michigan has joined the nation in [transitioning to the 988-dialing code](#), which will operate through the existing National Suicide Prevention Lifeline’s network of more than 200 locally operated and funded crisis centers across the country.

“The 988 number is another step toward strengthening and transforming crisis care and mental health services in our state, which is a key focus of the department,” said Elizabeth Hertel, Michigan Department of Health and Human Services (MDHHS) director. “This universal number means no matter where you live or call from, you can reach a trained crisis counselor who can help. We encourage Michigan residents or their family members to call 988 if they are experiencing mental health-related distress, emotional distress or a substance use crisis.”



In 2020, Congress designated the new 988 dialing code to operate through the [National Suicide Prevention Lifeline](#). This action expands the existing Lifeline beyond people who are feeling suicidal to all individuals experiencing a behavioral health crisis, including suicidal thoughts or substance abuse issues.

“Crisis is defined by the caller,” said Dr. Debra Pinals, medical director for Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services. “And by providing an easy-to-remember number we are making help more accessible and strengthening support to those in need. Trained counselors will be available 24/7 to field calls. They will listen to the caller’s problems, assess their needs and provide support by connecting them with resources, and alert local emergency crisis teams, if necessary. The roll out of 988 as an easier number to remember will provide a natural extension to the already promising work of the department in implementing the Michigan Crisis and Access Line.”

Anyone with these concerns can call:

- Mental health-related distress.
- Thoughts of suicide.
- Substance use crisis.
- Emotional distress.
- There are specialized services available for veterans, LGBTQ individuals and other groups.
- People who are worried about a loved one who may need support also can call.

The 988-dialing code does not replace the National Suicide Prevention Lifeline (800-273-TALK (8255)) or other locally operated crisis lines. Instead, it serves as a universal entry point to connect individuals in need to trained crisis counselors who can help. MDHHS is working to ensure a solid infrastructure is built through coordination with 911 and other crisis service providers as the 988-dialing code launches.

Prior to the development of 988, the [Michigan Crisis and Access Line](#) (MiCAL) was funded by the Michigan Legislature in December 2018. MDHHS was charged with the development of MiCAL, which is currently operating in Oakland County and the Upper Peninsula, and with 988 implementation.

MiCAL is built on the SAMHSA's National Guidelines for Behavioral Health Crisis Care which is also the foundation for 988. In Michigan, MiCAL is responsible for answering 988 calls in all areas of Michigan. In Macomb and Kent counties, Macomb County Community Mental Health and Network 180 will answer 988 calls with MiCAL providing back-up call coverage.

For more information, visit [988 Suicide & Crisis Lifeline and Michigan Crisis & Access Line](#).

[Click here for the original press release.](#)

IT Update - Required Training Modules Hosted by The Institute

Despite reporting full resolution to module functionality in the July 5th Bi-Weekly Update, a few lingering technical issues were recently identified for the two training modules below, hosted by the *Institute for Family Professionals*. These issues are noted below, per module:

- [Moving to Action: Advocacy, Referrals and Goal Setting](#): Three embedded videos were not able to be viewed. This has been reported to the Institute's development team. As of 7/13, there has been **resolution for two of the three videos**. Once all videos are confirmed to be available, another update will be provided.
- [Family Partnerships that Support Change and Healing](#): A video was referenced but not embedded on the slide for "Prenatal Exposure to Harmful Substances." This has been reported to the Institute's development team. **It is fully resolved, and the video is viewable.**

Because the issues were/are minor and the content remains of great value, these modules **remain a required training for waiver staff**.

Additionally, some general nuances have been identified such as challenges with advancing slides. This appears to be a broader, temporary issue that is not necessarily module specific. If staff experience challenges, review the information below to improve functionality:

- Use a different browser. These modules typically **work best in Chrome**. However, success has been noted in Edge as well.
- Other recommendations to resolve the issue:
 - Refresh the page
 - Use the dropdown menu within the module to manually select the next slide's title
 - Log out of the Institute website and close out the browser. Re-open, log in, and attempt again.

For module-specific issues related to missing content (such as the video issue above), feel free to report issues to the Institute via their [Contact Us](#) page.

Thank you to all providers who identified the issues above and contribute to resolution.

MIHP Provider Feedback Requested

MDHHS MIHP is updating the “MIHP Overview” training module and we want to highlight your voice and experience as MIHP Providers. Content is being drafted to highlight the **benefits of being an MIHP Provider**. Please encourage your staff to consider completing this **2-question anonymous survey** to tell us what you love about the work you do!

Survey link: [Click here to provide your feedback.](#)

Deadline: Please complete the survey by **COB Tuesday, July 26th**.

Along with the training module, the feedback provided may be considered for use in other content areas such as the MIHP website or informational materials.

We greatly appreciate your participation and feedback!

Pregnancy Testimonial Video – COVID-19 Vaccination

We know that sharing personal experiences with the COVID-19 vaccine can encourage people to get vaccinated. [Check out this video](#) featuring Michigan families sharing their stories about getting vaccinated while pregnant and breastfeeding.

Learn more at the [Region 9 COVID-19 Vaccine Website](#), including a valuable panel discussion, resources, and more.

Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP.](#)

Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here.](#)

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

[Please click here to access the most recent Coordinator Directory.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.