

## MIHP Biweekly Update

August 28, 2023



### Maternal Infant Health Program

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## Retirement Announcement from Suzette

This is to announce that I have made the difficult decision to retire effective September 23, 2023. The Maternal Infant Health Program has been a large part of my nursing career from visiting families and coordinating the Infant Support Services (ISS) program in Shiawassee County in the 90s, to assisting with the redesign of the program, the validated risk identifier in 2005, the research to prove this is an evidence-based program, and finally, the last few years as the Quality Improvement Specialist. The decision to invest in collaborating with the Michigan Department of Health and Human Services (MDHHS) MIHP staff, MIHP providers, health plans, and families in assuring this program provides the best care to Michigan's families experiencing pregnancy and throughout infancy, has been the most satisfying part of my career as a nurse.

My final day will be September 21, 2023, and the MDHHS MIHP staff and I are working to make my transition as smooth as possible. I am grateful to have worked with all of you in this tremendous work and please know your ongoing commitment to MIHP and the families you serve makes a difference! Not only for Michigan families but for our community and state.

With tremendous appreciation,

Suzette Burkitt-Wesolek, RN, BSN

## Mistreatment During Maternity Care

Twenty percent of women surveyed reported experiences of mistreatment during pregnancy and delivery care, according to a new CDC *Vital Signs* report. Mistreatment during maternity care was higher among Black (30%), Hispanic (29%), and multiracial (27%) women.

"Every mother deserves to be treated with dignity and respect. Maternal care is a core component of this nation's health care, and the Biden-Harris Administration is committed to improving maternal health outcomes," said U.S. Department of Health and Human Services Secretary Xavier Becerra. "Bias, stigma, and mistreatment have no place in our healthcare systems."

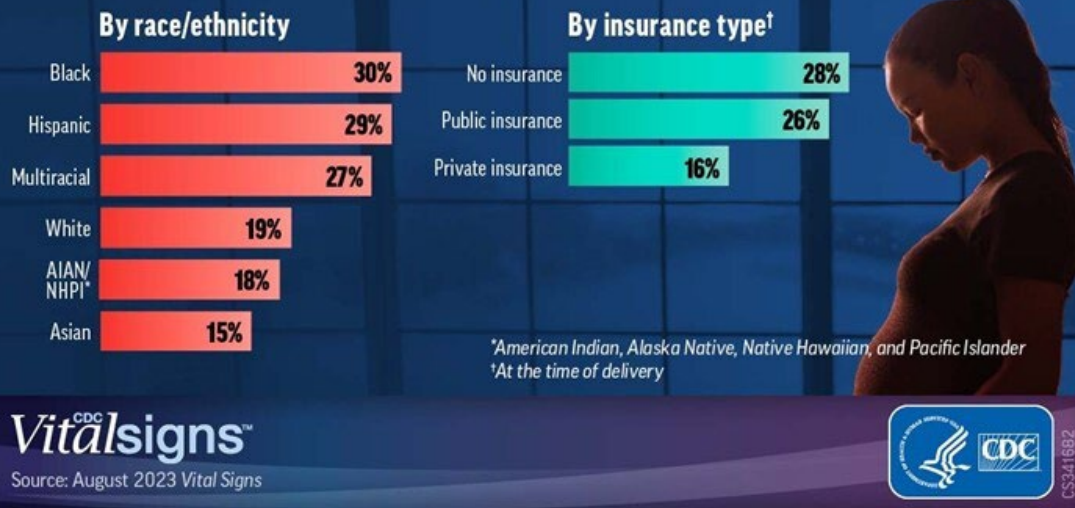
Women with no insurance (28%) or public insurance (26%) at the time of delivery experienced more mistreatment during maternity care than women with private insurance (16%).

The most common types of mistreatment reported were:

- Receiving no response to requests for help
- Being shouted at or scolded
- Not having their physical privacy protected
- Being threatened with withholding treatment or made to accept unwanted treatment

[Please click here to read the full article.](#)

## Women Report Mistreatment During Maternity Care



## National Home Visiting Summit Call for Proposal



The call for proposal for the hybrid [2024 National Home Visiting Summit](#) on January 31-February 2, 2024 is now open!

[The Summit seeks proposals](#) addressing systems change work within the home visiting field and early childhood system of care.

### 2024 Summit Focus Areas

- The power of connection
- The art of home visiting: leading with empathy and science
- Innovative and future-forward practices
- Coordinating and collaborating across systems
- Funding mechanisms to move the work forward

To learn more about presenting at the hybrid conference and the submission process, visit our [website](#). **The deadline to submit a proposal is Friday, September 22, 2023, at 11:59 p.m. CT.**

[Submit Proposals](#)

## Early Bird Registration

The National Home Visiting Summit will be held via a hybrid format at the [Grand Hyatt in Washington, D.C.](#). The Summit aims to integrate policy, practice, and research to influence systems change, with the goal of advancing equitable and high-quality home visiting services, structures, and systems. **Early bird registration for in-person attendees ends November 30!**

- **Early Bird In-Person General Attendee: \$449**
- In-person Speaker & Poster Presenter: **\$399**
- In-person Student: **\$399**
- Home Visiting Parent/Caregiver: **FREE**
- Virtual General Attendee: **\$299**
- Virtual Student: **\$199**
- On-Demand Speaker: **\$199**

Visit our [website](#) to learn more about the registration packages and take advantage of early bird pricing today!

[Register here!](#)

## Learning Resources



## Parenting Websites, Google, Bing Searches- How to Decipher if the Information is Credible

Raising children is hard work! Amidst the chaos and never-ending messes, it is easy to feel overwhelmed and alone. If only parenting could come with a manual.... Unfortunately, there is not just ONE book, article, magazine, Facebook group, blog, and/or parenting website that encompasses everything that is needed to know as a parent- there are millions of “manuals”. Within a couple of clicks, “answers” to parenting questions could be solved, BUT how can someone tell if that information is reliable?

MIHP would like to stress the importance of accessing credit worthy, and reputable sources when searching for parenting techniques and information to share with families. As a Home Visitor for MIHP, it is important that content and sources being shared with families are from established institutions which are up to date on the latest guidelines from approved subject matter experts. It is also equally important for Home Visitors to communicate and educate families on the proper way to access and evaluate reliable sources on their own.

*Below are a few tips and guidance on how to evaluate if the information being shared is reliable and credible:*

- **Search for information from established institutions, such as hospitals, research centers, universities, well-known associations.**
  - Most of these established institutions have subject matter experts creating the content being shared.
- **Understand the underlying purpose of the site!**
  - Content is written for a large number of reasons: to sell products, as hobbies, to persuade particular opinions or views, and/or to educate.
    - Be cautious of bias information, unprofessional sources, and commercial sites!
  - **Make sure the content is up to date.**
    - Information from credit worthy sites is updated on a regular basis- *look for that date.*
  - **Evaluate if the information or suggestion is safe.**
    - Use prior knowledge while questioning if the information or suggestion being shared could cause harm.
  - **Determine if the content is accurate, reliable, and credible.**
    - Are the sources factual and clearly listed and/or linked?
    - Does the information appear to be valid and well-researched or backed by evidence?
      - If answers to those questions are not “yes”, then take caution when sharing from that source

*For learn more on how to evaluate credit worthy sites, view the links below.*

- [Georgetown University](#)- Evaluating Internet Resources
- [Stevenson University](#)- How to Identify Reliable Information
- [Purdue University](#)- Evaluating Digital Sources



## **Breastfeeding Basics**

Breastfeeding Basics training provides didactic and hands-on learning opportunities regarding normal breastfeeding and common challenges with the breastfeeding dyad; utilizing evidenced-based practices that promote successful breastfeeding and client centered services when communicating with breastfeeding families. Application of knowledge learned will be used during the small group activities and case studies regarding common breastfeeding challenges.

This training is consistent with Accreditation Criteria/Management Evaluation (ACME) criteria.

**Please note that there have been some changes made to the Breastfeeding Basics training.**

[Breastfeeding Basics Flyer](#)

## **Upcoming State of Michigan (SOM) Holidays**

September 4  
November 10  
November 23 and 24  
December 22 and 25  
December 29

## **August Awareness Months & Holidays for Causes**



An aerial shot of a scene from the 1963 March on Washington. Photo: Keystone-France/Gamma-Keystone/Getty Images

## August 28th: March on Washington 60th Anniversary

Martin Luther King Jr. said in his "I Have a Dream" speech 60 years ago that he dreamed "that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

60 years later, his son Martin Luther King III says that day "has not yet arrived." In August 1963, King and roughly 250,000 others walked in the [March on Washington](#) in one of the most notable events of the Civil Rights Movement.

[March on Washington anniversary comes amid voting rights, affirmative action battles: ABC News spoke with organizers Rev. Al Sharpton and Martin Luther King III.](#)  
[March on Washington 60th anniversary to highlight unfinished goals](#)

### [An oral history of the March on Washington, 60 years after MLK's dream](#)

<a href="#">National Black Business Month</a>	August 1
<a href="#">World Lung Cancer Day</a>	August 1
<a href="#">Emancipation Day</a>	August 1
<a href="#">Esther Day</a>	August 3
<a href="#">National Nonprofit Day</a>	August 17
<a href="#">Women's Equality Day</a>	August 26
<a href="#">Anniversary of the March on Washington</a>	August 28
<a href="#">National Grief Awareness Day</a>	August 30



## Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

## Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

## MDHHS Publications

[Sign up here to receive program updates and communications.](#)

## Coordinator Directory

Please click here to access the most recent Coordinator Directory. [MIHP Coordinator Directory](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all emails to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.