

MIHP Bi-Weekly Update

September 12, 2022



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Updated COVID-19 Booster Vaccine

People ages 12 years and older are recommended to receive an age-appropriate updated (bivalent) mRNA booster dose after completion of any monovalent primary series or previously received monovalent booster dose(s). This new booster recommendation replaces all prior booster recommendations for this age group. CDC Director Rochelle P. Walensky, M.D., M.P.H., stated “The updated COVID-19 boosters are formulated to better protect against the most recently circulating COVID-19 variants. They can help restore protection that has waned since previous vaccination and were designed to provide broader protection against newer variants. This recommendation followed a comprehensive scientific evaluation and robust scientific discussion. **If you are eligible, there is no bad time to get your COVID-19 booster and I strongly encourage you to receive it.**”

With the arrival of updated boosters, CDC is reframing what it means to be up to date with COVID-19 vaccination. You are up to date if you have completed a primary series and received the most recent booster dose recommended for you by CDC.

When and How to Get An Updated Booster

- This booster is recommended to be given at least 2 months after 2nd dose or last booster, and the updated booster can be Pfizer-BioNTech or Moderna.
- Distribution of bivalent booster vaccines has started across the country and in Michigan. **Michiganders can reach out to their doctor, nurse, local pharmacy, or health department, or visit [vaccines.gov](https://www.vaccines.gov) for additional information and to schedule an appointment.**
- Don't forget about other vaccines! These boosters can be given **with other vaccines, such as flu, and is strongly encouraged at the same visit when the person is eligible.**

September is National Recovery Month

National Recovery Month, which started in 1989, is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible.

For additional information and resources, go to the [Recovery Month](https://www.recoverymonth.org/) website of the Substance Abuse and Mental Health Services Administration (SAMHSA).



Michigan Breastfeeding Network Webinar

For a limited time only – Bonus Webinar: “Human Lactation Behind Bars ” –
click [here](#) to register

Presenter: Elon Geffrard, BS, CLC, ICCE, CD(DONA)

Description: Participants can expect to understand the particulars of giving birth and lactating while incarcerated. Attendees will gain insight regarding the context of birth and support for incarcerated people in Michigan and hopefully gain tools to advocate for the rights of this unique population in their respective communities.

Objectives:

- Understand the high risk nature of pregnancy while behind bars
- Explore the challenges of immediate postpartum recovery including human lactation
- Assess the conditions that would be helpful in creating more equitable opportunities for new parents behind bars and support their infants.
- Consider opportunities to advocate for incarcerated persons lactation needs/right

Approved for 1 L-CERP, 1 nurse’s contact hour, 1 social work CE hour, 1 dietitian CPEU, 1 Community Health Worker CEU, 1 Certified Health Education Specialist CECH, and 1 CME until November 16, 2022.

Previously Released MIHP Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP](http://Michigan.gov/MIHP).

Bi-Weekly Update Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here](#).

MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

[Please click here to access the most recent Coordinator Directory.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.