

Preventing ACEs Plan of Care: *Resource Index by Topic*

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Childhood Experiences Worksheet (ChEW)-*POC Intervention 1*

Resources for Conversation:

Resource Title	Source	Original Source Link
Childhood Experiences Worksheet (ChEW)	MPHI	[link to PDF]

Talking About ACES with Caregivers-*POC Intervention 2*

Resources for Home Visitors:

Resource Title	Source	Original Source Link
ACES 101: Impact and our Opportunity (training – log in required)	Institute for the Advancement of Family Support Professionals	https://institutefsp.org/modules/aces-101-impact-and-our-opportunity
PACEs Science 101	ACES Too High	https://acestoohigh.com/aces-101/

NEAR@HOME Toolkit	Start Early	https://www.startearly.org/where-we-work/washington/nearathome/
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Resources for Families:

Resource Title	Source	Original Source Link
Understanding ACEs Handout	PACEs Connection	https://www.pacesconnection.com/blog/understanding-aces-handout

ACEs and Parenting-POC Intervention 3

Resources for Home Visitors:

Resource Title	Source	Original Source Link
1-2-3 Care: A Trauma Sensitive Toolkit for Caregivers of Children	Spokane Regional Health District	https://srhd.org/1-2-3-care-toolkit

Resources for Families:

Resource Title	Source	Original Source Link
Parenting to Prevent and Heal ACEs	PACEs Connection	https://www.pacesconnection.com/blog/parenting-to-prevent-and-heal-aces-handout

Positive Childhood Experiences-POC Intervention 4

Resources for Home Visitors:

Resource Title	Source	Original Source Link
H.O.P.E (Healthy Outcomes from Positive Experiences) Learning Hub	Tufts HOPE (Healthy Outcomes from Positive Experiences)	https://positiveexperience.org/train-with-us/virtual-learning-hub/
Preventing Adverse Childhood Experiences (training)	Centers for Disease Control and Prevention	https://vetoviolence.cdc.gov/apps/aces-training/#/#training-top

Resources for Families:

Resource Title	Source	Original Source Link
The Four Building Blocks of HOPE	HOPE Healthy Outcomes from Positive Experiences	https://positiveexperience.org/wp-content/uploads/2023/02/The-Four-Building-Blocks-of-HOPE-In-English-and-Spanish.pdf

Protective Factors-POC Intervention 5

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Bring out the Best in Your Children	American Academy of Pediatrics	https://downloads.aap.org/AAP/PDF/ttb_bring_out_best.pdf
Protective Factors Framework	Center for the Study of Social Policy	https://cssp.org/our-work/projects/protective-factors-framework/

Resources for Families:

Resource Title	Source	Original Source Link
Protective Factors Tip Sheets website	Child Welfare Information Gateway	English and Spanish: https://www.childwelfare.gov/topics/preventing/promoting/protectfactors/protective-factors-toolkit/tipsheets/
Keeping Your Family Strong	Child Welfare Information Gateway	English: https://www.childwelfare.gov/pubPDFs/strong_ts_2020.pdf Spanish: https://www.childwelfare.gov/pubPDFs/strong_sp_2020.pdf
Bonding with Your Baby	Child Welfare Information Gateway	English: https://www.childwelfare.gov/pubPDFs/bonding_ts_2020.pdf Spanish: https://www.childwelfare.gov/pubPDFs/bonding_sp_2020.pdf
10 Ways to Be a Better Dad	Child Welfare Information Gateway	English: https://www.childwelfare.gov/pubPDFs/dad_ts_2020.pdf Spanish: https://www.childwelfare.gov/pubPDFs/dad_sp_2020.pdf
Positive Parenting Tips (website)	Centers for Disease Control and Prevention	English and Spanish: https://www.cdc.gov/child-development/positive-parenting-tips/index.html

Stress Reduction and Self-Care-POC Intervention 6

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Pause Reset Nourish	The National Child Traumatic Stress Network	https://www.nctsn.org/print/2448

Resources for Families:

Resource Title	Source	Original Source Link
Managing Stress	Child Welfare Information Gateway	English: https://www.childwelfare.gov/pubPDFs/stress_ts_2020.pdf Spanish: https://www.childwelfare.gov/pubPDFs/stress_sp_2020.pdf
Stress Busters	PACEs Connection	https://www.pacesconnection.com/ws/StressBusters_General_English.pdf
Circle of Support Worksheet	Adapted from Work of Care	[link to PDF]
50 Ways to Take a Break	CHR Health	https://www.chrhealth.org/wp-content/uploads/2020/04/50-Ways-to-Take-a-Break.pdf
Self-Care Worksheet	National Association for the Education of Young Children	[link to PDF]

Additional ACE Factors Existing in Other Plans of Care-POC Interventions 7-9

ACEs and Substance Misuse

Resources for Families:

Resource Title	Source	Original Source Link
MHP Substance Misuse Plan of Care	MIHP	https://www.michigan.gov/mihp/providers/current-mihp-providers/forms/maternal-forms
MIHP Maternal Intervention Resources	MIHP	https://www.michigan.gov/mihp/providers/current-mihp-providers/forms/infant-forms-and-intervention-resources/maternal-intervention-resources
Parenting to Prevent and Heal ACEs	PACEs Connection	https://www.pacesconnection.com/blog/parenting-to-prevent-and-heal-aces-handout

ACEs and Mental Health (also in “Stress Reduction and Self-Care” section)

Resources for Families:

Resource Title	Source	Original Source Link
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MHP Stress and Depression Plan of Care	MIHP	https://www.michigan.gov/mihp/providers/current-mihp-providers/forms/maternal-forms
MIHP Maternal Intervention Resources	MIHP	https://www.michigan.gov/mihp/providers/current-mihp-providers/forms/infant-forms-and-intervention-resources/maternal-intervention-resources
Managing Stress	Child Welfare Information Gateway	English: https://www.childwelfare.gov/pubPDFs/stress_ts_2020.pdf Spanish: https://www.childwelfare.gov/pubPDFs/stress_sp_2020.pdf
Stress Busters	PACEs Connection	https://www.pacesconnection.com/ws/StressBusters_General_English.pdf
Circle of Support Worksheet	Adapted from Work of Care	[link to PDF]
50 Ways to Take a Break	CHR Health	https://www.chrhealth.org/wp-content/uploads/2020/04/50-Ways-to-Take-a-Break.pdf
Self-Care Worksheet	National Association for the Education of Young Children	[link to PDF]

ACEs and Interpersonal Violence

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Parenting After Domestic Violence	Child Welfare Information Gateway	English: https://www.childwelfare.gov/pubPDFs/domestic_ts_2020.pdf Spanish: https://www.childwelfare.gov/pubPDFs/domestic_sp_2020.pdf

Resources for Families:

Resource Title	Source	Original Source Link
MHP Abuse and Violence Plan of Care	MIHP	https://www.michigan.gov/mihp/providers/current-mihp-providers/forms/maternal-forms
MIHP Abuse/ Violence Intervention Resources	MIHP	https://www.michigan.gov/mihp/providers/current-mihp-providers/forms/maternal-forms

		providers/forms/infant-forms-and-intervention-resources/maternal-intervention-resources
Before You Talk to Your Children: How Your Feelings Matter	The National Child Traumatic Stress Network	https://www.nctsn.org/sites/default/files/resources/children_domestic_violence_before_you_talk_to_your_children_your_feelings_matter.pdf

Additional ACE Factors-*POC Intervention 10*

Racism's Impact on Families and Children

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Historical Trauma (training – log in required)	Institute for the Advancement of Family Support Professional	https://institutefsp.org/modules/historical-trauma
Leaning in From Racism to Racial Equity (training – log in required)	Institute for the Advancement of Family Support Professional	https://institutefsp.org/modules/leaning-in-from-racism-to-racial-equity
Racism and Inequity in Birth Outcomes for Black and Native American Families: A Review of the Literature	Michigan Public Health Institute	https://www.michigan.gov/-/media/Project/Websites/mdhhs/Folder1/Folder51/ABEST_Literature_Review.pdf?rev=4ad3d1096e4f45839bf5e4a310b4f019
Resilience and Trauma (Backgrounder)	National Congress of American Indians	https://archive.ncai.org/policy-research-center/research-data/prc-publications/Backgrounder-Resilience.pdf
Building Stress-Resilient Tribal Communities (training)	National Criminal Justice Training Center	https://ncjtc.fvtc.edu/trainings/TR00202057/TRIO202060/building-stress-resilient-tribal-communities?utm_source=cc&utm_medium=email&utm_campaign=2021-11-01%20-%20watch%20now%20asa&utm_id=webinars&utm_term=recorded&utm_content=building

Resources for Families:

Resource Title	Source	Original Source Link
Racial Stress and Self Care: Parent Tip Tool	American Psychological Association	https://www.apa.org/res/parent-resources/racial-stress-tool-kit.pdf

How to Cope with Racial Trauma and Racial Battle Fatigue	Counseling Center at Minnesota State University Mankato	https://www.mnsu.edu/globalassets/counseling-center/media/racial-battle-fatigue.pdf
Connect to Heal and Grow (video)	Michigan ACE Initiative	https://miace.org/wp-content/uploads/2023/10/Video_PACE-D2A_UP-County_PSA-Final.mp4
Connect to Heal and Grow (poster)	Michigan ACE Initiative	https://www.miace.org/wp-content/uploads/2023/03/MakeConnectionsPoster-DigitalCopy.pdf

Foster/Kinship Care

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Adverse Childhood Experiences	Child Welfare Information Gateway	https://www.childwelfare.gov/prevention/month/protective-factors-conversation-guides/

Resources for Families:

Resource Title	Source	Original Source Link
The In-utero Experience: Trauma Before Birth	ACT Government Community Services (Australia)	https://www.communityservices.act.gov.au/_data/assets/pdf_file/0006/1549761/The-in-utero-experience-web.pdf

Parenting While Resettling: Refugee Families

Resources for Home Visitors:

Resource Title	Source	Original Source Link
ACEs in Child Refugee and Asylum-Seeking Populations (report, infographic)	Public Health Wales	Infographic (page 7) https://www.wmsmp.org.uk/wp-content/uploads/ACEs-in-Child-Refugee-and-Asylum-Seekers-Report-English-final.pdf

Resources for Families:

Resource Title	Source	Original Source Link
Refugee Family Support	MPHI	PDF
Guidance for Immigrant and Refugee Families: Parenting in a New County	Child Welfare Information Gateway	https://www.childwelfare.gov/pubPDFs/immigrant-refugee-families-parenting.pdf

Raising Young Children in a New Country: Supporting Early Learning and Healthy Development:	BRYCS (Bridging Refugee Youth & Children Services)	https://brycs.org/clearinghouse/5075/
Office of Global Michigan Refugee Services (website)	State of Michigan, Office of Global Michigan	https://www.michigan.gov/ogm/about/refugee-services
Refugee Assistance Programs (website)	State of Michigan, Department of Health and Human Services	https://www.michigan.gov/mdhhs/assistance-programs/cash/refugee/refugee-assistance-services

Parenting During and After an Emergency

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Types of Disasters and Their Impact on Behavioral Health	SAMHSA (Substance Abuse and Mental Health Services Administration)	https://www.samhsa.gov/find-help/disaster-distress-helpline/disaster-types

Resources for Families:

Resource Title	Source	Original Source Link
Tips for Survivors of a Disaster or other Traumatic Event	SAMHSA (Substance Abuse and Mental Health Services Administration)	https://store.samhsa.gov/sites/default/files/d7/priv/sma13-4776.pdf
Sesame Street Trauma Video	Sesame Street in Communities	https://sesameworkshop.org/topics/traumatic-experiences/

Impact of Incarceration on Family

Resources for Home Visitors:

Resource Title	Source	Original Source Link
Sesame Street Incarceration Resources Page	Sesame Street / Sesame Workshop	https://sesameworkshop.org/topics/incarceration/

Resources for Families:

Resource Title	Source	Original Source Link
Tips to Support Children when Parent in Prison	Healthy Children, American Academy of Pediatrics	https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Tips-to-Support-Children-When-a-Parent-is-in-Prison.aspx

Sesame Street Caregiver Advice Video	Sesame Street / Sesame Workshop	https://www.youtube.com/watch?v=qdFhTayJWgo&list=PLQJaFRtaBs0oDfc4kmiQuCYnbtTy0tHA&index=2
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