

Bi-Weekly Update

Maternal Infant Health Program



**Please share this information with all
MIHP team members.**

Monday, February 28, 2022

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MDHHS Press Release on Heart Health Awareness Month

FOR IMMEDIATE RELEASE: Feb. 15, 2022

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LANSING, Mich. – Heart disease is the number one cause of death of women in the United States and in Michigan, causing about one in five deaths in 2020. In recognition of Heart Health Awareness Month and the American Heart Association’s Go Red™ for Women campaign, the Michigan Department of Health and Human Services (MDHHS) [WISEWOMAN program](#) and Heart Disease and Stroke Prevention Unit are working together to raise awareness of this important health issue.

From 2019 to 2020, mortality rates due to heart disease increased nearly 2% among white non-Hispanic women, more than 8% among Hispanic women and nearly 10% among Black non-Hispanic women aged 25 and older nationwide. Although women are disproportionately impacted, heart disease can affect people of any age, gender, race and ethnicity.

Both the WISEWOMAN program and the Heart Disease and Stroke Prevention Unit work to identify and communicate risk factors for heart disease, high blood pressure, stroke and other chronic conditions such as diabetes specifically through the work of the [Michigan Million Hearts® Network](#). [Million Hearts® 2022](#) is a national initiative to prevent 1 million heart attacks and strokes co-led by the Centers for Disease Control and Prevention and the Centers for Medicare and Medicaid Services.

“It’s important for women and Michiganders to know their risk factors for heart disease,” said Dr. Natasha Bagdasarian, MDHHS chief medical executive. “Being aware of risk factors and also giving people tools they need to lead a healthier lifestyle will improve quality of life.”

Most heart disease and other cardiovascular diseases can be prevented with education and living a healthy lifestyle such as:

- Not smoking and avoiding exposure to secondhand smoke.
- Engaging in regular physical activity.
- Eating healthy.
- Managing blood pressure, blood sugar and cholesterol.
- Achieving and maintaining a healthy weight.

Women should talk with their health care providers about their health including any risk factors they may have for cardiovascular disease. For information on risk factors as well as signs and symptoms of cardiovascular disease, visit [Go Red for Women](#).

For more information about the [WISEWOMAN program](#) call 844-446-8727. Locate an enrollment site for the WISEWOMAN program [online](#).

For more information about the Heart Disease and Stroke Prevention Unit, visit [Michigan.gov/CVH](#).

To view the full press release, please click the following link: [MDHHS celebrates Heart Health Awareness Month this February - Press Release.pdf](#)

2022 CDC Recommended Immunization Schedules

The 2022 Recommended Immunization Schedules have been released. The schedules are available on the newly redesigned and improved [CDC Immunization Schedules website](#). Here you can find multiple formats of the schedules, including parent-friendly versions. Our MIHP website also has the parent-friendly version posted in our [Education & Information for Parents](#) section.

Wondering what has changed? All changes are listed here: [Immunization Schedule Changes | CDC](#). Select each header/tab to review each change.

Upcoming Webinar: March 2, 2022 at 12:00pm: “CDC’s Current Issues in Immunization Webinar”. CDC will give updates on the 2022 child/adolescent and adult immunization schedules, including Q and A.

- Registration will **not** be needed for this event. Participants can join directly at: <https://cdcizlearn.adobeconnect.com/ciiw>.
- Participation is limited. Should the event be full, a recording will be available following the webinar at: <https://www.cdc.gov/vaccines/ed/ciiw/index.html>.

Stay Tuned! CDC typically offers free shipment of vaccine schedules printed in color and on heavy-weight paper. The 2022 schedules are not yet available for order, but we will provide an update when they become available.

Related resources to take note of:

- [Download the Vaccine Schedules App for Health Care Providers](#)
- [CDC Vaccine Assessment Tool: What Vaccines Does Your Child Need \(Child & Adolescent\)?](#)
- [CDC Vaccine Assessment Tool: What Vaccines Do You Need \(Adult\)?](#)
- **Additional upcoming webinar of Interest:** Tuesday March 1, 3:00pm-4:00pm: Indiana Immunization Coalition is hosting “[ACIP Vaccine Updates Since the Start of the Pandemic](#)” with Dr. Andrew Kroger – medical officer for CDC’s National Center for Immunization and Respiratory Diseases.

Equity, Vaccine Hesitancy, and the COVID-19 Vaccine

While there has been recent progress in [narrowing of racial/ethnic disparities](#) in COVID-19 vaccination rates, disparities still persist and highlights the importance of continued efforts toward equity. Concerted efforts are important to ensuring outreach and education, reducing access barriers, and understanding factors that may impact vaccine hesitancy.

When reviewing factors affecting vaccine hesitancy specific to racial and ethnic minority groups, frequently identified factors include concerns around safety and efficacy as well as themes of mistrust and racism. For example, medical exploitation and structural racism may play a role in vaccine hesitancy among [Black and Hispanic communities](#). Fear that immigration status will be threatened can impact vaccine hesitancy among migrants. Understanding such factors and using community-informed approaches to establish trust is important to move towards mitigating disparities and achieving what CDC refers to as vaccine confidence: The belief that vaccines work, are safe, and part of a trustworthy medical system. To support continued efforts towards eliminating vaccine disparities and increasing vaccine confidence, consider resources such as:

- **CDC Vaccine Equity and Vaccine Confidence Resources**
 - [CDC Vaccine Equity Resource Hub](#): Hundreds of resources created by and for racially, ethnically, and linguistically diverse populations.
 - [CDC COVID-19 Vaccine Equity for Racial and Ethnic Minority Groups](#)
 - [CDC Vaccine Confidence Framework](#)
- **[National Resource Center for Refugees, Immigrants, and Migrants](#)**
 - Fact sheets in 40+ languages, social media templates, videos and more.

- **Greater than COVID:** greaterthanCOVID.org
 - Medical professionals and community health care workers provide facts and dispel misinformation about COVID-19 vaccines in the FAQ video series from KFF with the Black Coalition Against COVID and UnidosUS.
- **Alive and in Color: COVIED Project**
 - “COVIED” is the COVID Vaccines Information Equity and Demand creation (COVIED) program, focused on evidence-based messaging to increase vaccination, especially among minority and hard-to-reach populations.
 - **Check out the “Black Vax History” section under the “COVID-19” tab.**

Black History Month: Honoring the Legacy of Black Health Professionals and Scholars

This [Black History Month](#), the **HHS Office of Minority Health (OMH)** is celebrating the achievements of Black communities and honoring the significant role and impact they have made on all facets of life and society throughout U.S. history.

In 1893, **Dr. Daniel Hale Williams** became the first Black cardiologist to perform the first successful open-heart surgery.

Visit the [OMH Black History Month website](#) to learn more about Dr. Williams and other famous Black men and women who helped advance the field of medicine.



[Click here to learn more](#)

March 4th is International HPV Awareness Day

March 4th is International Human papillomavirus (HPV) Awareness Day. The day highlights the importance of increasing awareness and education about HPV and the prevention of HPV-related cancer. HPV is the [most common sexually transmitted infection \(STI\) in the United States](#). While the infection goes away on its own for most people, the virus can cause serious health problems like cancers and genital warts. Each year in the U.S., nearly [36,000 people](#) are estimated to be diagnosed with a cancer caused by HPV. Although cervical cancer is the most well-known cancer caused by HPV, there are other types of cancer caused by HPV. For example, 14,000 people each year are diagnosed with HPV-attributed throat cancer (oropharyngeal cancer). HPV vaccination could prevent more than 90% of cancers caused by HPV from ever developing. Tools like vaccination, cervical screenings, condom-use, and reducing stigma are crucial to reduce risk. Learn more and review campaign toolkits below:

- [International HPV Awareness Day Toolkit - Association of Immunization Managers](#)
- [HPV Awareness Day 2022 | International HPV Awareness Day \(askaboutpv.org\)](#)
- [HPV, the Vaccine for HPV, and Cancers Caused by HPV | CDC](#)
- [HPV Iceberg Infographic \(cdc.gov\)](#)
- [Resource Library – National HPV Roundtable](#)

Maternal Infant Health Summit 2022 - Exhibitor & Sponsor Opportunity

MATERNAL INFANT HEALTH SUMMIT

June 21-22, 2022
Live Virtual Summit

The 2022 Summit will feature national and state leaders in maternal and infant health, drawing over 600 families, practitioners, social workers, public health professionals and students.

We invite you to join us at the Maternal Infant Health Summit.

The fifth annual Maternal Infant Health Summit (MIHS) provides a unique opportunity for multidisciplinary collaboration, convening both National and Statewide stakeholders working to improve maternal, infant, and family health. The inclusive opportunity provides a stage to exchange innovative ideas and stories, uplifting families and communities as changemakers and leaders.

Michigan's MIHS is a forum for innovation and change, addressing root causes of inequities, challenging systematic barriers, and creating actionable solutions. Thank you for joining the movement to achieve equity and improve family vitality; we are stronger together!

[Full Exhibitor & Sponsor Information \(PDF\)](#)

Our ability to host this important event is dependent on the generous support of sponsors and exhibitors; in acknowledgment of the support, we have designed packages that allow for maximum visibility before, during, and after the event.

Ensure high-visibility of your organization and connect with attendees through the Maternal Infant Health Summit virtual platform.

- Web based or app options for conference attendance
- Designated virtual space for exhibitors
- Branding spaces available for different sponsorship levels
- Gamification added to drive participants to exhibitor booths

More information is available on our website: mihealthsummit.com

Please contact Christina Posler with any questions at cposler@mphi.org

NOW AVAILABLE! "Human Lactation and Mental Health: Best Practices" webinar



Tameka Jackson-Dyer, BAsC, IBCLC, CHW, Rosa Gardiner, RN, IBCLC, Mistel de Varona, IBCLC, and Kara Smith, BSN, RN, CLC, PMH-C present

Human Lactation and Mental Health: Best Practices

Registration opens February 15th at 8 am est to watch whenever and wherever at mibreastfeeding.org/webinars.



Registration now open!

Description from our presenter: "The healing powers of human milk are well-known, but not much attention has been paid to the mental strain that can occur while trying to provide that milk without education and support from healthcare providers. The adjustments in the postpartum period brought on by hormones, lack of sleep, body changes and acclimating to the 24-hour care of a tiny human can be difficult for many birthing people. Add a pandemic to the mix with the added stresses and isolation from support systems, and you have a recipe for serious mental health issues."

Objectives:

- Recognize what is “normal” and “not normal” for mental health during birth and breastfeeding and how the pandemic impacted norms around the postpartum period.
- Identify how breastfeeding and mental health are linked.
- Implement lactation support best practices in relation to mental health.
- Protect mental health care with evidence-based breastfeeding support.

Approved for 1 nurse’s contact hour, 1 social work CE hour, 1 dietitian CPEU, 1 Community Health Worker CEU, 1 Certified Health Education Specialist CECH, and 1 CME until February 15, 2023. CERP pending

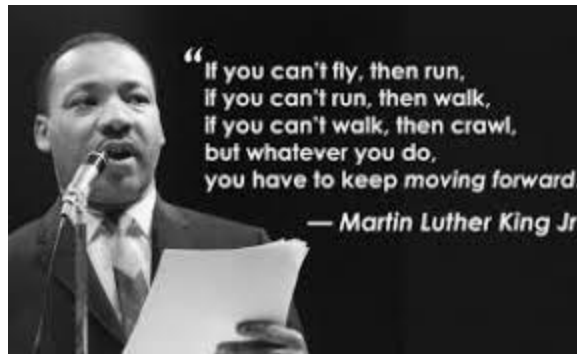
Please click here to register

Michigan Breastfeeding Network is Hiring!

We are looking to bring on a new staff member to lead our Education programming, including the Great Lakes Breastfeeding Webinars. View position description [here](#). Email your cover letter and resume to shannon@mibreastfeeding.org.

Applications will be accepted until March 2, 2022.

Please click here to learn more



Link to MDHHS Publications

[Sign up here to receive program updates and communications.](#)

Coordinator Directory

[Click here to access the Coordinator Directory](#)

Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, [please submit your ideas here.](#)

Previously Released MIHP Weekly Updates

To review any previously released MIHP Weekly Updates, they can be found by [visiting the MIHP webpage Michigan.gov/MIHP.](#)

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.