

Important MIHP Update- November 26, 2025



Research Opportunity for Home Visiting

Sharing on behalf of Pathways to Health

External Research Project-Pathways to Health

Pathways to Health is a Patient-Centered Outcomes Research Institute funded project involving home visiting programs across the United States. The **purpose** of Pathways is to determine if a "Food is Medicine" approach can help prevent gestational diabetes from progressing to type 2 diabetes in families receiving home visitation. This information is being shared with all eight home visiting models in the Michigan Home Visiting Initiative network. This is for informational purposes only and not a requirement of the MDHHS Maternal Infant Health Program.

How are home visiting agencies involved?

- Home visiting staff offer clients who meet eligibility criteria the opportunity to participate in the trial.
- Home visiting staff participate in a 90-minute virtual training and provide lifestyle change information for diabetes prevention for clients through 12 months postpartum.
- Home visiting staff do **not** complete research informed consent with the clients, manage delivery of the meals/grocery boxes, nor conduct research assessments with families. These tasks will be done by research staff.

The attached one-pager provides more detailed information about the study. In addition, there is an informational webinar being offered on December 16, 2025 (link attached). The webinar will be recorded.

For additional information contact:

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Thank you,

MDHHS Maternal Infant Health Program

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.