

# Companion Guide: MIHP Overview

## Purpose

This document will provide additional guidance regarding the Maternal Infant Health Program.

## Content

### *MIHP Purpose and Goals*

- The Maternal Infant Health Program (MIHP) is Michigan’s largest evidence-based home visitation program for Medicaid eligible pregnant women and infants.
- MIHP promotes healthy pregnancies, positive birth outcomes, and healthy infant growth and development. The goal of the MIHP is to reduce maternal and infant morbidity and mortality.
- MIHP services are designed to supplement regular prenatal/infant care and to assist health care providers in managing the health and well-being of the mother and baby.
- Medicaid enrolled pregnant women and/or primary caregivers and their infants up to 12 months old are served in their homes by a team of registered nurses, licensed social workers, registered dietitians, infant mental health specialists and lactation consultants.
- Assistance is provided to help families support their basic needs, prenatal and parenting education, and referrals to community resources.
- MIHP provides preventive health services through a statewide network of providers, including: local public health departments, Federally Qualified Health Centers (FQHCs), tribal agencies, hospitals, and individually-owned businesses, all of which are certified by the Michigan Department of Health and Human Services (MDHHS).
- MIHP serves Medicaid and Maternity Outpatient Medical Services (MOMS) beneficiaries. This program receives funding from both federal and State of Michigan sources.
- MIHP services are intended to:
  - Assist Medicaid and MOMS beneficiaries who, through health and social determinants risk assessments, are identified as those most likely to experience psychosocial or nutritional challenges during pregnancy and postpartum.
  - Supplement regular prenatal and infant care by supporting the efforts of physicians, nurse practitioners, certified nurse midwives, physician assistants and Medicaid Health Plans (MHPs) in their efforts to address the beneficiary’s health and well-being.

### *MIHP Services*

- Psychosocial and nutritional assessment.
- *Plan of Care* (POC) development.
- Professional intervention services.
- Maternal and infant health and nutrition education.
- Family planning options education.

- Transportation arrangements as needed for health care, substance use treatment, support services and/or pregnancy-related appointments.
- Referrals to community services (e.g., mental health, substance use treatment, etc.)
- Coordination with other medical care providers, community agencies and Medicaid Health Plans (MHPs).

*Eligibility*

DESCRIPTION	ELIGIBILITY CRITERIA	APPLICABLE TIMEFRAMES
Maternal Services	<ul style="list-style-type: none"> <li>• Pregnant Medicaid beneficiaries</li> <li>• MOMS participants</li> </ul>	<ul style="list-style-type: none"> <li>• May begin services at any time during a pregnancy but NOT after the delivery.</li> <li>• For purposes of closing a case, services may be provided until the end of the month in which the 60th postpartum day falls.</li> <li>• In the event of fetal loss (miscarriage or stillbirth) or death of an infant, MIHP maternal services can continue up to 60 days after the loss or infant death, provided the mother has active Medicaid and their nine maternal visits have not been completed.</li> </ul> <p>MOMS Participants</p> <ul style="list-style-type: none"> <li>• Women may only receive MIHP services during the prenatal period.</li> <li>• Infant becomes eligible for MIHP at birth.</li> </ul>
Infant Services	<ul style="list-style-type: none"> <li>• Infant Medicaid beneficiary</li> </ul>	<ul style="list-style-type: none"> <li>• MIHP services begin following the infant’s birth (after hospital discharge) and up to 12 months of age.</li> <li>• All infant services are concluded prior to infant reaching 18 months of age.</li> <li>• Refer to Section 8 - Authorization for MIHP Services Exception</li> </ul>