

# Maternal Infant Health Program

## Weekly Update



Please share this information with all MIHP team members.

**Monday, September 21, 2020**

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## Reminder to Verify Email Addresses

As a reminder, the MDHHS MIHP administration must have valid email addresses for each of your agency's staff to ensure that everyone is receiving the MIHP Weekly Update and other important correspondence. If you have staff members who are not receiving correspondence from our office, please forward the link below to them and ask them to verify or update their email addresses.

<https://www.surveymonkey.com/r/MIHPListServUpdate>

## Safety Plan/Action Plan Documentation

Use of the *Safety Plan* intervention number indicates that a plan was presented, regardless of the outcome. Please use the intervention number if a *Safety Plan* is developed and if it is presented but the beneficiary or caregiver declines. The declination is to be documented in the “Beneficiary Response to Intervention” section of the *Professional Visit Progress Note (PVPN)*. Note that all required *Safety Plan* intervention numbers must be documented. If a *Safety Plan* is not presented, there must be documentation on the *Contact Log* as to why it was not presented for charts opened on or after June 1, 2020.

Similarly, the *Action Plan* is to be documented using the checkbox section of *PVPN*. If the home visitor discusses the development of an *Action Plan* with the beneficiary or caregiver, they are to check the “Yes” box regardless of the outcome. If the *Action Plan* is declined, the home visitor may document this in the “Beneficiary Feedback” section of the *PVPN*. If an *Action Plan* was not presented throughout the course of care, there must be documentation on the *Contact Log* as to why it was not presented for charts opened on or after June 1, 2020.

## Racial Equity Leaders Cohort Opportunity

The Michigan Early Childhood System, led by the Preschool Development Grant Birth through Five leadership team, is pleased to announce a partnership with School Readiness Consulting (SRC) to implement a Racial Equity Leaders Cohort. This pilot project is focused on increasing racial equity across the multiple sectors that comprise Michigan’s early childhood system.

The leadership team is looking for candidates for this opportunity from all early childhood service providers, including home visiting programs. Below is a link to the Racial Equity Leaders Cohort announcement document, which has details of the purpose, outcome, timeline, and intended audience for this opportunity.

An informational webinar for this opportunity was held on Thursday, September 17th, however the webinar was recorded and can be accessed [here](#). Please review the flyer and the recording and consider applying.

Thank you for your interest in joining this important work as we work together to serve Michigan’s young children and families.

[MI Racial Equity Community of Conversation Cohort Announcement](#)

# National Child Passenger Safety Week

National Child Passenger Safety Week is this week--September 20th - 26th. In recognition of the importance of passenger safety for infants and young children, Safe Kids Worldwide® and Safe Kids Michigan® provides the following guidance for families and caregivers:

## **Car Seats**

Your baby is going places. Here are tips on how to get there safely in the right car seat. The most important tip: Keep your child rear facing for as long as possible. Stay rear facing until your child has outgrown the car seat by weight or height. Many children will be able to take advantage of this safer ride beyond age 2 or even 3.

## **Types of Rear-Facing Car Seats**

There are three types of rear-facing car seats.

1. **Rear-Facing Only Seat.** People often buy this type of seat because it is portable. Most, but not all, can be used in strollers that are sold with the car seat or those recommended by the manufacturer. Caregivers can also purchase extra bases for the car seat so that it can be used in several cars.
2. **Convertible Car Seat.** This seat is larger and stays in the car. It can be used rear facing until your child is 2 years or more. After that, it can change to a forward-facing seat. It generally has higher weight or height limits, so it will last longer than the rear-facing only seat.
3. **3-in-1 car seat.** This seat also stays in the car. You can use it rear facing, forward facing, and then later, as a booster seat.

## **Installing Rear-Facing Car Seats**

**Install your rear-facing car seat in a back seat.** You can use either a locked seat belt or lower anchor attachments. Either works, but don't use both at the same time. [This video will show you how to install your rear-facing car seat.](#)

1. **Check the car seat's angle indicator.** (It is on the seat.) Make sure the recline angle is correct. The recline angle is critical for infants who can't yet lift their heads to breathe. Check the car seat manual and labels for more help.
2. **Get a snug fit.** Make sure the car seat is snug enough to pass the Inch Test. A properly-installed car seat should not move more than one inch side to side or front to back when pulled at the car seat's belt path near the baby's feet, not near the head. [Check out the Inch Test video.](#)

## **Four Steps to the Right Fit for Baby's Car Seat**

**Place your baby in the seat.**Your baby's back and bottom should be flat against the car seat. Do not put anything behind or underneath them, such as a blanket or pillow.

1. **Check the harness straps.**Make sure that the harness straps come through the car seat's slots at or just below your baby's shoulders.
2. **Buckle and tighten the harness so it is snug.** Do the Pinch Test to make sure you cannot pinch the harness strap at your baby's shoulders. You will need to loosen and tighten the harness each time you put your child in the car seat to get a snug fit. [Check out the Pinch Test video.](#)
3. **Position the chest clip.**It needs to be level with your baby's armpits.

### ***When to Change to the Next Car Seat***

**Don't be in a hurry!**The safest car seat for children is a rear-facing one. Riding in a rear-facing car seat will help protect your child's head, neck and spine in a crash. You may have to move your child from a smaller rear-facing-only car seat to a bigger convertible car seat or a 3-in-1 car seat installed in the rear-facing position.

1. **Check the label.**Your child will be ready for a larger, rear-facing car seat when she passes the weight or height limit on the car seat label or when her head is within one inch of the top of the car seat.
2. **Long legs?**Older children with longer legs can stay in a rear-facing car seat and comfortably cross their legs. All children, even those with special healthcare needs, follow the same rules for staying safe in the car.



## **Parenting in Context Webinars**

The University of Michigan School of Social Work's *Parenting in Context Research Lab* is making available a series of **free** webinars to help promote family resiliency during the COVID-19 crisis. All webinars offer one continuing education credit for social workers who register and participate in the live webinar. Below is information on the first in the series:



## HOW SOCIAL WORKERS CAN SUPPORT PARENTS AND CHILDREN DURING COVID-19

September 30, 2020

12:00 - 1:00pm ET

1 Free Online CE Credit Hour

During Covid-19, parents face new challenges managing family and work demands. In this webinar, Dr. Shawna J. Lee will present research on parenting, mental health, and coping during the pandemic. This webinar is recommended for both research and practice audiences.

- What research says about parents' mental health during Covid-19
- How parents are supporting their children's educational needs
- Parents' coping strategies and activities with their children
- The impact of social distancing on parenting

[RSVP FOR OUR FIRST WEBINAR SESSION AT SSW.UMICH.EDU](https://ssw.umich.edu)

The webinar will be recorded and shared with all registrants.

Additional webinars in the series will be announced over the next three months. If you cannot attend a webinar live, but still want to watch the recording or get updates about future webinars, please sign up for notifications about the webinar series on the Google Form below.

[SIGN UP FOR NOTIFICATIONS](#)

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## Coordinator Directory

To view the most recent Coordinator Directory, please click [here](#).

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## Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, please submit your ideas [here](#).

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Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**, thank you.